Course Outline

COURSE: KIN 127B  DIVISION: 40  ALSO LISTED AS:

TERM EFFECTIVE: Spring 2016  CURRICULUM APPROVAL DATE: 10/12/2015

SHORT TITLE: BASKETBALL - INTERMEDIATE

LONG TITLE: Basketball - Intermediate

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<th>Units</th>
<th>Number of Weeks</th>
<th>Type</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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<td></td>
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<td>Lab:</td>
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<td></td>
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<td>Total:</td>
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<td>27 OR 54</td>
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**COURSE DESCRIPTION:**

Coeducational activity designed for intermediate basketball students. This course provides the student with the opportunity to refine and perfect their basic basketball skills and to master the individual positions. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

L - Standard Letter Grade
P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. Demonstrate the correct techniques for the following basketball skills: between the legs dribble, behind the back dribble, curl pass, cut pass and rebounding positioning.

Measure: demonstration

PLO: 4

ILO: 7,2

10/13/2015  1
2. Utilize and explain the correct off-ball/help defensive stance and court positioning.
Measure: demonstration, discussion, quiz
PLO: 4,7
ILO: 7,2,1,4
GE-LO: E1,A1,A2
Anticipated Year of Assessment: 2015-16

3. Explain and demonstrate the skills for guard, forward and post play.
Measure: oral quiz, written exam, discussion, demonstration
PLO: 4,7
ILO: 7,2,1,4
GE-LO: E1,A1,A2
Anticipated Year of Assessment: 2015-16

PROGRAM LEARNING OUTCOMES:
After completing the Kinesiology major a student will be able to:
1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society
   and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to
   enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate
   sequences for the purpose of improving skill learning, and demonstrate competent motor skill
   performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client
   performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS
Curriculum Approval Date: 10/12/2015
4.5 - 9 Hours  Content: Course overview, including learning outcomes, class requirements and grading.
Review dribbling, including the cross-over and hesitation dribbles, using both the dominate and
nondominate hand. Introduce dribbling between the legs and behind the back. Practice two ball dribbling
techniques. Review the bounce pass, chest pass and two-hand overhand pass. Introduce the curl pass, cut
pass and baseball pass. Review the jump stop and stride stop and the different types of pivots. Incorporate
these skills using a variety of practice drills.
Student Performance Objectives (SPO): Demonstrate dribbling between the legs and behind the back. Use
two basketballs to demonstrate one's dribbling skills. Demonstrate the curl pass and cut pass by accurately
passing to teammates. Explain when and why these skills would be used.
Out-of-Class Assignments:

4.5 - 9 Hours  Content: Review all types of dribbling and passing techniques. Review proper shooting
techniques for the right and left handed lay-up, the set shot and the jump shot. Introduce the elbow shooting
series focusing on the inside foot and pivot. Emphasis will be on footwork, stance, balance and active
hands. Introduce proper blocking out and rebounding techniques and incorporate the numbers rebounding
drill to practice these skills. Continue to work on skill building by incorporating a variety of activities which allow the students to practice all skills learned to date.

Student Performance Objectives (SPO): Demonstrate proper blocking out and rebounding techniques.
Utilize a variety of dribbles, passes, shots, stops and pivots during class drills. Participate in class activities.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Practice free throw shooting. Review basic on-ball defense and present basic off-ball/help defensive principles, including the rules. Continue practicing all skills learned to date
Student Performance Objectives (SPO): Demonstrate the basic off-ball/help defensive position. Explain the rules related to guarding. Participate in class activities utilizing the correct techniques for all skills learned to date.
Out-of-Class Assignments:

6 - 12 Hours
Content: Review the basic off-ball defensive position. Presentation on the skills required for guard (ball handling and handling pressure), forward (shooting, passing and rebounding) and post (establishing position and learning angles) play. Opportunities to practice these moves against a defender will be provided.
Student Performance Objectives (SPO): Explain and demonstrate the skills required for guard, forward and post play. Employ all basketball skills learned to date, using both the dominate and nondominate hand.
Participate in class activities.
Out-of-Class Assignments:

METHODS OF INSTRUCTION:
guided practice, demonstration, discussion

METHODS OF EVALUATION:
Category 1 - The types of writing assignments required:
Percent range of total grade: % to %

If this is a degree applicable course, but substantial writing assignments are NOT appropriate, indicate reason
Course primarily involves skill demonstration or problem solving

Category 2 - The problem-solving assignments required:
Percent range of total grade: % to %

Category 3 - The types of skill demonstrations required:
Percent range of total grade: 35 % to 60 %
Performance Exams

Category 4 - The types of objective examinations used in the course:

10/13/2015
Percent range of total grade: 10% to 20%
Multiple Choice
True/False
Matching Items
Completion
Other: short answer

Category 5 - Any other methods of evaluation:

REPRESENTATIVE TEXTBOOKS:
No textbook required.

ARTICULATION and CERTIFICATE INFORMATION
Associate Degree:
CSU GE:
IGETC:
CSU TRANSFER:
  Transferable CSU, effective 201630
UC TRANSFER:
  Not Transferable

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: KIN
CSU Crosswalk Course Number: 127B
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 1
Minimum Hours: .5
Course Control Number:
Sports/Physical Education Course: Y
Taxonomy of Program: 127000