

Course: GUID 251 Division: 10 Also Listed As:

Term Effective: 201030, INACTIVE COURSE

Short Title: COLLEGE SURVIV SKLS

Full Title: College Survival Skills

<u>Contact Hours/Week</u>	<u>Units</u>	<u>Number of Weeks</u>	<u>Total Contact Hours</u>
Lecture: 1	1	17.34	Lecture: 17.34
Lab: 0			Lab: 0
Other: 0			Other: 0
Total: 1			Total: 17.34

Credit Status: D - Credit - Degree Applicable

Grading Modes: P - Pass/No Pass

Repeatability: Repeatability: N - Course may not be repeated

Schedule Types: 02 - Lecture and/or discussion

Course Description:

A course designed to assist students to adjust to the college environment and the learning process. This course will concentrate on the personal and academic skills necessary for educational success. this is a pass/no pass course.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

PREREQUISITES:

COREQUISITES:

STUDENT LEARNING OUTCOMES:

1. To become aware of personal goals and how to achieve them through post-secondary education.
2. To learn the AA/AS degree and graduation requirements.
3. To learn the transfer requirements for the US and CSU systems.
4. To learn the vocational educational offerings available.
5. To become acquainted with college services, both support and instructional.
6. To develop study and learning skills.
7. To teach the student how to learn independently, in traditional or non-traditional modes.
8. To help the student develop self-discipline, confidence, and maturity in the education setting.

TOPICS AND SCOPE:

Inactive Course: 02/22/2010

1 2 Introduction & Course Review Icebreaker-Introduction exercise. Review college catalog, class schedule, registration process, add/drop procedure, services available on campus.

2 2 Lecture: Chapter 1 - First step to change. Explain how to utilize the Discovery and Intention journal. Class exercise: Students will choose 6 qualities of the Master Student listed in Chapter 1, pages 30, 31, & 32 -Which they feel are most important. The students will then divide into groups and share in group those that they choose & why they felt those were important.

3 2 Lecture on Time Management. Read hand-out on tips on saving time and discuss in class. Students will review their time, monitor and will decide if they need to make changes on how they spend their time.

4 2 Lecture on Memory. TEST on Chapter 1, 2, & 3 (test will include true/false questions, multiple choice & essay questions).

5 2 English 220 (Reading improvement instructor) comes to class to explain the SQ3R reading method. Lecture on Chapter 4 reading.

6 2 Lecture on note-taking. I will give a lecture on stress management and students will be asked

to take notes and submit them at the end of the hour.

7 2 We will read & discuss handouts on how to answer true/false questions, discuss absolute statements. Handout on test-taking strategies. We will review this handout in class.

8 2 Lecture: How to answer Essay questions. Students will be given an essay question to answer in class and we will discuss these in class. Library visit the class will meet at the library where the Librarian will explain how to utilize the card catalog, Reader's Periodical Guide to literature & where to locate material.

9 2 English instructor comes to class to provide students with information on how to write a term paper.

FINAL EXAM: (will consist of true/false questions multiple choice & essay questions.)

Each week the student will read appropriate chapters and complete assigned exercises commensurate with the one to two ratio, lecture-out-of-class standard.

COURSE OBJECTIVES:

1. To allow students to become familiar with one another.
2. To obtain a better understanding of certificate and Associate Degree requirements. Learn how to use the college catalog.
3. The Discovery Wheel will assist the students in discovering their strength & weaknesses.
4. To learn the important qualities of The Master Student. Students can begin to feel comfortable sharing ideas.
5. Students will learn the definition of time management. They will learn time saving techniques, and learn how to develop a study schedule.
6. Students will develop a time plan that allows the necessary amount of study time.
7. Students will learn the difference between shortterm/long term memory. Learn memory techniques (ie) creating associations, recitation, mnemonic devices. Learn how attitude can affect the ability to remember.
8. Students will learn the steps to SQ3R and how to utilize this to improve their reading comprehension.
9. Students will learn how to deal with tough reading material. Students will learn how to handle daydreaming during lectures.

METHODS OF INSTRUCTION:

Lecture, class discussion, audio-visual presentations and small group interaction.

REPRESENTATIVE TEXTBOOKS:

^u"The Master Student"^^s, a Gavilan College catalog, and a schedule of classes.

Reading Level: determined to be ___7th_ grade by _____

Other Materials Required to be Purchased by the Student:

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: B
Noncredit Category: Y
Cooperative Education:
Program Status: 2 Stand-alone
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department:
CSU Crosswalk Course Number:
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000315321
Sports/Physical Education Course: N
Taxonomy of Program: 493011