

Course Outline

COURSE: KIN 19A **DIVISION:** 40 **ALSO LISTED AS:** KIN 19 PE 19

TERM EFFECTIVE: Spring 2018 **CURRICULUM APPROVAL DATE:** 09/25/2017

SHORT TITLE: BADMINTON - BEGINNING

LONG TITLE: Badminton - Beginning

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
.5 OR 1	18	Lecture:	0	Lecture:	0
		Lab:	1.5 OR 3	Lab:	27 OR 54
		Other:	0	Other:	0
		Total:	1.5 OR 3	Total:	27 OR 54

COURSE DESCRIPTION:

Coeducational activity designed for beginning badminton students. Includes the fundamentals of the badminton forehand, backhand, overhead clear, and serve as well as the court markings. This course has the option of a letter grade or pass/no pass. Previously listed as KIN 19. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Demonstrate the basic badminton forehand, backhand, overhead clear, high serve and low serve.
 Measure of assessment: demonstration
 Year assessed, or planned year of assessment: 2017

Semester: Spring

2. Identify the markings of a badminton court.

Measure of assessment: written and/or oral exam, demonstration

Year assessed, or planned year of assessment: 2017

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 09/25/2017

4.5 - 9 Hours:

Content: Discuss course syllabus, class procedures and grading. Discussion on equipment, including setting up the nets and care of the rackets and shuttles. The basic badminton forehand; including grip, footwork, and stroke technique will be demonstrated and practiced. Shadow drill and wall rally may be used to practice the badminton forehand stroke.

Student Performance Objectives: Discuss and demonstrate the basic badminton forehand; including grip, footwork, and stroke technique.

6 - 12: Hours:

Content: Review and practice the basic badminton forehand. Introduce and practice the basic badminton backhand; including grip, footwork, and stroke technique. Emphasize the importance of changing grips from the forehand to the backhand stroke. Utilize a variety of drills to work on stroke development.

Student Performance Objectives: Demonstrate the basic badminton backhand; including the grip, footwork, and stroke technique. Explain the difference between the backhand grip and the forehand grip.

4.5 - 9 Hours:

Content: Presentation on the court markings. Continue to work on the basic badminton forehand and backhand strokes. Utilize a variety of activities, including rally games to practice the basic forehand and backhand strokes and to help identify court markings.

Introduce the overhead clear (forehand side only), including footwork, wrist action, transfer of weight, contact point, and shuttle trajectory.

Student Performance Objectives: Identify the court markings. Explain the rules utilized in rally games. Execute the basic forehand and backhand strokes, including grip changes, during class activities. Explain and demonstrate the difference between the basic badminton forehand and the overhead clear.

4.5 - 9 Hours:

Content: Review the court markings. Continue to practice the basic badminton forehand, backhand, and overhead clear strokes.

Presentation on the high serve and the low serve; including the rules regarding serving, trajectory of the shuttle, contact point, footwork, grip, and stroke technique. Utilize drills such as serving to targets to emphasize the difference between the high serve and the low serve.

Student Performance Objectives: Demonstrate the high serve and the low serve and discuss the difference in techniques between the two. Explain the rules governing the badminton serve.

6 - 12 Hours:

Content: Discuss the service area for singles and for doubles. Practice serving both the high serve and low serve into the singles and doubles service court areas. Utilize a variety of activities to practice the badminton forehand, backhand, overhead clear, high serve, and low serve, as well as identifying court markings. This could be rally games incorporating the serve, forehand and backhand strokes and overhead clear, or knockout, or 2 versus 1 rally games.

Student Performance Objectives: Explain the difference between the singles and doubles service areas. Demonstrate the high serve, the low serve, the basic badminton forehand, the basic badminton backhand, and the overhead clear in modified class games.

Participate in class activities.

2 Hours:

METHODS OF INSTRUCTION:

demonstration, lecture, discussion, guided practice

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours:

Assignment Description: As this is a lab class no out of class assignments are required.

METHODS OF EVALUATION:

Skill demonstrations

Percent of total grade: 50.00 %

40% - 60% Demonstration exams

Other methods of evaluation

Percent of total grade: 30.00 %

10% - 30% Requires student participation

Objective examinations

Percent of total grade: 20.00 %

10% - 30% Multiple Choice; True/False; Matching; Completion

REPRESENTATIVE TEXTBOOKS:

Recommended Representative Textbooks

No textbook required. Handouts will be provided as needed.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 19A

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1
Minimum Hours: .5
Course Control Number: CCC000536773
Sports/Physical Education Course: Y
Taxonomy of Program: 127000