

Course Outline

COURSE: KIN 4C **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2023 **CURRICULUM APPROVAL DATE:** 10/10/2023

SHORT TITLE: ATH TRN PRACTICUM III

LONG TITLE: Athletic Training Practicum III

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2	18	Lecture:	0	0
		Lab:	6	108
		Other:	0	0
		Total:	6	108
		Total Learning Hrs:	108	

COURSE DESCRIPTION:

This course provides students with the opportunity to apply the knowledge and skills acquired in KIN 3, KIN 4A and KIN 4B. Emphasis is placed on the hands-on experience of recognition, management and evaluation of athletic injuries and assisting the Certified Athletic Trainer with daily management of an athletic training facility. Provides continued practical exposure to the athletic training profession and increases student's proficiency in athletic training competencies. This course has the option of a letter grade or pass/no pass. Successful completion (C grade) requires the students to complete 75 hours of lab work in addition to the course's academic requirements. Courses should be taken in sequential order.

PREREQUISITES: KIN 3, KIN 4A and KIN 4B.

PREREQUISITES:

- Completion of KIN 3, as UG, with a grade of C or better.
- AND Completion of KIN 4A, as UG, with a grade of C or better.
- AND Completion of KIN 4B, as UG, with a grade of C or better.

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Assist the Certified Athletic Trainer with various duties; including performing initial evaluations, maintaining medical records, and assisting with various administrative duties such as inventory review and supply bids.
2. Instruct others on the proper maintenance of an Athletic Training Facility.
3. Design and apply a comprehensive rehabilitative program.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Apply the advanced level skills and knowledge learned throughout the semester in practical situations. Students will establish schedules for coverage of athletic training room rehabilitation programs and athletic team's practices and games. Students will review current rehabilitation programs, including histories and a brief musculoskeletal review of the current specific injuries.
2. Assist the Certified Athletic Trainer through the inventory, supply bid and purchasing process. Apply skills learned to date in the athletic training room and all athletic events and practices.
3. Build and record comprehensive rehabilitation programs for injuries specific to the head. Apply skills learned to date in the athletic training room and all athletic events and practices.
4. Build and record comprehensive rehabilitation programs for injuries specific to the trunk. Apply skills learned to date in the athletic training room and all athletic events and practices.
5. Build and record comprehensive rehabilitation programs for injuries specific to the upper extremity. Apply skills learned to date in the athletic training room and all athletic events and practices.
6. Complete practical and written midterm. Utilize the skills learned to date at various athletic practices and games as well as in the training room.
7. Describe and demonstrate administrative duties and basic record keeping skills for an athletic training facility. Apply athletic training skills at various practices, games, and in the training room.
8. Build and record comprehensive rehabilitation programs for injuries specific to the lower extremity. Apply skills learned to date in the athletic training room and all athletic events and practices.
9. Perform initial and re-evaluations to maintain medical records. Utilize skills at various athletic events and practices and in the training room.
10. Identify injuries specific to the current field of athletics. Recognize and describe athletic training room operating procedures and emergency action plan
11. Demonstrate record keeping skills through the maintenance of athletic medical records, note taking during initial evaluations and any change in rehabilitation protocol.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/10/2023

6 Hours

Content: Review of athletic training room operating policies and procedures. Students will establish schedule for coverage of athletic training room rehabilitation programs and athletic team's practices and games. Overview of current rehabilitation programs, including histories and a brief musculoskeletal review of the current specific injuries.

6 Hours

Content: Instruction of maintenance of an athletic training facility including record keeping, initial evaluation notes, and progress notes; continued practice of these skills. Continued coverage of the athletic training room and all athletic events and practices.

12 Hours

Content: Continued instruction of initial evaluation skills and re-evaluation skills. Continued coverage of the athletic training room and all athletic events and practices.

18 Hours

Content:

Introduction to rehabilitation management of a lower extremity from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

6 Hours

Content: Review of all the information and skills presented through the semester in preparation for the Midterm. Continued coverage of athletic training room, games and practices.

6 Hours

Content: Midterm (written and practical). Continued coverage of the athletic training room and athletic practices and games.

12 Hours

Content: Introduction to rehabilitation management of an upper extremity from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

12 Hours

Content: Introduction to rehabilitation management of a trunk injury from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

12 Hours

Content: Introduction to rehabilitation management of a head injury from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

6 Hours

Content: Introduction on the maintenance of an athletic training budget. Continued coverage. Continued coverage of the athletic training room and all athletic events and practices.

10 Hours

Content: Review of all the information and skills presented through the semester in preparation for the final. Lab log and lab reports will be turned in. Continued coverage of the athletic training room and all athletic events and practices.

2 Hours

Final

METHODS OF INSTRUCTION:

Discussion, demonstration, guided practice, small group interaction.

METHODS OF EVALUATION:

Writing assignments

Evaluation Percent 10

Evaluation Description

Percent range of total grade: 10 % to 20 %

Other: Notebook

Problem-solving assignments

Evaluation Percent 15

Evaluation Description

Percent range of total grade: 5 % to 15 %

Field Work;

Exams

Skill demonstrations

Evaluation Percent 20

Evaluation Description

Percent range of total grade: 20 % to 45 %

Field Work;

Performance Exams

Objective examinations

Evaluation Percent 15

Evaluation Description

Percent range of total grade: 15 % to 30 %

Multiple Choice;

True/False;

Matching Items;

Completion

Other methods of evaluation

Evaluation Percent 40

Evaluation Description

Percent range of total grade: 25 % to 50 %

Class participation.

REPRESENTATIVE TEXTBOOKS:

Principles of Athletic Training: A Guide to Evidence-Based Clinical Practice, 17th Edition. McGraw-Hill, 2021.
Or other appropriate college level text.

ISBN: 9781260241051

Reading level of text, Grade: 12th

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201530

UC TRANSFER:

Transferable UC, effective 201530

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000556160

Sports/Physical Education Course: Y

Taxonomy of Program: 127000