

Course Outline

COURSE: JLE 135 **DIVISION:** 50 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2016 **CURRICULUM APPROVAL DATE:** 09/28/2015

SHORT TITLE: DEFENSIVE TACTICS INSTRUCTOR

LONG TITLE: Defensive Tactics Instructor

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
1 TO 2	18	Lecture:	.45 TO 1	8.1 TO 18
		Lab:	1.77 TO 3.57	31.86 TO 64.26
		Other:	0	0
		Total:	2.22 TO 4.57	39.96 TO 82.26

COURSE DESCRIPTION:

This is a 40 - 80 variable unit course that meets the training requirements of The Commission on Peace Officers Standards and Training (P.O.S.T.). It covers Control Techniques, Weapon Retention, Legal Issues, plus topics designed to provide training for currently employed law enforcement officials to become instructors in defensive tactics. This course may be replaced for new content, ongoing training or updating. This course is a pass/no pass course. **ADVISORY:** Employed as a law enforcement official.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Demonstrate proper safety procedures in use of force, defensive tactics, arrest and control techniques and verbal communication.

Measure: Demonstration, Performance

PLO: 1,2,7

ILO: 1,2,7

GE-LO:

Year assessed or anticipated year of assessment: 2015

2. Demonstrate proper procedures for handcuffing, search techniques, control holds, takedowns and de-escalation techniques dealing with resistance from a suspect.

Measure: Demonstration, Performance

PLO: 1,2,6

ILO: 1,2,3

GE-LO:

Year assessed or anticipated year of assessment: 2015

3. Review department's Use of Force policies, and state and federal laws for Use of Force.

Measure: Oral report, Group discussion, written report

PLO: 1,2,3

ILO: 1,2,3

GE-LO:

Year assessed or anticipated year of assessment: 2015

4. Review proper teaching techniques and methodology to improve skills in developing lesson plans, course outlines, evaluation procedures and record keeping system. Administer a quiz you have developed regarding these skills.

Measure: Discussion, Skills Performance

PLO: 2,6,7

ILO: 2,6,7

GE-LO:

Year assessed or anticipated year of assessment: 2015

5. Develop a lesson plan to include a take down after finding a weapon and demonstrate the one-on-one procedure.

Measure: demonstration, written report

PLO: 3, 7

ILO: 3, 7

GE-LO:

Year assessed or anticipated year of assessment: 2015

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 09/28/2015

1 Hours

CONTENT: Course Content (Write topic outline clarifying how students are led to reach objectives stated in #14.)

40 - 80 Hours Course

(Lec 14 - 28 Lab 26 - 52)

I. Introduction/Registration

A. Registration

B. Introduction

- C. Course Outline
 - 1. Course objectives
 - a. Self-Protection
 - b. Safe mechanics of Arrest Procedures
 - c. Instilling Confidence
 - d. Threat Awareness
 - 2. Completion requirements
 - a. Instructors expectations of students
 - b. Testing procedures
 - 3. Safety Briefing
 - a. Equipment
 - b. Injury/Pain recognition

STUDENT PERFORMANCE OBJECTIVES (SPO): The student will develop a greater understanding of proper teaching techniques and methodology.

2 Hours

CONTENT:II. Introduction to Defensive Tactics

- A. Administrative and legal issues
 - 1. 835a PC
 - 2. Tennessee Vs. Garner
 - 3. Graham Vs. Connor
 - 4. Force Options/Continuum
 - 5. G/O K-1 USE OF FORCE (CDPD Officers only)
 - 6. Report writing and documentation
- B. Defensive Tactics Dynamic (chart)

SPO: The student will update understanding and the ability to teach current legal aspects, liabilities, and obligations pertaining to use of force and defensive tactics.

2 Hours

CONTENT:III. Introduction to balance, stances, and movement

- A. Balance
 - 1. Center of Balance
 - 2. Breathing
- B. Stances
 - 1. Interview
 - 2. Self-Defense
- C. Movement
 - 1. Forward and rear shuffle
 - 2. Side Step
 - 3. Pivots
- D. Positioning
 - 1. Quadrant System
 - a. Principles of masking, cross-fire, cover and concealment
- E. Integration of Firearm
 - 1. Movement with firearm at:
 - a. Hip
 - b. Depressed muzzle
 - c. Low ready
 - d. On threat

SPO: The student will identify and teach basic principles and premises of defensive tactics.

4 Hours

CONTENT:IV. Introduction to restraining devices and basic handcuffing

- A. General rules of Handcuff application
- B. Nomenclature and mechanical function
- C. Handcuff set up and deployment
- D. Handcuffing techniques for compliant subjects
 - 1. Standing handcuff application
 - a. Top hand twist lock control
- E. Handcuffing techniques for non-compliant subjects
 - 1. Standing handcuff application
 - a. Inverted rear wrist control
 - b. Standing inverted rear wrist to kneeling control
 - 2. Kneeling handcuff application
 - a. Top hand twist lock control
 - 3. High Risk Prone control
- F. Team handcuffing procedures
 - 1. Standing top hand control
 - 2. Standing inverted rear wrist lock and top hand control
- G. Multiple subject handcuffing procedures
 - 1. Principles of approach
 - a. Responsibilities of contract/cover officer(s)
 - 2. Handcuffing formations
 - a. Horizontal line
 - b. Vertical line
 - c. Forward triangle
 - d. Rear triangle
- H. Other restraint devices
 - 1. Nylon flex cuffs, Bodyguard restrain system

SPO: The student will identify the most common limitations imposed by law enforcement agencies regarding the use of restraint devices.

2 Hours

CONTENT:V. Review

SPO:

4 Hours

CONTENT:VI. Introduction to physical control techniques

- A. Twist lock
 - 1. Top hand control
- B. Rear Wrist lock
 - 1. Transition to inverted
 - 2. Come along technique
- C. Side wrist lock
- D. Bar Hammer lock

SPO: The student will be able to demonstrate and teach physical control techniques.

2 Hours

CONTENT:VII. Review

SPO:

2 Hours

CONTENT:VIII. Searches

- A. Control grip
- B. Search pattern

SPO: The student will demonstrate the principles and methods of searching a person.

4 Hours

CONTENT: IX. Ground Defense Procedures-Purpose

- A. Falling
 - 1. Front
 - 2. Rear
 - 3. Side
 - 4. Rear
 - 5. Recovery techniques
- B. Shrimping-Defense against body to body contact
- C. Ground Defense Position
 - 1. Personal body weapons for group defense
- D. Seven Points of Defense
- E. Escapes
 - 1. Top control position (mount)
 - 2. Headlock
- F. Practical application
 - 1. Ground sparring
 - 2. Drill on personal body weapons and escapes SPO: The student will demonstrate defense procedures and escape methods.

4 Hours

CONTENT:X. Introduction to control movements-resisting or combative subjects

- A. Take down front
 - 1. Reverse wrist take down
 - 2. Bent arm take down
- B. Take down-position of advantage
 - 1. Arm bar take down
 - 2. Hair pull/forehead take down
- C. Two Officer take down
 - 1. Double leg trip to prone control

SPO: The student will demonstrate and teach several take-down tactics.

4 Hours

CONTENT:XI. Weapon Retention and take away

- A. Lecture
 - 1. Introduction to weapon retention/take away
 - 2. Equipment concerns
 - 3. Force options
- B. Gun Retention Techniques
 - 1. Holstered weapon
 - a. Front and back
- C. Dual possession
- D. Gun take away
 - 1. Front
 - a. One and two hand
 - 2. Rear
 - a. One and two hand

SPO: Given an exercise, the student will demonstrate weapon's retention from grasps from front and rear.

4 Hours

CONTENT:XII. Introduction to impact weapons-straight baton

- A. Description
 - 1. Size, material composition
- B. Nomenclature
- C. Baton draws
 - 1. Collapsible baton draw
 - 2. Straight draw from the ring
- D. Grips
 - 1. Single hand grip
 - 2. Two hand grip
- E. Baton carries
 - 1. One hand ready position
 - 2. Two hand ready position
 - 3. One hand striking position
 - 4. Two hand striking position
- F. Striking position
 - 1. Interview/interrogation position
 - 2. Ready position
 - 3. Striking position
- G. Rules of Employment
 - 1. Strike enhancement
- H. Striking Techniques
 - 1. Single hand strike
 - 2. Two hand strike
 - 3. Butt stroke
 - 4. Vertical Stroke
- I. Target Selection-intermediate lever of force
 - 1. Avoided areas-Strikes are not intentionally directed at these areas unless lethal force is justified
 - a. Head
 - b. Neck
 - c. Internal Organs
 - d. Genitals
 - e. Spinal Column
 - 2. Target areas
- J. Baton retention
- K. Defense against physical assault/compliance recognition
- L. Redman suit drill

SPO: Students will select/analyze the proper strike techniques used with the baton. 2 Hours

XIII. Review

2 Hours

XIV. Physical Skills Testing

1 Hours

XV. Written Test 1 Hours

CONTENT:XVI. Class Evaluating and closing comments 1 Hours

Final

METHODS OF INSTRUCTION:

Lecture, demonstration, role playing, practical exercises, group discussion, and problem solving.

METHODS OF EVALUATION:

CATEGORY 1 - The types of writing assignments required:

Percent range of total grade: 10 % to 15 %

Written Homework

If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason
Course primarily involves skill demonstration or problem solving

CATEGORY 2 -The problem-solving assignments required:

Percent range of total grade: 40 % to 50 %

Exams

Other: Student and Instructor evaluations

CATEGORY 3 -The types of skill demonstrations required:

Percent range of total grade: 40 % to 60 %

Class Performance/s

Performance Exams

CATEGORY 4 - The types of objective examinations used in the course:

Percent range of total grade: 0 % to %

REPRESENTATIVE TEXTBOOKS:

Instructor Handouts

Reading level of text: 12th grade Verified by: Doug Achterman

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 199270

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:
CSU Crosswalk Course Department: JLE
CSU Crosswalk Course Number: 135
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: B
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000524688
Sports/Physical Education Course: N
Taxonomy of Program: 210500