

Course Outline

COURSE: KIN 125C **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2016 **CURRICULUM APPROVAL DATE:** 10/12/2015

SHORT TITLE: SOCCER - ADVANCED

LONG TITLE: Soccer - Advanced

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Coeducational activity designed for the advanced soccer student. Include game principles, techniques and strategies. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Explain and demonstrate at least two (2) tactics for throw-ins, corner kicks, free kicks and penalty kicks.

Measure: discussion, oral quiz, exam, demonstration

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2016-17

2. Discuss and apply at least three (3) offensive game strategies and three (3) defensive game principles.

Measure: oral quiz, exam, discussion, demonstration

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2016-17

3. Describe the possible scenarios and demonstrate the tactics for at least three (3) soccer formations.

Measure: demonstration, discussion, exam

PLO: 4,7

ILO: 7,2,4,1

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2016-17

PROGRAM LEARNING OUTCOMES:

After completing the Kinesiology major a student will be able to:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/12/2015

3 - 6 Hours

Content: Course overview, including learning outcomes, course requirements and grading. Review and practice the techniques for a variety of different dribbling, passing, shooting, trapping, juggling, heading and tackling skills.

Student Performance Objectives (SPO): Utilize a variety of soccer skills in class activities. Discuss why/when one would use a particular type of dribble, pass, shot or juggling technique.

Out-of-Class Assignments:

6 - 12 Hours

Content: Review the skills required for goalkeeper, defender, midfielder and forward. Presentation on tactics for throw-ins, corner kicks, free kicks and penalty kicks. Provide 6 v 6 game-like opportunities for students to practice all skills and techniques learned.

Student Performance Objectives (SPO): Describe and demonstrate the skills required for each position. Discuss and apply the tactics for throw-ins, corner kicks, free kicks and penalty kicks. Participate in class activities.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Presentation on the general offensive game strategies of passing and moving, switching the attack and possession ball. Introduce the general defensive game principles of forming walls

of defense, communicating, marking, using sweepers and taking advantage of the offside rule. Incorporate the drill 3 Team Keep-a-way to practice the skills, principles and tactics learned to date.

Student Performance Objectives (SPO): Explain and demonstrate the various general offensive game strategies and defensive game principles used in soccer. Participate in class drills.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Presentation on a variety of formations and their strengths and weaknesses. Such as: 4-5-1 = counterattacking formation, 4-3-3 = possession based play, 4-2-2 = diamond formation built to control the center of the field and dictate the tempo and 4-2-3-1 = looks for possession and control while remaining defensively sound. Build on the 1st and 2nd attackers/defenders into the 3rd and 4th attackers and defenders.

Student Performance Objectives (SPO): Explain the strengths and weaknesses of the formations presented in class. Discuss the responsibilities of the 3rd and 4th attackers and defenders. Utilize a variety of soccer skills during class activities.

Out-of-Class Assignments:

7.5 - 15 Hours Content: Continue to work on skill building using a variety of class drills and game play. Continue working on game principles and strategies. Provide a variety of drills, game-like situations and game play (7 v 7 and 8 v 8) for practice purposes.

Student Performance Objectives (SPO): Apply all skills, rules, offensive and defensive principles and tactics in game play. Participate in class activities.

METHODS OF INSTRUCTION:

guided practice, demonstration, discussion

METHODS OF EVALUATION:

Category 1 - The types of writing assignments required:

Percent range of total grade: % to %

If this is a degree applicable course, but substantial writing assignments are NOT appropriate, indicate reason

Course primarily involves skill demonstration or problem solving

Category 2 - The problem-solving assignments required:

Percent range of total grade: % to %

Category 3 - The types of skill demonstrations required:

Percent range of total grade: 35 % to 60 %

Performance Exams

Category 4 - The types of objective examinations used in the course:

Percent range of total grade: 10 % to 20 %

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Category 5 - Any other methods of evaluation:

REPRESENTATIVE TEXTBOOKS:

No textbook required.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201630

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 125C

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number:

Sports/Physical Education Course: Y

Taxonomy of Program: 127000