

Course Outline

COURSE: KIN 125B **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2016 **CURRICULUM APPROVAL DATE:** 10/12/2015

SHORT TITLE: SOCCER - INTERMEDIATE

LONG TITLE: Soccer - Intermediate

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Coeducational activity designed for intermediate soccer students. This course provides the student with the opportunity to refine and perfect their basic soccer skills and to master the individual positions. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Demonstrate dribbling using the outside side of the foot, including several moves, and shooting with the top of the foot (laces) with both the right and left foot.

Measure: demonstration

PLO: 4

ILO: 7,2

GE-LO: E1

Anticipated Year of Assessment: 2016-17

2. Perform five to seven (5 - 7) soccer skills in combination using both the right and left foot.

Measure: demonstration

PLO: 4

ILO: 7,2

GE-LO: E1

Anticipated Year of Assessment: 2016-17

3. Explain and demonstrate the skills for goalkeeper, defenders, midfielders and forwards.

Measure: oral quiz, written exam, discussion, demonstration

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2016-17

PROGRAM LEARNING OUTCOMES:

After completing the Kinesiology major a student will be able to:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/12/2015

3 - 6 Hours

Content: Course overview, including learning outcomes, course requirements and grading. Review field markings and rules. Review dribbling with the inside side of the foot, including various moves, using both the right and left foot. Introduce dribbling with the outside side of the foot, using both the right and left foot. Incorporate various moves, such as the shoulder drop, nutmeg and chop.

Student Performance Objectives (SPO): Demonstrate dribbling with the outside side of the foot, using both the right and left foot. Incorporate various dribbling moves with both the inside and outside side of the foot, using both the right and left foot. Increase the rate of speed in which these skills are performed.

Out-of-Class Assignments:

6 - 12 Hours

Content: Review passing with both the strong and weak foot and trapping skills. Increase the difficulty of these skills by trapping the ball and then passing the ball before it hits the ground. Perform various skills in combination and continue working on increasing the speed in which each skill is performed.

Student Performance Objectives (SPO): Demonstrate trapping the ball and then passing the ball before it hits the ground. Perform all dribbling and passing skills with both the right and left foot. Increase the rate of speed in which all skills are performed.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Continue to work on skill building by practicing all skills in a variety of drill and game-like activities. Review shooting with the inside of the foot and introduce shooting with the top of the foot (laces). Continue working on developing both the strong and weak foot. Continue to work on skills in combinations and at an increasing rate of speed.

Student Performance Objectives (SPO): Demonstrate shooting using the top of the foot (laces) with both the right and left foot. Participate in class activities and perform all skills in combinations with an increasing rate of speed.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Review juggling and heading. Review the techniques and rules for throw-ins, corner kicks and free kicks. Provide opportunities to practice all skills in a variety of drill and 3 v 3 and 4 v 4 game-like activities such as Flying Changes.

Student Performance Objectives (SPO): Perform 10 - 12 juggling skills in a row. Utilize the correct techniques when performing all soccer skills. Participate in class activities.

Out-of-Class Assignments:

7.5 - 15 Hours Content: Presentation on the responsibilities and skills required for each of the positions: goalkeeper, defenders, midfielders and forwards. Work on moving without the ball, especially diagonal movements on the 1st, 2nd and 3rd passes. Introduce 1st and 2nd attacker and 1st and 2nd defender. Guided practice opportunities will be provided. Skill testing.

Student Performance Objectives (SPO): Discuss the responsibilities and demonstrate the skills required for each soccer position: goalkeeper, defender, midfielder and forward. Practice moving without the ball. Anticipate your positioning one, two and three passes away from the ball. Discuss the responsibilities of the 1st and 2nd attacker and the 1st and 2nd defender. Participate in class activities, including skill testing.

METHODS OF INSTRUCTION:

guided practice, demonstration, discussion

METHODS OF EVALUATION:

Category 1 - The types of writing assignments required:

Percent range of total grade: % to %

If this is a degree applicable course, but substantial writing assignments are NOT appropriate, indicate reason

Course primarily involves skill demonstration or problem solving

Category 2 - The problem-solving assignments required:

Percent range of total grade: % to %

Category 3 - The types of skill demonstrations required:

Percent range of total grade: 35 % to 60 %

Performance Exams

Category 4 - The types of objective examinations used in the course:

Percent range of total grade: 10 % to 20 %

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Category 5 - Any other methods of evaluation:

REPRESENTATIVE TEXTBOOKS:

No textbook required.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201630

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 125B

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number:

Sports/Physical Education Course: Y

Taxonomy of Program: 127000