Course Outline

COURSE: PE 1    DIVISION: 40    ALSO LISTED AS: KIN 1

TERM EFFECTIVE: Fall 2011  Inactive Course

SHORT TITLE: ORIENT ATHLETE-SUCC

LONG TITLE: Orientation for Student-Athlete Success

<table>
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<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Type</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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<td>Lecture</td>
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<td>Lab</td>
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COURSE DESCRIPTION:

This course identifies and clarifies issues relevant to student-athletes. Students will learn practical skills which will assist them in obtaining their educational objectives, such as proper use of library services, time management and test and note taking information. This course is now listed as Kinesiology 1, effective Fall 2011.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion

STUDENT LEARNING OUTCOMES:

1. The student will create a list describing specific methods used to manage their time and prepare for tests and apply them to a given situation.

ILO: 2,6

Measure: role playing, exams

11/7/2012
2. The student will locate a variety of support services; including the library, learning center, counselors, financial aid office, and the career/transfer center; and will analyze how these services can help them succeed.
ILO: 2,6,4
Measure: report, project

3. The student will develop their initial education plan by the end of the course.
ILO: 7,6,2
Measure: project

4. The student will outline the eligibility requirements necessary to compete athletically at the community college and 4-year college levels. They will generate a plan which includes the transfer requirements.
ILO: 2,7,1
Measure: oral report, exam

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS
Inactive Course: 11/08/2011
This course is now listed as Kinesiology 1, effective Fall 2011.
Curriculum Approval Date: 05/14/2007

3 Hours
Orientation. Ice breakers to familiarize class with the learning outcomes and with each other. Study skills presentation on note taking and test taking. Visitation to the Learning Center.
HW: Complete workbook assignments. Homework assignment involving the use of the Learning Center.
SPO: Students will demonstrate effective note taking skills. They will discuss test taking strategies.

2 Hours
Presentation on our transfer programs, scholarship requirements, and financial aid as it relates to student athletes.
HW: Assignment involving the use of the Transfer Center. Read assigned textbook material.
SPO: Students will explain Gavilan's automatic transfer agreement requirements. They will determine if they can qualify for scholarships and/or financial aid.

2 Hours
Presentation on COA and NCAA requirements and Proposition 48 as it relates specifically to student athletes.
HW: Read appropriate material in Gavilan's student-athlete handbook.
SPO: Students will list the specific eligibility requirements for a community college athlete. They will also describe the requirements necessary which allow them to transfer to a 4 year college and compete athletically.

2 Hours
Class discussion on the topic 'A good student is/does?' Library services orientation and visit.
HW: Students will write a one-two page paper analyzing the differences/similarities on the class discussion topic from the first class meeting to now. Assignment involving the use of the library.
SPO: Students will explain the services provided by the library. They will identify the characteristics a good student displays.

2 Hours
Time management techniques will be presented.
HW: Complete workbook assignment including a daily schedule worksheet. Read assigned textbook material.
SPO: Students will describe at least 3 time management techniques.

1 Hours
Discussion of student athlete education plan, as required by the state Commission on Athletics.
HW: Students will begin development of their education plan. They will meet with a counselor to discuss their plan.
SPO: Students will present their education plan to the academic/athletic counselor.

3 Hours
Presentation on 'pressure to succeed' and peer pressure and its effects on a student athlete. Discussion on stress. Presentation on stress management techniques. Video presentation on goal setting.
HW: Read assigned textbook material. Write a 1-2 page personal experience story regarding peer pressure or the 'pressure to succeed'. Prepare a written summary of the video about goal setting.
SPO: Students will determine at least 2 stress management techniques that will be effective for them. They will create ways to deal with peer pressure.

1 Hours
Presentation on life after sports, with emphasis on the need for a good education. Discussion on lifetime career choices, perhaps involving the use of a guest speaker.
HW: Read appropriate textbook and handout material. Assignment involving the Career Center.
SPO: Students will identify possible educational fields of interest.

2 Hours
Final.
See content.

METHODS OF INSTRUCTION:
Lecture, small group discussion, guest speakers, videotaped material.

METHODS OF EVALUATION:
The types of writing assignments required:
Written homework
Term papers
The problem-solving assignments required:
Other: Oral reports, both individual and group.
The types of skill demonstrations required:
None

The types of objective examinations used in the course:

- Multiple choice
- True/false
- Completion

Other category:

None

The basis for assigning students grades in the course:

- Writing assignments: 30% - 40%
- Problem-solving demonstrations: 20% - 30%
- Skill demonstrations: 0% - 0%
- Objective examinations: 20% - 40%
- Other methods of evaluation: 0% - 0%

REPRESENTATIVE TEXTBOOKS:


Verified by: Gloria Curtis

ARTICULATION and CERTIFICATE INFORMATION

- Associate Degree:
  - GAV E1, effective 200870
- CSU GE:
  - CSU E, effective 200870
- IGETC:
- CSU TRANSFER:
  - Transferable CSU, effective 200870
- UC TRANSFER:
  - Not Transferable

SUPPLEMENTAL DATA:

- Basic Skills: N
- Classification: A
- Noncredit Category: Y
- Cooperative Education:
- Program Status: 1 Program Applicable
- Special Class Status: N
- CAN:
- CAN Sequence:
- CSU Crosswalk Course Department: PE
- CSU Crosswalk Course Number: 1
- Prior to College Level: Y
- Non Credit Enhanced Funding: N
- Funding Agency Code: Y
- In-Service: N

11/7/2012
Occupational Course: E
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000055961
Sports/Physical Education Course: Y
Taxonomy of Program: 083500