

### Course Outline

**COURSE:** COS 200                      **DIVISION:** 50                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Fall 2020                      **CURRICULUM APPROVAL DATE:** 06/09/2020

**SHORT TITLE:** BEGINNING COSMO

**LONG TITLE:** Beginning Cosmetology

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
12	18	Lecture:	5	90
		Lab:	21	378
		Other:	0	0
		Total:	26	468

**COURSE DESCRIPTION:**

Fundamental principles of the science/art of beauty culture including hair design, chemical services and cosmetic therapy. **ADVISORY:** Eligible for English 1A and competency at the Intermediate Algebra Level.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

L - Standard Letter Grade

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

**STUDENT LEARNING OUTCOMES:**

1. Demonstrate the techniques of haircutting and styling on mannequins.

ILO: 7,2,5,4,1

Measure: role play, performance

Year assessed, or planned year of assessment: 2014

2. Develop and apply the correct manicure procedure on a model.

ILO: 2,7,1,5,4

Measure: demonstration, role play, written exam

Year assessed, or planned year of assessment: 2014

3. Based on skin conditions, develop a facial and the corresponding make-up customized for the individual.

ILO: 7,2,1,5,4

Measure: written exam, demonstration

Year assessed, or planned year of assessment: 2014

4. Based on an individual's needs; analyze, select and apply the proper chemicals.

ILO: 2,7,1,4

Measure: demonstration, oral exam, written exam

Year assessed, or planned year of assessment: 2014

**PROGRAM LEARNING OUTCOMES:**

After completing the Degree or Certificate of Achievement for Cosmetology, students will:

1. Complete the State Board of Barbering and Cosmetology Examination for licensure and employment.
2. Diagnose and apply the proper chemicals needed to perform hair restructuring services (e.g. perming, coloring, relaxing).
3. Analyze and treat nail irregularities and perform manicures and pedicures.
4. Diagnose skin condition and perform skin treatments while administering facial and other skin services.

**CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 06/09/2020

5 lecture, 21 lab Hours

5 Hours

Content: Introduction and Orientation to Gavilan College Cosmetology. State Cosmetology Rules and Regulations. Develop classroom statement, career and goal planning.

Student Performance Objectives: Explain the proper tool use, proper sectioning and table set-up for hair-cutting. Describe cosmetology rules and regulations.

10 Hours

Content: Trichology

- a) Properties of hair.
- b) Characteristics of hair.
- c) Growth patterns.
- d) Disorders of the hair and scalp.

Student Performance Objectives: Explain the solid form, diagonal back solid form and increased layering haircuts, with emphasis on proper elevations, tool use and safe and sanitary procedures. Discuss how to apply proper techniques when styling hair while following safe and healthy procedures.

10 Hours

Content:

Bacteriology -

- a) Pathogenic Bacteria
- b) Non-Pathogenic Bacteria

Sterilization and Sanitation -

- a) Physical Sanitation
- b) Chemical Sanitation

Student Performance Objectives: Explain the preparation of a disinfectant solution. Identify the five basic nail shapes and discuss how to perform a plain manicure. Discuss the uses and benefits of various types of conditioners and describe general hair and scalp treatments.

5 Hours

Content:

Introduction to Dermatology and Onychology -

- a) History of skin
- b) Function of skin
- c) Nail structure
- d) Disorders and diseases

Facials -

- a) Facial preparation
- b) Implements and supplies
- c) Facial massage
- d) Skin analysis

Student Performance Objectives: Describe the structure and composition of the skin, list the function of the skin and define important terms relating to skin disorders. Describe the five main categories of professional skin care products, explain the different types of massage movements.

5 Hours

Content: State Board Rules and Regulations -

- a) Cosmetology Act
- b) Performance Criteria

Introduction to material safety, data sheets, environmental health and safety agencies.

Student Performance Objectives: Describe the different types of cosmetics and their uses and list safety measures for make-up application. Describe the elements of a client consultation for hair removal and list safety measures during an eyebrow arching procedure.

5 Hours

Content: Lecture Test -

- a) Trichology
- b) Bacteriology
- c) Sterilization and Sanitation
- d) Rules and Regulations
- e) Cosmetology Act
- f) Onychology
- g) Dermatology

Student Performance Objectives: Participate in all exams with a goal of at least a 75% score or better.

10 Hours

Content: Introduction and Practical State Board color application. Hair coloring.

- a) Color theory.

- b) Types of hair color and uses.
- c) Patch testing, strand testing.
- d) Procedures.

Student Performance Objectives: Explain the proper State Board color application. Discuss the required health and safety standards.

5 Hours

Content:

Anatomy -

- a) Cell Metabolism
- b) Osteology
- c) Mythology

Fundamentals of Hair-cutting -

- a) Uniform haircut design.
- b) Sectioning, 90 degree elevation.

Student Performance Objectives: Describe cells, their structure and their reproduction. Define tissue found in the body as well as explain the functions of the ten main body systems.

5 Hours

Content: Wet Hair Styling -

- a) Face Shapes
- b) Volume and Indentations
- c) Shaping
- d) Pin-curls
- e) Roller placements

Student Performance Objectives: Describe the techniques of finger waving, roller setting, pin-curls and comb-outs.

5 Hours

Content: Lecture Tests -

- a) Anatomy
- b) Color Theory
- c) Wet Hair styling Theory
- hydrogen bonds
- facial structures
- hair charm characteristics

Student Performance Objectives: Complete the required tests with at least a 75% grade.

10 Hours

Content: Permanent Waving -

- a) Sectioning
- straight back
- double halo
- b) Wrapping
- c) Spiral Wrap
- d) Permanent wave application

Student Performance Objectives: List the factors of a hair analysis for a chemical wave and explain the physical and chemical wave action that take place during permanent waving,

5 Hours

Content: State Board Procedure for Practical Services -

- a) Sanitize
- b) Table set-up
- c) Client protection

Student Performance Objectives: Identify the skills/techniques to determine where additional practice is needed.

8 Hours

Content: Lecture Test

Student Performance Objectives: Identify their strengths and weaknesses and determine where additional work is required.

2 Hours

Final

### **METHODS OF INSTRUCTION:**

Lecture, demonstrations, guest speakers, audio visual presentations, student participation with mannequin and model, practical applications.

### **OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours: 10

Assignment Description: Assignment: Read chapters on cosmetology history and opportunities and like skills. Complete all theory workbook assignments.

Required Outside Hours: 20

Assignment Description: Assignment: Read chapters on trichology and hair-styling. Perform all practical and theory workbook assignments.

Required Outside Hours: 20

Assignment Description: Assignments: Read chapter on bacteriology sterilization and sanitation. Complete practical and theory workbook on designated subject. Read chapter on manicuring, complete practical workbook on designated subject. Read chapter on scalp treatment. Complete practical workbook on designated subject.

Required Outside Hours: 10

Assignment Description: Assignments: Read chapter on onychology and skin and facials. Complete theory and practical workbook on designated subject.

Required Outside Hours: 10

Assignment Description: Assignments: Read chapters on rules and regulations, Cosmetology Act performance criteria, make-up and eyebrow arching. Complete theory and practical workbook on designated subjects.

Required Outside Hours: 10

Assignment Description: Assignment: Review all subjects for theory and practical examinations.

Required Outside Hours: 20

Assignment Description: Assignments: Read chapter on hair coloring, perform all practical and theory assignments. Procedure a color wheel review handouts. Read chapters on application on virgin tint to darken. Perform all practical and theory workbook assignments.

Required Outside Hours: 10

Assignment Description: Assignments: Read chapter on hair-cutting and anatomy and perform all practical and theory workbook assignments.

Required Outside Hours: 10

Assignment Description: Assignment: Read chapter on hair styling and complete practical workbook on designated subject.

Required Outside Hours: 10

Assignment Description: Assignment: Review all designated subjects. Study for exams.

Required Outside Hours: 20

Assignment Description: Assignment: Read chapter on permanent waving, complete theory and practical workbook on designated subject.

Required Outside Hours: 10

Assignment Description: Assignment: Review all designated subjects.

Required Outside Hours: 20

Assignment Description: Assignment: Review all material in preparation for exams.

**METHODS OF EVALUATION:**

Writing assignments

Percent of total grade: 30.00 %

30% - 60% Written homework; Lab reports; Essay exams

Skill demonstrations

Percent of total grade: 30.00 %

30% - 60% Class performance; Field work; Performance exams

Objective examinations

Percent of total grade: 20.00 %

20% - 40% Multiple choice; True/false; Matching items; Other: Essay.

**REPRESENTATIVE TEXTBOOKS:**

Required Representative Textbooks

Milady. Milady Standard Cosmetology Practical Workbook. CENGAGE Learning, 2016.

Reading level of text, Grade: 12 Verified by: Dana Young

Milady. Milady Standard Cosmetology textbook. CENGAGE Learning, 2016.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000327729

Sports/Physical Education Course: N

Taxonomy of Program: 300700