

Course Outline

COURSE: KIN 20A **DIVISION:** 40 **ALSO LISTED AS:** KIN 20 PE 20

TERM EFFECTIVE: Spring 2018 **CURRICULUM APPROVAL DATE:** 09/25/2017

SHORT TITLE: BOWLING - BEGINNING

LONG TITLE: Bowling - Beginning

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
.5 OR 1	18	Lecture:	0	Lecture:	0
		Lab:	1.5 OR 3	Lab:	27 OR 54
		Other:	0	Other:	0
		Total:	1.5 OR 3	Total:	27 OR 54

COURSE DESCRIPTION:

Coeducational activity for beginning bowling students. Includes the benefits, rules, safety, and etiquette of bowling. Also includes the acquisition and application of motor skills appropriate to beginning bowling. Previously listed as KIN 20. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Demonstrate the correct "strike starting position", the approach, and the release of the ball.
- Measure of assessment: demonstration, quiz
 Year assessed, or planned year of assessment: 2018
 Semester: Spring

2. Describe what a "perfect strike" is.

Measure of assessment: written and/or oral exam

Year assessed, or planned year of assessment: 2018

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 09/25/2017

4.5 - 9 Hours:

Content: Orientation: Procedures to be followed in class, methods of grading, and class format. Generally speaking the class will utilize the following schedule: warm-up, lecture/drill on a specific area, bowl ten frames and submit scoring/record of competition, check-out. The first few classes will include information on the care and use of equipment, selecting the proper ball, costs involved, the etiquette of bowling, and the value of bowling as a life-long physical activity. Explanation and demonstration on the method of holding a bowling ball and the approach used in delivering the ball.

Student Performance Objectives: Demonstrate an approach used in delivering the bowling ball. Discuss the requirements of the course and be able to list two etiquette's used when bowling.

6 - 12 Hours:

Content: Review scoring, approach, and ball release. Concentration will be on the approach form and the proper release of the ball on the alley. Demonstration on where the ball must hit the pins to obtain a strike. Team tournament play will be introduced.

Student Performance Objectives: Explain where the ball must hit on the pins in order to obtain a strike.

6 - 12 Hours:

Content: Continue emphasis on mastering the correct form in the approach and release of the ball. Emphasize the importance of picking out a spot on the alley toward which to direct the ball release. Accuracy, rather than speed, will be emphasized.

Student Performance Objectives: Explain the use of the arrows and boards on the alley in relationship to throwing a "perfect strike".

4.5 - 9 Hours:

Content: Continue emphasis on mastering the correct form in the approach and release of the ball. Introduce bowling terminology, such as: double, turkey, types of splits and point out the importance of picking up spares.

Student Performance Objectives: Utilize bowling terminology. Explain the importance of picking up spares and how it can positively affect your score.

4.5 - 9 Hours:

Content: Continue emphasis on mastering the correct form in the approach and release of the ball. Introduction of "The Golden Rule" when adjusting for strikes. Students will adjust for strikes by letting their target become a pivot point between their feet and the pins. Students will also be able to identify some "don'ts" when making adjustments. Singles tournament play will be introduced.

Student Performance Objectives: Explain the chain reaction of the pins when a "perfect strike" is thrown.

2 Hours:

METHODS OF INSTRUCTION:

lecture, discussion, demonstration, multi-media, guided practice

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours:

Assignment Description: As this is a lab class no out of class assignments are required.

METHODS OF EVALUATION:

Skill demonstrations

Percent of total grade: 50.00 %

40% - 70% Demonstration exams

Objective examinations

Percent of total grade: 10.00 %

0% - 20% Multiple Choice; True/False; Matching Items; Completion; Short Answer

Other methods of evaluation

Percent of total grade: 40.00 %

30% - 60% Requires student participation.

REPRESENTATIVE TEXTBOOKS:

Recommended Representative Textbooks

No textbook required. Handouts will be provided as needed.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 20A

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000542042

Sports/Physical Education Course: Y

Taxonomy of Program: 127000