

**Course Outline**

**COURSE:** JLE 137                      **DIVISION:** 50                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Fall 2011                      **Inactive Course**

**SHORT TITLE:** BATON INSTRUCTOR

**LONG TITLE:** Baton Instructor Course

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
1	1	Lecture:	15	15
		Lab:	25	25
		Other:	0	0
		Total:	40	40

**COURSE DESCRIPTION:**

A straight baton instructor course designed to qualify the participant to teach Police Baton Tactics. Participants will be prepared to teach all the baton techniques that are taught in the Basic Police Academy as well as more advanced techniques including: tactics for confined spaces, close range tactics, combination techniques, tactical situations, multiple and armed suspects, and baton retention. Participants will be prepared to teach Principles of Defensive Tactics, Legal Aspects, Liability and Use of Force as related to Baton Tactics. The participant will also learn teaching techniques, methodology, record keeping and methods of performance evaluation. Instructors that complete the course will have the skills needed to implement an on-going Baton Tactics Program. This is a pass/no pass course.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. Course designed to educate and train individuals to become instructors to teach others.

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Inactive Course: 09/26/2011

DAY 1 1 Lecture - introduction, safety procedures, physical fitness: warm-up, stretching and physical conditioning

1 Lecture - Principles of defensive tactics

1 Lecture - Legal aspects, use of force, liability

1 Lecture - Baton tactics

1 Lecture - Stance, approaching the suspect, positioning, movement and body dynamics

1 Physical Training - warm-up, stance, grips, positions, drawing baton, footwork, and movement

1 Physical Training - 2 count modified technique, two hand thrust, over hand thrust, three count from the ring technique

1 Physical Training - Thrust through the forehand, chopping strike, five count thrust technique

DAY 2 1 Physical Training - Warm-up, review: stance, grips, positions, drawing the baton, footwork, and movements

1 Physical Training - Review: two count modified, three count from the ring, and five count thrust techniques

1 Physical Training - two handed low defense technique: blocking punch kick and over head attack with thrust counter

1 Physical Training - upper cradle technique: swinging and jabbing strikes, defense against a punch, kick and over head attack with strike and thrust counter

1 Physical Training - warm-up, lower cradle technique: thrust and swinging strike, defense against a punch, kick and overhead attack with strike and thrust counter

1 Physical Training - baton retention techniques: against one hand grasp to tip, two hand grasp to tip, and two hand grasp to opposite ends of the baton

1 Physical Training - Review of all baton techniques

1 Physical Training - work on heavy bag

DAY 3 1 Lecture - Instructional techniques, developing lesson plans

1 Lecture - Methodology of presenting techniques, record keeping and qualifications by

instructors

1 Physical Training - Review baton techniques:  
two count modified, three count from the ring,  
five count thrust, two handed low defense,  
upper cradle and lower cradle

1 Physical Training - Review: baton retention  
techniques, techniques from the ring: draw  
and thrust, draw and strike, block and one  
hand strike from ring with thrust follow-up

1 Physical Training - Warm-up, close range tactics  
and confined spaces: upper cradle; block a  
punch and strike to elbow. Lower cradle; thrust  
with butt, block a punch and single handed  
strike, block and two handed thrust

1 Physical Training - Striking zones 1, 2, 3 and 4.  
Distract and strike. Back hand strike

1 Physical Training - Multiple suspects. Suspects  
approaching from the front, sides and rear

1 Physical Training - Review: techniques from the  
ring, close range and confined space tactics,  
striking zones 1, 2, 3, 4, multiple suspects,  
and suspects approaching from sides and the  
rear. Assign teaching blocks.

DAY 4 1 Student Presentations

1 - Lecture: Baton tactics

2 - Lecture: Principles of defensive tactics

1 Student Presentations

3 - Warm-up, stance, grips, positions,  
movements

4 - two count modified, three count from the  
ring, five count thrust technique

1 Student Presentations

5 - two handed low defense technique, two  
handed block and thrust from lower cradle

6 - upper cradle techniques: jab, swinging  
strike, defense against punch, kick and  
overhead attack, draw from the ring and  
strike

1 Student Presentations

7 - lower cradle techniques: thrust, swinging  
strike, defense against punch, kick and  
overhead attack, draw from the ring and  
thrust

8 - Baton retention techniques: one hand grasp  
to tip, two had grasp to tip, two hands to  
opposite ends

1 Student Presentations

9 - Close range tactics and confined spaces:

upper cradle; block a punch and strike.

Lower cradle; thrust with butt, block a punch and single hand strike, block and two handed strike, block and one hand strike from the ring and thrust

10 - Striking zones 1-2-3-4

1 Student Presentations

11 - Multiple suspects

12 - Heavy bag work

1 Overview of student presentations

Overview and review for written test

1 Physical training

Free form exercise and kata

DAY 5 4 Written test and physical performance evaluations

1 Physical training

warm-up, free form and kata practice

1 Physical training

air shield and heavy bag

1 Performance evaluation practice by students

Review of baton techniques with evaluation

practice by students

1 Course summary

COURSE OBJECTIVES:

INSTRUCTIONAL TECHNIQUES

1. The student will develop the skill and knowledge to teach baton techniques on an agency level and to develop and implement an on-going baton tactics training program within the agency.

2. The student will understand proper teaching techniques and methodology.

3. The student will be able to develop lesson plans, course outlines, inter-departmental qualifications, evaluation procedures and record system for the agency's baton tactics training program.

4. The student will be able to identify and employ proper safety procedures for baton tactics training sessions.

LEGAL ASPECTS AND USE OF FORCE

5. The student will understand and be able to teach laws, legal aspects, liabilities and obligations pertaining to use of force and baton tactics.

PRINCIPLES OF DEFENSIVE TACTICS

6. The student will be able to identify and teach basic principles and premises of defensive tactics.

BATON TECHNIQUES

7. The student will learn and demonstrate the ability to teach the effective use of baton tactics.

8. The student will demonstrate the ability to determine and teach in which situations the use of the police baton would

be appropriate and/or justified.

9. The student will identify the vital body points and bone edges that constitute police baton 'target' areas. The student will identify those body points that are susceptible to lethal baton blows.

10. The student will identify those batons most commonly used by law enforcement and the limitations imposed upon their use.

11. Given a teaching assignment, the student will properly demonstrate the ability to execute and teach the following baton techniques:

- a. foot movements which allow him/her to enter/avoid the suspect's position
- b. two count modified technique
- c. three count from the ring
- d. two handed low defense technique
- e. five count thrust technique
- f. upper cradle technique
- g. lower cradle technique
- h. striking hand techniques
- i. close range techniques
- j. techniques and movements for multiple suspects
- k. baton retention techniques

#### **BATON DEMONSTRATION**

12. The student will understand and be able to teach the proper use of the baton.

13. The student will demonstrate the proper use of the baton.

14. The student will demonstrate acceptable baton techniques to be used in subduing an aggressive suspect, using proper footwork, and coordination, without losing body balance.

15. The student will demonstrate those baton techniques used to escape a suspect's aggressive grab of the officer and/or baton.

16. In a simulated situation, the student will effectively demonstrate acceptable baton techniques and footwork to be used when subduing multiple aggressive suspects without losing body balance.

#### **METHODS OF INSTRUCTION:**

- 1) Written test
- 2) Physical Performance Evaluation
- 3) Evaluation of Student Instructional Presentations

#### **REPRESENTATIVE TEXTBOOKS:**

Handouts

#### **ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:  
IGETC:  
CSU TRANSFER:  
Transferable CSU, effective 199270  
UC TRANSFER:  
Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N  
Classification: I  
Noncredit Category: Y  
Cooperative Education:  
Program Status: 1 Program Applicable  
Special Class Status: N  
CAN:  
CAN Sequence:  
CSU Crosswalk Course Department: JLE  
CSU Crosswalk Course Number: 137  
Prior to College Level: Y  
Non Credit Enhanced Funding: N  
Funding Agency Code: Y  
In-Service: Y  
Occupational Course: B  
Maximum Hours:  
Minimum Hours:  
Course Control Number: CCC000456122  
Sports/Physical Education Course: N  
Taxonomy of Program: 210500