Course Outline

COURSE: JLE 220     DIVISION: 50     ALSO LISTED AS: 

TERM EFFECTIVE: Spring 2018     CURRICULUM APPROVAL DATE: 10/23/2017 

SHORT TITLE: CIT 

LONG TITLE: Crisis Intervention Team Training

<table>
<thead>
<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>.5</td>
<td>18</td>
<td>Lecture: .3</td>
<td>5.4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lab: 1</td>
<td>18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Other: 0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Total: 1.3</td>
<td>23.4</td>
</tr>
</tbody>
</table>

COURSE DESCRIPTION: 

This course teaches students to identify and appropriately respond to individuals with mental health, developmental disabilities, intellectual disabilities and substance use disorders. This is a pass/no pass course. PREREQUISITE: JLE 100 or equivalent JLE 100 - Basic Police Academy (Active) 1. Commission on Police Officer Standards & Training (POST) certified basic law enforcement academy diploma or equivalent as determined by the Dean of Academy Instruction. NOTE: Approval of equivalent training is not a guarantee state regulatory or licensing agencies will also grant equivalency. 2. Prior to beginning this course students must already be familiar with, and be able to demonstrate all of the skills listed below. These will not be taught in the course; rather, they will be the starting point for advanced officer training that builds upon them. These minimum knowledge and skill levels are regarding: • Officer safety • Effective verbal communication used in policing 

PREREQUISITES: 

Completion of JLE 100, as UG, with a grade of C or better. 

COREQUISITES: 

CREDIT STATUS: D - Credit - Degree Applicable 

GRADING MODES 

P - Pass/No Pass 

REPEATABILITY: N - Course may not be repeated 

SCHEDULE TYPES: 

02 - Lecture and/or discussion 

03 - Lecture/Laboratory 

11/9/2017
STUDENT LEARNING OUTCOMES:
1. Improve understanding, judgment, safety and the ability to identify and respond to individuals with mental health, developmental disabilities, intellectual disabilities and substance use disorders.
Measure of assessment: Class exercises, Student Evaluation and testing
Year assessed, or planned year of assessment: 2018

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS
Curriculum Approval Date: 10/23/2017
Lecture Content:
I. Mental Illness Overview
   A. Schizophrenia
   B. Bi-Polar Disorder
   C. Personality Disorders
   E. Substance Abuse
   F. Developmental Disabilities
II. Children and Youth
   A. Self Harm
III. Alzheimer / Dementia
IV. Post-Traumatic Stress Disorder
Lab Content:
I. Tactical Communication Exercises
   A. Officer to Suspect
   B. Officer to Citizen/Victim
   C. Use of Force
   D. Officer Safety
   E. Inappropriate Language
   F. Escalation vs. De-Escalation
II. Mobile Emergency Response Team / ACCESS
   A. Initiating MERT services in the field
III. Suicide Assessment / Managing Suicides in Progress
   A. High suicide risk categories and factors
   B. Assessing Intent an plan
IV. Suicide by Cop Exercises
   A. Potential Indicators
   B. Imminent Arrest
V. Managing Officer Stress
   A. Physical reaction
   B. Emotional reaction
   C. Self Care Strategies
VI. Tactical Communication and De-Escalation Techniques
   A. Class Exercises
      a. Non-Verbal
      b. Questioning techniques
      c. Problem Communication
VII. Scenario Training

11/9/2017 2
METHODS OF INSTRUCTION:
Lecture Lab Class exercises

OUT OF CLASS ASSIGNMENTS:
Required Outside Hours: 8
Assignment Description: Reading instructor handouts.

METHODS OF EVALUATION:
Writing assignments
Percent of total grade: 50.00 %
Written exam
Skill demonstrations
Percent of total grade: 60.00 %
Scenario Training - Students to practice tactical communications and de-escalation techniques in various crisis scenarios.

REPRESENTATIVE TEXTBOOKS:
Required Representative Textbooks
Recommended Representative Textbooks
Instructor Handout.
Required Other Texts and Materials
Instructor Handouts Department Policy

ARTICULATION and CERTIFICATE INFORMATION
Associate Degree:
CSU GE:
IGETC:
CSU TRANSFER:
Not Transferable
UC TRANSFER:
Not Transferable

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 2 Stand-alone
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department:
CSU Crosswalk Course Number:
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N

11/9/2017
Occupational Course: C
Maximum Hours: 23.4
Minimum Hours: 23.4
Course Control Number:
Sports/Physical Education Course: N
Taxonomy of Program: 210550