

**Course Outline**

**COURSE:** JLE 220                      **DIVISION:** 50                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Spring 2018                      **CURRICULUM APPROVAL DATE:** 10/23/2017

**SHORT TITLE:** CIT

**LONG TITLE:** Crisis Intervention Team Training

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
.5	18	Lecture:	.3	Lecture:	5.4
		Lab:	1	Lab:	18
		Other:	0	Other:	0
		Total:	1.3	Total:	23.4

**COURSE DESCRIPTION:**

This course teaches students to identify and appropriately respond to individuals with mental health, developmental disabilities, intellectual disabilities and substance use disorders. This is a pass/no pass course. **PREREQUISITE:** JLE 100 or equivalent JLE 100 - Basic Police Academy (Active) 1.

Commission on Police Officer Standards & Training (POST) certified basic law enforcement academy diploma or equivalent as determined by the Dean of Academy Instruction. **NOTE:** Approval of equivalent training is not a guarantee state regulatory or licensing agencies will also grant equivalency. 2.

Prior to beginning this course students must already be familiar with, and be able to demonstrate all of the skills listed below. These will not be taught in the course; rather, they will be the starting point for advanced officer training that builds upon them. These minimum knowledge and skill levels are regarding: • Officer safety • Effective verbal communication used in policing

**PREREQUISITES:**

Completion of JLE 100, as UG, with a grade of C or better.

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

02 - Lecture and/or discussion

03 - Lecture/Laboratory

**STUDENT LEARNING OUTCOMES:**

1. Improve understanding, judgment, safety and the ability to identify and respond to individuals with mental health, developmental disabilities, intellectual disabilities and substance use disorders.

Measure of assessment: Class exercises, Student Evaluation and testing

Year assessed, or planned year of assessment: 2018

**CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 10/23/2017

Lecture Content:

I. Mental Illness Overview

A. Schizophrenia

B. Bi-Polar Disorder

C. Personality Disorders

E. Substance Abuse

F. Developmental Disabilities

II. Children and Youth

A. Self Harm

III. Alzheimer / Dementia

IV. Post-Traumatic Stress Disorder

Lab Content:

I. Tactical Communication Exercises

A. Officer to Suspect

B. Officer to Citizen/Victim

C. Use of Force

D. Officer Safety

E. Inappropriate Language

F. Escalation vs. De-Escalation

II. Mobile Emergency Response Team / ACCESS

A. Initiating MERT services in the field

III. Suicide Assessment / Managing Suicides in Progress

A. High suicide risk categories and factors

B. Assessing Intent an plan

IV. Suicide by Cop Exercises

A. Potential Indicators

B. Imminent Arrest

V. Managing Officer Stress

A. Physical reaction

B. Emotional reaction

C. Self Care Strategies

VI. Tactical Communication and De-Escalation Techniques

A. Class Exercises

a. Non-Verbal

b. Questioning techniques

c. Problem Communication

VII. Scenario Training

**METHODS OF INSTRUCTION:**

Lecture Lab Class exercises

**OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours: 8

Assignment Description: Reading instructor handouts.

**METHODS OF EVALUATION:**

Writing assignments

Percent of total grade: 50.00 %

Written exam

Skill demonstrations

Percent of total grade: 60.00 %

Scenario Training - Students to practice tactical communications and de-escalation techniques in various crisis scenarios.

**REPRESENTATIVE TEXTBOOKS:**

Required Representative Textbooks

Recommended Representative Textbooks

Instructor Handout.

Required Other Texts and Materials

Instructor Handouts Department Policy

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 2 Stand-alone

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Maximum Hours: 23.4

Minimum Hours: 23.4

Course Control Number:

Sports/Physical Education Course: N

Taxonomy of Program: 210550