Course Outline

COURSE: KIN 91A  DIVISION: 40  ALSO LISTED AS:

TERM EFFECTIVE: Spring 2018  Curriculum Approval Date: 4/24/2017

SHORT TITLE: HIP HOP - LEVEL 1

LONG TITLE: Hip-hop - Level 1

<table>
<thead>
<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Type</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>.5 TO 1</td>
<td>18</td>
<td>Lecture: 0</td>
<td>0</td>
<td>0</td>
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<tr>
<td></td>
<td></td>
<td>Lab: 1.5 TO 3</td>
<td>27 TO 54</td>
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<td></td>
<td></td>
<td>Other: 0</td>
<td>0</td>
<td>0</td>
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<tr>
<td></td>
<td></td>
<td>Total: 1.5 TO 3</td>
<td>27 TO 54</td>
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COURSE DESCRIPTION:

Students will be introduced to the fundamental aspects of Hip-hop dance. Students will learn various movements, positions, isolations, turns, gestures and traveling steps. Rhythm and phrasing will also be taught as it relates to Hip-hop dance and music. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

   L - Standard Letter Grade
   P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

   04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Identify various tempos and rhythms used in fundamental Hip-hop dance.
Measure of assessment: Midterm and Final Performance, Demonstration
Year assessed, or planned year of assessment: 2018
Semester: Spring

5/17/2017
2. Perform fundamental Hip-hop dance positions, steps and sequences.
   Measure of assessment: Daily warm-ups, progressions and demonstration
   Year assessed, or planned year of assessment: 2019
   Semester: Spring
3. Choreograph basic Hip-hop movement and put together in a phrase or sequence.
   Measure of assessment: Midterm and Final performance

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 04/24/2017

NOTE: Please note if this class is taken for a half (.5) unit, hours will be cut in half, for a total of 27 hours.

2 hours
Class introduction, syllabus, grading and requirements. An overview of the course will be presented, along with student introductions and experience with dance, if any.

Student Performance Objectives: Students will understand the nature of the class, objectives and SLO's

5-14 hours
Daily Warm-ups including strengthening and flexibility exercises including but not limited to abdominal work, push-ups, lunges and squats. Warm-ups also include posture and alignment, isolations of body parts, turns, and other various dance related steps and concepts.

Student Performance Objectives: Students will gain strength and flexibility as well as kinesthetic awareness to posture, alignment and movement for their own individual and unique body.

5-14 hours
Daily locomotor patterns and movements across the floor, including but not limited to level changes, syncopated rhythms, isolation of various body parts (head, shoulders, ribs, and hips) and coordination in putting longer phrases of movement together while traveling across the floor.

Student Performance Objectives: Students will be able to connect hip-hop movement together using various musical rhythms.

5-14 hours
Various dances will be taught throughout the semester, incorporating all of the above skills put together in a longer sequence. There will be approximately 4 different dances taught throughout the semester. Students will also work with others in partnership or small groups, learning to choreograph and put their own unique style of Hip-hop dance together to perform.

Student Performance Objectives: Students will be able to perform and present longer dances in front of an audience.

2 hours
A live, outside dance performance may be required.

Student Performance Objectives: Students will be able to see and analyze dance using proper dance terms and vocabulary.

8 Hours
Preparation and Group Work for Midterm and Final Performances.

Student Performance Objectives: Students will be able to choreograph and perform hip-hop dance routines from beginning to end.

2 Hours

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours: 2
Assignment Description: Students may need to attend a live dance performance.

METHODS OF INSTRUCTION:

Demonstration, guided practice and performance.

METHODS OF EVALUATION:

5/17/2017
Skill demonstrations
Percent of total grade: 45.00%
Daily demonstration, Performance exams, Midterm and Final.
Other methods of evaluation
Percent of total grade: 50.00%
Daily Participation
Writing assignments
Percent of total grade: 5.00%

REPRESENTATIVE TEXTBOOKS:
Recommended Representative Textbooks
No Textbook Required

ARTICULATION and CERTIFICATE INFORMATION
   Associate Degree:
   CSU GE:
   IGETC:
   CSU TRANSFER:
       Transferable CSU, effective 201830
   UC TRANSFER:
       Not Transferable

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
   CAN Sequence:
   CSU Crosswalk Course Department: KIN
CSU Crosswalk Course Number:
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 3
Minimum Hours: 1.5
Course Control Number:
Sports/Physical Education Course: N
Taxonomy of Program: 127000