

Course Outline

COURSE: CD 23 **DIVISION:** 50 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2020 **CURRICULUM APPROVAL DATE:** 06/09/2020

SHORT TITLE: INDEPENDENT STUDY

LONG TITLE: Independent Study

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
1 OR 2	18	Lecture:	0	0
		Lab:	0	0
		Other:	3 OR 6	54 OR 108
		Total:	3 OR 6	54 OR 108

COURSE DESCRIPTION:

Designed to afford selected students specialized opportunities for exploring areas at the independent study level. The courses may involve extensive library work, research in the community, or special projects. May be repeated three times or until six units of credit are accrued. This course has the option of a letter grade or pass/no pass. **REQUIRED:** The study outline prepared by the student and the instructor must be approved by the department and the dean.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 6 times, 6 credit hours

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 05 - Hybrid
- 40 - Directed/Independent Study
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed

STUDENT LEARNING OUTCOMES:

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

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10 Hours Discussion of course requirements and expectations of the class. Stretching and conditioning drills will be introduced. Students who repeat the class will be provided with a leadership opportunity by the instructor. SPO: Students will demonstrate proper stretching and warm-up techniques.

30 Hours Presentation of conditioning activities specific to the sport of basketball and designed for improving skills. This may include such drills as: weave, 2 on 1, 3 on 2 and the individual skills of ball-handling, passing, shooting and rebounding. Students who repeat this course will become more proficient in these skills through repetition of the drills. SPO: Based on its name, students will identify the type of drill to be performed, get themselves organized and execute the skills required of the drill.

30 Hours Class will continue to work on conditioning and skills required to compete. Development of individual and team skills required of basketball. This may include working on the offensive skills of screens, pick and roll and give and go and the defensive skills of blocking out, rebounding and sound guarding fundamentals. Work on post moves, guard play and wing play will also be included. Discussion and practice of man to man principles and zone responsibilities. Students who repeat this class will have their skills or proficiencies enhanced by supervised repetition and practice. SPO: The students will

demonstrate one and two player offensive moves and execute fundamentally sound defensive skills. They will explain and demonstrate man and zone defenses.

20 Hours Implement offenses and defenses, such as: man, flex, scramble, motion, riange, passing game, half court and full court offenses and man to man, 2-3,

match-up zone, half court press and full court press defenses. Students who repeat this class will gain an increasing knowledge of the strategies involved i

n the offenses and defenses. SPO: Students will execute the offenses and defenses in a scrimmage situation. 80 Hours Formulate and execute a game plan specific to that week's opponent(s). Students who repeat the course will imeprove on consistency and increase their success rate. SPO: The students will execute each game plan. NOTE: The daily class schedule will generally be: ---warm-up (stretching and conditioning) ---skill work (examples being ball handling, shooting, and rebounding) ---'Chalk Talk' (viewing film and scouting reports) ---breakdown drills - 2 on 2 and 3 on 3 ---work on team situations (such as attacking the zone press, half court man to man, and half court zone) ---scrimmage ---game-like situations (such as free throw offense and last second shots) ---conditioning NOTE: A typical week's schedule is: --- Monday - conditioning, skill work, introduce game plan ---

Tuesday - review scouting report and game plan in preparation for upcoming opponent ---Wednesday - intercollegiate contest ---Thursday - work on techniques

and situations specific to the last game and the next game, introduce scouting

report for upcoming opponent, discuss game plan ---Friday - intercollegiate contest Final. NOTE: Intercollegiate basketball at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200530

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: CD

CSU Crosswalk Course Number: 23

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000331468

Sports/Physical Education Course: N

Taxonomy of Program: 130500