

**Course Outline**

**COURSE:** JLE 139                      **DIVISION:** 50                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Fall 2011                      **Inactive Course**

**SHORT TITLE:** PR-24 INSTRUCTOR

**LONG TITLE:** PR-24 Instructor Course

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
1	1	Lecture:	8	8
		Lab:	32	32
		Other:	0	0
		Total:	40	40

**COURSE DESCRIPTION:**

A complete instructor course in the use of the (PR-24) side-handle baton designed to qualify the participant to teach Police Side-handle Baton Tactics on the agency level. Participants will be prepared to teach basic level techniques as well as advanced techniques including: tactics for confined spaces, close range tactics, combination techniques, tactical situations, multiple and armed suspects, and baton retention, principles of defensive tactics, legal aspects, liability and use of force as related to baton tactics. The participant will also learn teaching techniques, methodology, record keeping and methods of performance evaluation. Instructors that complete the course will have the skills needed to implement an on-going Baton Tactics Program. This is a pass/no pass course. **ADVISORY:** JLE 100

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. Student will be able to teach others these skills.

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Inactive Course: 09/26/2011

1 1 Lecture

Introduction, Safety Procedures,  
Physical Fitness: warm-up, stretching  
and physical conditioning.

1 Lecture

Principles of Defensive Tactics

1 Lecture

Legal Aspects, Use of Force, Liability

1 Lecture

PR-24 Baton Tactics

1 Lecture

Stance, Approaching the Suspect,  
Positioning, Movement & Body Dynamics

1 Physical Training

Warm-up, Stance, Grip, Positions,  
Drawing Baton, Footwork and Movement

1 Physical Training

Striking Zones 1, 2, & 3, one and two  
handed

1 Physical Training

Distract & strike to zones 1, 2, & 3,  
One & two handed (two count modified  
baton technique)

Day 2 1 Physical Training

Warm-up, review, stance, grips, positions,  
drawing the baton, footwork and movements

1 Physical Training

Review: Striking zones 1-2-3 and distract  
and strike to zones 1-2-3

1 Physical Training

Striking zone 4, one and two handed. Two  
handed low defense technique: blocking  
punch, kick and overhead attack with  
thrust counter

1 Physical Training

Lower cradle technique: strike to zones  
1-2-3-4, distract and strike to zones  
1-2-3, defense against a punch, kick and  
over head attack with strike and thrust  
counter

1 Physical Training

Warm-up, upper cradle technique: strike to  
zones 1-2-3-4, distract and strike, defense  
against a punch, kick and over head attack

with strike and thrust counter

1 Physical Training

Baton retention techniques: Against one hand grasp to tip, two hand grasp to tip, and two hand grasp to opposite ends of the baton

1 Physical Training

Review of all baton techniques

1 Physical Training

Work on heavy bag

Day 3 1 Lecture

Instructional techniques, developing lesson plans

1 Lecture

Methodology of preseting techniques, record keeping and qualifications by instructor

1 Physical Training

Review baton techniques: striking zones 1-2-3-4, distract and strike to zones 1-2-3, two handed low defense, lower cradle and upper cradlee

1 Physical Training

Review: Baton retention techniques. Techniques from ring: draw and thrust, draw and strike, block and one hand strike from the ring with thrust follow-up, three count from the ring technique

1 Physical Training

Close range tactics and confined spaces; block a punch and one hand strike, lower cradle: block with short shaft and thrust. Yawara handle strike

1 Physical Training

Two handed chop to the clavical, two handed elbow strike, back hand strike, combination techniques: thrust, thrust through forehand, over hand thrust and chopping strike (five count thrust technique)

1 Physical Training

Multiple suspects, suspects approaching from the front, sides and rear

1 Physical Training

Review: techniques from ring, close range tactics, two handed chop, two handed elbow strike, back hand strike, combinations

with thrusts, multiple suspects

Day 4 1 Student Presentations

1 - Lecture: Baton Tactics

2 - Lecture: Principles of Defensive Tactics

1 Student Presentations

3 - Warm-up, stance, grips, positions, movements

4 - Striking zones 1-2-3-4

1 Student Presentations

5 - Distract and strike to zones 1-2-3, two handed chop, two handed elbow strike, back hand strike

6 - Two handed low defense technique: blocking a punch, kick and overhead attack with counte. Combination techniques with thrust, over hand thrust, through the forehand, chopping strike

1 Student Presentations

7 - Lower cradle technique: defense against a punch, kick and over head attack with strike and thrust counter. Block with short shaft and thrust.

8 - Upper cradle technique: strike to zones 1-2-3-4, distract & strike, defense against a punch, kick & over head attack with strike and thrust counter

1 Student Presentations

9 - Baton retention techniques: against one hand grasp to tip, two hand grasp to tip, and two hand grasp to opposite ends of the baton

10 - Close range tactics and confined spaces: block a punch and one hand strike, Yawara handle strike, from ring: draw and thrust, draw and strike, block and one hand strike from the ring with thrust follow-up, three count from the ring technique

1 Student Presentations

11 - Multiple suspects

12 - Heavy bag work

1 Overview of student presentations

Overview and review for written test

1 Physical Training

Free form exercise and Kata

## Day 5 4 Written Test and Physical Performance

### Evaluations

#### 1 Physical Training

Warm-up, free form and kata practice

#### 1 Physical Training

Air shield and heavy bag

#### 1 Performance evaluation practice by students

Review of baton techniques with  
evaluation, practice by students

#### 1 Course summary

### COURSE OBJECTIVES:

#### Instructional Techniques

1. The student will develop the skill and knowledge to teach side-handle (PR-24) baton tactics on an agency level and to develop and implement an on-going baton tactics training program within the agency.
2. The student will understand proper teaching techniques and methodology.
3. The student will be able to develop lesson plans, course outlines, inter-departmental qualifications, evaluation procedures and record system for the agency's baton tactics training program.
4. The student will be able to identify and employ proper safety procedures for baton tactics training sessions.

#### Legal Aspects and Use of Force

5. The student will understand and be able to teach laws, legal aspects, liabilities and obligations pertaining to use of force and baton tactics.

#### Principles of Defensive Tactics

6. The student will be able to identify and teach basic principles and premises of defensive tactics.

#### Baton Techniques

7. The student will learn and demonstrate the ability to teach the effective use of side-handle baton tactics.
8. The student will demonstrate the ability to determine and teach in which situations the use of the policy baton would be appropriate and/or justified.
9. The student will identify the vital body points and bone edges that constitute policy baton "target" areas. The student will identify those body points that are susceptible to lethal baton blows.
10. The student will identify those batons most commonly used by law enforcement and the limitations imposed upon their use.
11. Given a teaching assignment, the student will properly demonstrate the ability to execute and teach the following baton techniques:
  - a. foot movements which allow him/her to enter/avoid the

suspect's position.

- b. distract and strike (two count modified technique)
- c. three count from the ring
- d. two handed low defense technique
- e. five count thrust technique
- f. upper cradle technique
- g. lower cradle technique
- h. striking hand techniques
- i. close range techniques
- j. techniques and movements for multiple suspects
- k. baton retention techniques

#### Baton Demonstration

12. The student will understand and be able to teach the proper use of the side-handle baton.

13. The student will demonstrate the proper use of the side-handle baton.

14. The student will demonstrate acceptable baton techniques to be used in subduing an aggressive suspect, using proper foot work, and coordination, without losing body balance.

15. The student will demonstrate those baton techniques used to escape a suspect's aggressive grab of the officer and/or baton.

16. In a simulated situation, the student will effectively demonstrate acceptable baton techniques and foot work to be used when subduing multiple aggressive suspects without losing body balance.

#### METHODS OF INSTRUCTION:

- 1) Lecture
- 2) Demonstration
- 3) Practical application
- 4) Arres./Control simulation
- 5) Student presentation of instructional blocks
- 6) Self-evaluation via video taping
- 7) Evaluation by written exam
- 8) Physical performance

#### REPRESENTATIVE TEXTBOOKS:

Handouts

#### ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 199930

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: I

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: JLE

CSU Crosswalk Course Number: 139

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: Y

Occupational Course: B

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000456124

Sports/Physical Education Course: N

Taxonomy of Program: 210500