Course Outline

COURSE: PE 39       DIVISION: 40       ALSO LISTED AS: KIN 39

TERM EFFECTIVE: Fall 2011       Inactive Course

SHORT TITLE: FENCING

LONG TITLE: Fencing

<table>
<thead>
<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Type</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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<td>Lecture:</td>
<td>0</td>
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<td></td>
<td></td>
<td>Lab:</td>
<td>1.5 OR 3</td>
<td>27 OR 54</td>
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<td></td>
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<tr>
<td></td>
<td></td>
<td>Total:</td>
<td>1.5 OR 3</td>
<td>27 OR 54</td>
</tr>
</tbody>
</table>

COURSE DESCRIPTION:

This course will explore the offensive and defensive fencing skills with a foil. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade
P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
Maximum of 3 times

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The students will demonstrate their ability to attack and defend themselves with a foil while utilizing fencing etiquette and safety.

ILO: 7, 2, 4, 1

Measure: performance, role playing, oral exam, written exam
2. The students will demonstrate a sense of balance and timing as it relates to the sport of fencing.
   ILO: 7, 6, 4, 2
   Measure: demonstration

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2010
This course is now listed as Kinesiology 39, effective Fall 2011.
Curriculum Approval Date: 02/11/2008

3 - 6 Hours
Course introduction. The history, rules, safety and equipment for fencing will be presented. Warm-up exercises specific to fencing will be provided. Presentation on the first and second position salute, on guard position, and footwork for advancing and retreating.
SPO: The student will discuss and practice the safety aspects of fencing. The first and second position salute and on guard position will be demonstrated.

4.5 - 9 Hours
Introduction of the lunge and recovery; engagement - four, six, seven, eight; fingerling; and attacks - straight thrust, disengage, and coupe. Line drills and partnership training can be used to practice the lunge and recovery.
SPO: The student will demonstrate the lunge and recovery and their ability to attack. They will explain 'engagement'.

6 - 12 Hours
Presentations on parries - direct, semicircular, circular; the reposte - immediate, delayed, counter; change of engagement; and double change. Partnership and line drills can be utilized to practice these skills.
SPO: The student will demonstrate parries. They will demonstrate more than one method of defense. They will discuss what 'change of engagement' means.

9 - 18 Hours
The following skills will be presented: beat; press; glide; derobement; compound attacks; the "right of way"; advanced footwork - ballestra and fleche; attacks to the blade - bind, croise, froisse, envelopment; variations of the attack; change of tempo; false attack; counter attacks; the stop thrust; the time thrust; the remise; the "in quartata"; the "knee-drop" and "passata-sotto". Line drills, partnership drills and free fencing can be utilized to practice these skills.
SPO: The student will demonstrate compound attacks using the correct footwork. They will describe and present a variety of counter attacks.

3 - 6 Hours
The opportunity to free fence will be provided. A class tournament and/or competition against outside individuals/groups could be provided.
SPO: The students will demonstrate their ability to perform a variety of fencing skills.

2 Hours
Final.

11/7/2012 2
Note:
This is a skill building class. Students who repeat the class will have the opportunity to improve and/or strengthen their skill development.

**METHODS OF INSTRUCTION:**
Demonstration, lecture, small group participation

**METHODS OF EVALUATION:**
This is a degree-applicable course, but substantial writing assignments are NOT appropriate, because the course primarily:
Involves skill demonstrations or problem solving
The problem-solving assignments required:
None
The types of skill demonstrations required:
Performance exams
The types of objective examinations used in the course:
Multiple choice
True/false
Matching items
Completion
Other category:
Requires student participation.
The basis for assigning students grades in the course:
Writing assignments: 0% - 0%
Problem-solving demonstrations: 0% - 0%
Skill demonstrations: 40% - 60%
Objective examinations: 10% - 30%
Other methods of evaluation: 20% - 30%

**REPRESENTATIVE TEXTBOOKS:**
No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**
Associate Degree:
  - GAV E1, effective 200850
CSU GE:
  - CSU E1, effective 200850
IGETC:
CSU TRANSFER:
  - Transferable CSU, effective 200850
UC TRANSFER:
  - Transferable UC, effective 200850

**SUPPLEMENTAL DATA:**
Basic Skills: N
Classification: A
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: PE
CSU Crosswalk Course Number: 39
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000244381
Sports/Physical Education Course: Y
Taxonomy of Program: 083500