

**Course Outline**

**COURSE:** KIN 79B                      **DIVISION:** 40                      **ALSO LISTED AS:** KIN 79 & PE 79

**TERM EFFECTIVE:** Spring 2019                      **CURRICULUM APPROVAL DATE:** 10/9/2018

**SHORT TITLE:** INDOOR RACKET SPTS - INTER

**LONG TITLE:** Indoor Racket Sports - Intermediate

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
.5 OR 1	18	Lecture:	0	Lecture:	0
		Lab:	1.5 OR 3	Lab:	27 OR 54
		Other:	0	Other:	0
		Total:	1.5 OR 3	Total:	27 OR 54

**COURSE DESCRIPTION:**

This coeducational class includes the net games of Badminton, pickleball, and table tennis. Instruction in the skills, rules, strategies and their application to singles and double play will be provided. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

## **STUDENT LEARNING OUTCOMES:**

1. Demonstrate intermediate level strokes (volley, half-volley, smash, drop shot), including utilizing spin if appropriate, for each of the sports.

Measure of assessment: demonstration

Year assessed, or planned year of assessment: 2019

Semester: Spring

2. Explain and demonstrate singles and doubles strategies for each sport.

Measure of assessment: demonstration, discussion

Year assessed, or planned year of assessment: 2019

Semester: Spring

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 10/9/2018

1.5 - 3 Hours

Content: Orientation: class format, procedures to be followed and methods of grading. Evaluation of the student's skills and knowledge of the three activities covered in the class. This course will be broken up into three units - badminton, pickleball and table tennis. Skill development, including the use of various spins where appropriate; rules and strategies and singles and doubles game play will be provided for each activity.

Student Performance Objectives: Explain the course requirements and participate in an evaluation of their current badminton, pickleball and table tennis skills.

3 - 6 Hours

Content: Review of the underhand and overhead clears. Presentation, demonstration and practice of the following badminton skills: drive, smash, drop shot and net shot.

Student Performance Objectives: Demonstrate a forehand and backhand drive, a smash, a drop shot and a net shot. Discuss the techniques required to perform each of these strokes.

1.5 - 3 Hours

Content: Review of the rules and court markings utilized in the game of badminton as well as a review of the techniques used in serving. Variations of the serve, including the drive serve and/or the flick serve may be introduced. Strategies involved in singles and doubles play, including serve placement and return of serve will be presented.

Student Performance Objectives: Incorporate their knowledge of the rules, court markings and skills into game play. Discuss strategies utilized in singles and doubles.

3 - 6 Hours

Content: The opportunity for students to incorporate all their skills; their knowledge of rules, including scoring and the court markings; and singles and doubles strategies in game play will be presented. This could include tournament play.

Student Performance Objectives: Demonstrate their skills, rule interpretations and execution of strategies during singles and doubles game play.

3 - 6 Hours

Content: Review of the pickleball forehand, backhand and volley. Presentation, demonstration and practice of the smash, the lob and the drop shot.

Student Performance Objectives: Demonstrate an overhead smash, a lob, a half-volley and a drop shot for pickleball. Utilize these skills in rally game situations.

1.5 - 3 Hours

Content: Review of all the skills, court markings and rules learned to date. Opportunities for the students to practice their skills during

game-like situations will be provided. Presentation on strategies involved in singles and doubles play, including the poach used in doubles.

Student Performance Objectives: Discuss different strategies used in game play. Explain when a player would poach.

3 - 6 Hours

Content: Singles and doubles game play. This could include a variety of tournaments.

Student Performance Objectives: Demonstrate their pickleball skills, apply the rules of play and produce game strategies.

3 - 6 Hours

Content: Review of the grips used in table tennis. A variety of spins; including backspin, topspin and side-spin; will be described and demonstrated. These spins will also be practiced on the serve and return of serve. Time to work on the techniques for the various spins will be provided.

Student Performance Objectives: Demonstrate at least two different types of spins. Utilize these spins when serving and receiving serve.

1.5 - 3 Hours

Content: Practice the various spins presented in previous classes. Introduce the smash and the slice. Review of the rules and presentation on singles and doubles play including game strategies.

Student Performance Objectives: Explain the general rules of table tennis and the specific rules governing singles and doubles play. Utilize a variety of table tennis strokes, including the use of spins, in game play. Discuss various strategies that can be used for singles and doubles.

3 - 6 Hours

Content: The opportunity for students to practice all their table tennis skills, the rules of play, and strategies will be presented through singles and/or doubles game play. This may include tournament play.

Student Performance Objectives: Demonstrate their table tennis skills, knowledge of the rules and singles and doubles strategies during game play. Participate in tournament play.

1.5 - 3 Hours

Content: Semester review of the skill techniques, rule applications, strategies and singles and doubles game play for each of the three sports.

Student Performance Objectives: Participate in class discussion. Compare the similarities and differences in the techniques, rules and strategies for each of the three sports.

2 Hours

#### **METHODS OF INSTRUCTION:**

Demonstration, discussion, guided practice, lecture.

#### **OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours: 0

Assignment Description: As this is a lab course, no out of class assignments are required.

#### **METHODS OF EVALUATION:**

Skill demonstrations

Percent of total grade: 40.00 %

40% - 60% Demonstration exams

Objective examinations

Percent of total grade: 10.00 %

10% - 30% Multiple Choice; True/False; Matching Items; Completion

Other methods of evaluation

Percent of total grade: 30.00 %

30% - 60% Student participation required.

#### **REPRESENTATIVE TEXTBOOKS:**

## **ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201470

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201470

UC TRANSFER:

Not Transferable

### **SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 79B

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000551883

Sports/Physical Education Course: Y

Taxonomy of Program: 127000