

**Course Outline**

**COURSE:** KIN 91A                      **DIVISION:** 40                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Spring 2018                      **Curriculum Approval Date:** 4/24/2017

**SHORT TITLE:** HIP HOP - LEVEL 1

**LONG TITLE:** Hip-hop - Level 1

| <u>Units</u> | <u>Number of Weeks</u> | <u>Type</u> | <u>Contact Hours/Week</u> | <u>Total Contact Hours</u> |
|--------------|------------------------|-------------|---------------------------|----------------------------|
| .5 TO 1      | 18                     | Lecture:    | 0                         | 0                          |
|              |                        | Lab:        | 1.5 TO 3                  | 27 TO 54                   |
|              |                        | Other:      | 0                         | 0                          |
|              |                        | Total:      | 1.5 TO 3                  | 27 TO 54                   |

**COURSE DESCRIPTION:**

Students will be introduced to the fundamental aspects of Hip-hop dance. Students will learn various movements, positions, isolations, turns, gestures and traveling steps. Rhythm and phrasing will also be taught as it relates to Hip-hop dance and music. This course has the option of a letter grade or pass/no pass.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. Identify various tempos and rhythms used in fundamental Hip-hop dance.

Measure of assessment: Midterm and Final Performance, Demonstration

Year assessed, or planned year of assessment: 2018

Semester: Spring

2. Perform fundamental Hip-hop dance positions, steps and sequences.

Measure of assessment: Daily warm-ups, progressions and demonstration

Year assessed, or planned year of assessment: 2019

Semester: Spring

3. Choreograph basic Hip-hop movement and put together in a phrase or sequence.

Measure of assessment: Midterm and Final performance

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 04/24/2017

NOTE: Please note if this class is taken for a half (.5) unit, hours will be cut in half, for a total of 27 hours.  
2 hours

Class introduction, syllabus, grading and requirements. An overview of the course will be presented, along with student introductions and experience with dance, if any.

Student Performance Objectives: Students will understand the nature of the class, objectives and SLO's

5-14 hours

Daily Warm-ups including strengthening and flexibility exercises including but not limited to abdominal work, push-ups, lunges and squats. Warm-ups also include posture and alignment, isolations of body parts, turns, and other various dance related steps and concepts.

Student Performance Objectives: Student's will gain strength and flexibility as well as kinesthetic awareness to posture, alignment and movement for their own individual and unique body.

5-14 hours

Daily locomotor patterns and movements across the floor, including but not limited to level changes, syncopated rhythms, isolation of various body parts (head, shoulders, ribs, and hips) and coordination in putting longer phrases of movement together while traveling across the floor.

Student Performance Objectives: Students will be able to connect hip-hop movement together using various musical rhythms.

5-14 hours

Various dances will be taught throughout the semester, incorporating all of the above skills put together in a longer sequence. There will be approximately 4 different dances taught throughout the semester. Students will also work with others in partnership or small groups, learning to choreograph and put their own unique style of Hip-hop dance together to perform.

Student Performance Objectives: Students will be able to perform and present longer dances in front of an audience.

2 hours

A live, outside dance performance may be required.

Student Performance Objectives: Students will be able to see and analyze dance using proper dance terms and vocabulary.

8 Hours

Preparation and Group Work for Midterm and Final Performances.

Student Performance Objectives: Students will be able to choreograph and perform hip-hop dance routines from beginning to end.

2 Hours

### **OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours: 2

Assignment Description: Students may need to attend a live dance performance.

### **METHODS OF INSTRUCTION:**

Demonstration, guided practice and performance.

### **METHODS OF EVALUATION:**

5/17/2017

Skill demonstrations

Percent of total grade: 45.00 %

Daily demonstration, Performance exams, Midterm and Final.

Other methods of evaluation

Percent of total grade: 50.00 %

Daily Participation

Writing assignments

Percent of total grade: 5.00 %

**REPRESENTATIVE TEXTBOOKS:**

Recommended Representative Textbooks

No Textbook Required

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201830

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 3

Minimum Hours: 1.5

Course Control Number:

Sports/Physical Education Course: N

Taxonomy of Program: 127000