Course Outline

COURSE: COS 201  DIVISION: 50  ALSO LISTED AS:  
TERM EFFECTIVE: Spring 2019  CURRICULUM APPROVAL DATE: 11/13/2018

SHORT TITLE: INTERMEDIATE COSMO  
LONG TITLE: Intermediate Cosmetology

<table>
<thead>
<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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</thead>
<tbody>
<tr>
<td>12</td>
<td>18</td>
<td>Lecture: 5</td>
<td>Lecture: 90</td>
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<td></td>
<td></td>
<td>Lab: 21</td>
<td>Lab: 378</td>
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<td></td>
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<td>Other: 0</td>
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<td>Total: 26</td>
<td>Total: 468</td>
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COURSE DESCRIPTION:  
Extended studies and techniques in tinting, bleaching, permanent waving, soft perming, chemical straightening, pedicuring, waxing, and shaping and styling. PREREQUISITE: Successful completion of Cosmetology 200 with a grade of ‘C’ of better. ADVISORY: Eligible for English 1A and competency at the Intermediate Algebra Level.

PREREQUISITES:  
Completion of COS 200, as UG, with a grade of C or better.

COREQUISITES:  
CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES  
L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:  
02 - Lecture and/or discussion  
03 - Lecture/Laboratory  
04 - Laboratory/Studio/Activity  
04A - Laboratory - LEH 0.65

STUDENT LEARNING OUTCOMES:  

11/13/2018
1. Perform artificial enhancement on clients nails utilizing safety and disinfection procedures.
   Measure: demonstration, role playing, practical exam, written exam
   PLO: 1,3
   ILO: 7,2,1,4
   GE-LO:
   Year assessed or anticipated year of assessment: 2014-15

2. Perform proper wet styling techniques utilizing pincurls, fingerwave and rolling procedures.
   Measure: written exam, practical exam, demonstration
   PLO: 1
   ILO: 7,2,1,4
   GE-LO:
   Year assessed or anticipated year of assessment: 2014-15

3. Perform hair lightening services, following safety and sanitary procedures, based on a client's needs.
   Measure: demonstration, role playing, practical exam, written exam
   PLO: 1,2
   ILO: 7,2,1,4
   GE-LO:
   Year assessed or anticipated year of assessment: 2014-15

4. Demonstrate chemical texture services, utilizing curl restructuring techniques, based on a clients needs.
   Measure: demonstration, oral exam, written exam, practical exam
   PLO: 1,2
   ILO: 7,2,1,4
   GE-LO:
   Year assessed or anticipated year of assessment: 2014-15

PROGRAM LEARNING OUTCOMES:
After completing the Degree or Certificate of Achievement for Cosmetology, students will:
1. Complete the State Board of Barbering and Cosmetology Examination for licensure and employment.
2. Diagnose and apply the proper chemicals needed to perform hair restructuring services (e.g. perming, coloring, relaxing).
3. Analyze and treat nail irregularities and perform manicures and pedicures.
4. Diagnose skin condition and perform skin treatments while administering facial and other skin services.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS
Curriculum Approval Date: 11/13/2018
5 lecture 21 lab Hours
10 Hours
CONTENT: Introduction to course. Information provided on opportunities available in the field of cosmetology, both in job satisfaction and financial stability. Presentation on the state rules and regulations. Material presented on chemical waving.
STUDENT PERFORMANCE OBJECTIVES (SPO): Explain the state rules and regulations governing the field of cosmetology. Discuss the various chemical products used in permanent waving. They will be able to select the proper chemical application based on the perm. They will demonstrate sectioning and wrapping for perms and select the proper rod size.
25 Hours
CONTENT: Lecture: On hair coloring, including learning how to understand color concepts, color control, and the application of color. The procedures for appropriate bleaching, frosting, and painting will be presented. Information on the proper usage of fillers for dye-back applications will be provided.
SPO: Discuss the concepts of hair coloring. Differentiate between a one step and a two step hair coloring.

10 Hours
CONTENT: Hair styling will be presented.
This will include: pin curl construction - learning how to construct a pin curl and its parts (base, stem, and circle); stand-up curls, semi-standup curls, and barrel curls and learning the effects and techniques for each; and wet styling, including reviewing roller placement, pivot point setting, and various pin curl and styling techniques.
SPO: Discuss how to construct a pin curl and its parts. Explain the styling effects they create. Discuss the use of rollers and the effects that can be created with them.

10 Hours
CONTENT: Artificial Nails - Demonstrate nail wrap procedure, nail tips procedure/sculpture nail.
SPO: Describe how to apply advanced nail techniques on form and powder application and nail care for fill service. State the importance of sanitary and safety measures.

5 Hours
CONTENT: Lecture: On pedicuring, including how to properly care for the feet, toes, and toenails and how to improve personal appearance and add comfort to the feet. Presentation on abnormal foot conditions and infectious diseases. Knowing what foot conditions are best treated by a qualified podiatrist and knowing when the client should be referred to a physician for medical help will be discussed. On waxing, including what contraindications to look for before applying wax.
SPO: Recognize abnormal foot conditions and infectious diseases. Explain what foot conditions are best treated by a qualified podiatrist and when the client should be referred to a physician for medical help. Explain what contraindications to look for before applying wax.

10 Hours
CONTENT: Chemical straightening will be presented, including how to permanently rearrange the basic structure of over-curlly hair into a relaxed form. The use of two types of relaxer - ammonium thioglycolate and sodium hydroxide - will be discussed.
SPO: Recognize the difference between "thio" relaxers and sodium hydroxide relaxers. Explain the theory of what takes place within hair when chemical products are used.

9 Hours
CONTENT: Lecture: Soft curl permanent waving. Learning a method of permanently waving hair, including the cautions and procedures, will be presented. Different soft curl permanent products will be discussed.
SPO: Describe the procedures for a soft curl permanent. Discuss safety precautions for a soft curl perming.

9 Hours
CONTENT: Lecture: On hair treatment, including learning the importance of using various conditioners and reconstructors for the purpose of preserving the health of the hair and the scalp.
SPO: Explain the difference between conditioners and reconstructors.

2 Hours

METHODS OF INSTRUCTION:
Lecture, Demo, Classroom activity.

OUT OF CLASS ASSIGNMENTS:
Out of Class Assignments
Required Outside Hours: 20
Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read appropriate textbook chapter and answer the questions at the end of the chapter. Review handouts and study notes. Written assignments on the concepts and principles of chemical waves.

Required Outside Hours: 50

Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read chapter relating to hair coloring and make a "basic law of color" chart. Experiment making six color swatches (further instructions will be given on date of assignment). Written assignments on the concepts and principles of hair coloring.

Required Outside Hours: 20

Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read appropriate textbook chapter and answer the questions at the end of the chapter. Review handouts and study notes. Written assignments on the concepts and principles of hair styling.

Required Outside Hours: 20

Assignment Description: Assignments: Read chapters on artificial nails. Complete practical and theory workbook and required operations.

Required Outside Hours: 10

Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read appropriate chapter and answer questions at the end of the chapter relevant to pedicuring and to waxing techniques. Practice pedicuring procedures.

Required Outside Hours: 20

Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read appropriate textbook chapter. Complete assignment sheet and answer questions at the end of the chapter. Review class notes and handouts. Written assignments on the concepts and principles of chemical straightening.

Required Outside Hours: 10

Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read chapter on soft curl permanent waving. Study handouts. Review class notes and questions at the end of the chapter. Essay on the concepts and principles of related subject matter.

Required Outside Hours: 10

Assignment Description: OUT-OF-CLASS ASSIGNMENTS: Read chapter on scalp and hair care and study class handouts. Review class notes. Written assignments on the concepts and principles of subject matter.

Required Outside Hours: 20

Assignment Description: Assignments: Study for all practical and written exams.

METHODS OF EVALUATION:

Writing assignments
Percent of total grade: 30.00 %

Percent range of total grade: 30 % to 60 % Written Homework; Lab Reports; Essay Exams. If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason: Course primarily involves skill demonstration or problem solving

Skill demonstrations
Percent of total grade: 30.00 %

Percent range of total grade: 30 % to 60 % Class Performance/s; Field Work; Performance Exams

Objective examinations
Percent of total grade: 20.00 %

REPRESENTATIVE TEXTBOOKS:

Required Representative Textbooks

Reading Level of Text, Grade: Reading level of text, Grade: 12 Verified by: Verified by:Dana Young

ARTICULATION and CERTIFICATE INFORMATION
Associate Degree:
CSU GE:
IGETC:
CSU TRANSFER:  Not Transferable
UC TRANSFER:  Not Transferable

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department:
CSU Crosswalk Course Number:
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: B
Maximum Hours:
Minimum Hours:
Course Control Number: CCC00380367
Sports/Physical Education Course: N
Taxonomy of Program: 300700