

Course Outline

COURSE: KIN 79A **DIVISION:** 40 **ALSO LISTED AS:** KIN 79 & PE 79

TERM EFFECTIVE: Spring 2019 **CURRICULUM APPROVAL DATE:** 10/9/2018

SHORT TITLE: INDOOR RACKET SPTS - BEG

LONG TITLE: Indoor Racket Sports - Beginning

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
.5 OR 1	18	Lecture:	0	Lecture:	0
		Lab:	1.5 OR 3	Lab:	27 OR 54
		Other:	0	Other:	0
		Total:	1.5 OR 3	Total:	27 OR 54

COURSE DESCRIPTION:

This coeducational class includes the net games of badminton, pickleball, and table tennis. Instruction in the basic skills along with an introduction to the court markings and basic rules will be provided. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

STUDENT LEARNING OUTCOMES:

1. Demonstrate the basic forehand, backhand, and a serve for each sport.

Measure of assessment: demonstration

Year assessed, or planned year of assessment: 2019

Semester: Spring

2. Explain the basic rules for each sport, including scoring and identify court markings.

Measure of assessment: demonstration, written exam, oral exam

Year assessed, or planned year of assessment: 2019

Semester: Spring

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/9/2018

1.5 - 3 Hours: Orientation: class format, procedures to be followed and methods of grading. Evaluation of the student's skills and knowledge of the three activities covered in the class. This course will be broken up into three units - badminton, pickleball and table tennis. Basic skill development, an introduction to the court markings and basic rules will be provided for each activity.

SPO: Students will explain the course requirements and participate in an evaluation of their current badminton, pickleball and table tennis skills.

3 - 6 Hours: Presentation, demonstration and practice of the basic badminton forehand clear and backhand clear as well as the overhead clear.

SPO: Students will demonstrate a basic badminton forehand clear, backhand clear and overhead clear. They will discuss the basic stroke techniques required to perform these clears.

1.5 - 3 Hours: Discussion of the basic rules and court markings utilized in the game of badminton. Demonstration and practice of the basic techniques used in serving. The return of serve will also be discussed and practiced.

SPO: The students will explain the basic rules of badminton and identify the court markings. They will perform a short serve and a long serve for accuracy and practice service returns.

3 - 6 Hours: The opportunity for students to practice their basic skills and their knowledge of rules and court markings in modified game activities will be presented. Presentation on the importance and benefits of exercising throughout one's life and the role the sport of badminton could play.

SPO: Students will demonstrate their basic skills and their knowledge of rules and court markings during modified game play. They will discuss the importance of being physically active throughout one's life.

3 - 6 Hours: Demonstration and practice of the pickleball skills for the forehand, the backhand and the volley.

SPO: Students will demonstrate the forehand and backhand groundstrokes and a volley for pickleball. They will discuss the techniques required to perform these strokes.

1.5 - 3 Hours: Demonstration and practice of the serve and return of serve for pickleball. Presentation on the basic terminology, including court markings and the basic rules involved in the game of pickleball. Opportunities for the students to practice their basic pickleball skills during serve and rally situations will be provided.

SPO: The student will demonstrate the serve and return of serve for pickleball. They will explain the basic rules and court markings for pickleball. They will utilize their skills, knowledge of the court markings and basic rules in rally game play.

3 - 6 Hours: Singles and/or doubles serve and rally game play. This could include a tournament. Review of the benefits of exercise and how the sport of pickleball could be a lifelong activity.

SPO: Students will demonstrate their basic pickleball skills; apply the terminology, knowledge of court markings and basic rules of play. They will discuss the benefits of exercise.

3 - 6 Hours: Table tennis techniques, including the grips that can be utilized, will be described and demonstrated. The serve and return of serve will also be practiced. Time to work on technique will be provided.

SPO: The student will demonstrate the two different types of grips that can be utilized when hitting table tennis strokes. They will perform a serve and a return of serve.

1.5 - 3 Hours: Continue working on the basic table tennis skills learned to date. Presentation on the terminology, table markings and basic scoring.

SPO: The student will explain the basic scoring of table tennis and utilize their knowledge of the table markings and terminology in modified game play. They will demonstrate their table tennis stroke techniques.

3 - 6 Hours: The opportunity for students to practice their basic table tennis skills and the basic rules of play will be presented through modified game play. This may include tournament play.

SPO: The student will demonstrate their basic table tennis skills and their basic knowledge of the rules during modified game play.

1.5 - 3 Hours: Semester review of the skills, rules and court markings for each of the three sports. Continued discussion on the value of being physically active throughout one's life.

SPO: Students will complete a self assessment on the benefits of being physically active.

2 Hours: Final.

METHODS OF INSTRUCTION:

Demonstration, discussion, guided practice, lecture.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours: 0

Assignment Description: As this is a lab course, no out of class assignments are required.

METHODS OF EVALUATION:

Skill demonstrations

Percent of total grade: 40.00 %

40% - 60% Demonstration exams

Objective examinations

Percent of total grade: 10.00 %

Objective examinations: 10% - 30% Multiple Choice; True/False; Matching Items; Completion

Other methods of evaluation

Percent of total grade: 30.00 %

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:
GAV E1, effective 201470
CSU GE:
IGETC:
CSU TRANSFER:
Transferable CSU, effective 201470
UC TRANSFER:
Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: KIN
CSU Crosswalk Course Number: 79A
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 1
Minimum Hours: .5
Course Control Number: CCC000551846
Sports/Physical Education Course: Y
Taxonomy of Program: 127000