

Course Outline

COURSE: PE 1 **DIVISION:** 40 **ALSO LISTED AS:** KIN 1

TERM EFFECTIVE: Fall 2011 **Inactive Course**

SHORT TITLE: ORIENT ATHLETE-SUCC

LONG TITLE: Orientation for Student-Athlete Success

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
1	18	Lecture:	1	18
		Lab:	0	0
		Other:	0	0
		Total:	1	18

COURSE DESCRIPTION:

This course identifies and clarifies issues relevant to student-athletes. Students will learn practical skills which will assist them in obtaining their educational objectives, such as proper use of library services, time management and test and note taking information. This course is now listed as Kinesiology 1, effective Fall 2011.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion

STUDENT LEARNING OUTCOMES:

1. The student will create a list describing specific methods used to manage their time and prepare for tests and apply them to a given situation.

ILO: 2,6

Measure: role playing, exams

2. The student will locate a variety of support services; including the library, learning center, counselors, financial aid office, and the career/transfer center; and will analyze how these services can help them succeed.

ILO: 2,6,4

Measure: report, project

3. The student will develop their initial education plan by the end of the course.

ILO: 7,6,2

Measure: project

4. The student will outline the eligibility requirements necessary to compete athletically at the community college and 4-year college levels. They will generate a plan which includes the transfer requirements.

ILO: 2,7,1

Measure: oral report, exam

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2011

This course is now listed as Kinesiology 1, effective Fall 2011.

Curriculum Approval Date: 05/14/2007

3 Hours

Orientation. Ice breakers to familiarize class with the learning outcomes and with each other. Study skills presentation on note taking and test taking. Visitation to the Learning Center.

HW: Complete workbook assignments. Homework assignment involving the use of the Learning Center.

SPO: Students will demonstrate effective note taking skills. They will discuss test taking strategies.

2 Hours

Presentation on our transfer programs, scholarship requirements, and financial aid as it relates to student athletes.

HW: Assignment involving the use of the Transfer Center. Read assigned textbook material.

SPO: Students will explain Gavilan's automatic transfer agreement requirements. They will determine if they can qualify for scholarships and/or financial aid.

2 Hours

Presentation on COA and NCAA requirements and Proposition 48 as it relates specifically to student athletes.

HW: Read appropriate material in Gavilan's student-athlete handbook.

SPO: Students will list the specific eligibility requirements for a community college athlete. They will also describe the requirements necessary which allow them to transfer to a 4 year college and compete athletically.

2 Hours

Class discussion on the topic 'A good student is/does?' Library services orientation and visit.

HW: Students will write a one-two page paper analyzing the differences/similarities on the class discussion topic from the first class meeting to now. Assignment involving the use of the library.
SPO: Students will explain the services provided by the library. They will identify the characteristics a good student displays.

2 Hours

Time management techniques will be presented.

HW: Complete workbook assignment including a daily schedule worksheet.
Read assigned textbook material.

SPO: Students will describe at least 3 time management techniques.

1 Hours

Discussion of student athlete education plan, as required by the state Commission on Athletics.

HW: Students will begin development of their education plan. They will meet with a counselor to discuss their plan.

SPO: Students will present their education plan to the academic/athletic counselor.

3 Hours

Presentation on 'pressure to succeed' and peer pressure and its effects on a student athlete. Discussion on stress. Presentation on stress management techniques. Video presentation on goal setting.

HW: Read assigned textbook material. Write a 1-2 page personal experience story regarding peer pressure or the 'pressure to succeed'.

Prepare a written summary of the video about goal setting.

SPO: Students will determine at least 2 stress management techniques that will be effective for them. They will create ways to deal with peer pressure.

1 Hours

Presentation on life after sports, with emphasis on the need for a good education. Discussion on lifetime career choices, perhaps involving the use of a guest speaker.

HW: Read appropriate textbook and handout material. Assignment involving the Career Center.

SPO: Students will identify possible educational fields of interest.

2 Hours

Final.

See content.

METHODS OF INSTRUCTION:

Lecture, small group discussion, guest speakers, videotaped material.

METHODS OF EVALUATION:

The types of writing assignments required:

Written homework

Term papers

The problem-solving assignments required:

Other: Oral reports, both individual and group.

The types of skill demonstrations required:

None

The types of objective examinations used in the course:

Multiple choice

True/false

Completion

Other category:

None

The basis for assigning students grades in the course:

Writing assignments: 30% - 40%

Problem-solving demonstrations: 20% - 30%

Skill demonstrations: 0% - 0%

Objective examinations: 20% - 40%

Other methods of evaluation: 0% - 0%

REPRESENTATIVE TEXTBOOKS:

"The Academic Gameplan Workbook" by John Baxter, published by Academic Gameplan copyright 1999. 2005 edition. "Gavilan College Student-Athlete Handbook", Revised 7/2005, or other appropriate college level text. Reading level of text: Workbook 11th , Handbook 14th grade.
Verified by: Gloria Curtis

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 200870

CSU GE:

CSU E, effective 200870

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200870

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: PE

CSU Crosswalk Course Number: 1

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000055961

Sports/Physical Education Course: Y

Taxonomy of Program: 083500