

Course Outline

COURSE: ATH 47 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2015 **CURRICULUM APPROVAL DATE:** 03/23/2015

SHORT TITLE: INTERCOLLEGIATE SOCCER

LONG TITLE: Intercollegiate Soccer

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2.5 TO 3	18	Lecture:	0	0
		Lab:	7.5 TO 10	135 TO 180
		Other:	0	0
		Total:	7.5 TO 10	135 TO 180

COURSE DESCRIPTION:

This course provides practice and competition in intercollegiate soccer. Before participating, students must have completed a physical exam and their athletic eligibility paperwork. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
 Maximum of 3 times

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will demonstrate the skills of trapping, passing, shooting and defending in a game or game-like situation.

Measure: performance, role playing

PLO: 4

ILO: 7, 2, 4, 1

GE-LO:

Year assessed or anticipated year of assessment: F2015

2. The student will offensively execute and defend a direct kick, corner kick and penalty kick.

Measure: demonstration

PLO: 4

ILO: 7, 2, 1, 4

GE-LO:

Year assessed or anticipated year of assessment: F2015

3. The student will implement and execute the game strategies specific to an opponent.

Measure: performance, video analysis

PLO: 4

ILO: 7, 6, 2, 1, 4

GE-LO:

Year assessed or anticipated year of assessment: F2015

PROGRAM LEARNING OUTCOMES:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 03/23/2015

20 Hours

Information provided on course expectations and requirements.

Stretching and conditioning activities specific to soccer will be introduced. Conditioning drills designed for improving soccer skills will be worked on. This would include ladder work to improve agility, fitness and decision making. In addition, defending drills such as 1 V 1, 2 V 1 and 2 V 2 will be practiced. Students who repeat the class will be provided with a leadership opportunity by the instructor.

Repetition will increase proficiency of the skills required to execute these drills for those students repeating the class.

SPO: Students will demonstrate sport specific stretching by leading their teammates through a warm-up routine. They will participate in the conditioning drills and execute a variety of defending drills.

30 Hours

Continued development of the skills required to compete, such as progressive work on technique. Implement the base offense and defense that will be used throughout the season. Tactical work incorporating agility, fitness and critical thinking will be practiced. Drills such as offense vs. defense, 6 V 4 and 5 V 5 + 1 will be practiced.

Students who repeat this course will become more proficient in these skills through repetition of the drills. They will gain a greater awareness of the tactical part of soccer. They will also increase the rate of speed at which they make these decisions during game play.

SPO: Utilizing the skills developed, the students will execute the offense and defense in scrimmage and game situations. They will make such decisions as: should I keep the ball or pass, should I shoot or pass the ball and can I push up the field or do I need to get back on defense.

120 Hours

Formulate and execute a game plan specific to that week's opponent(s). Students who repeat the class will gain an increased knowledge of the strategies involved in the sport of soccer as well as the opportunity to improve on their consistency.

SPO: The students will execute each game plan.

NOTE: The format for a day's class will generally be:

---warm-up (stretching and conditioning)

---technical work

---5 V 5 small sided game

---topic training for the day (example - defense 1 V 1, 2 V 1 and 2 V 2)

---progression to the goal (same drills as above except taking it to the goal)

---scrimmage

---cool-down (stretching and conditioning)

NOTE: Each week is usually broken down into:

---Monday - technique work such as trapping and passing

---Tuesday - intercollegiate competition

---Wednesday - build on what was successful in the last game; this may include shooting, defensive play and shadow play

---Thursday - tactical work based on previous games, this may include a small sided game and/or give and go situations

---Friday - intercollegiate competition

2 Hours

Final.

NOTE: Intercollegiate athletics at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

METHODS OF INSTRUCTION:

Demonstration, Small Group Activities, Discussion, Video

METHODS OF EVALUATION:

This is a degree-applicable course, but substantial writing assignments are NOT appropriate, because the course primarily:

Involves skill demonstrations or problem solving

The problem-solving assignments required:

None

The types of skill demonstrations required:

Class performance

The types of objective examinations used in the course:

None

Other category:

Participation required.

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%

Problem-solving demonstrations: 0% - 0%

Skill demonstrations: 40% - 60%

Objective examinations: 0% - 0%

Other methods of evaluation: 40% - 60%

REPRESENTATIVE TEXTBOOKS:**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 200830

CSU GE:

CSU E1, effective 200830

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200830

UC TRANSFER:

Transferable UC, effective 200830

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: ATH

CSU Crosswalk Course Number: 47

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000550252

Sports/Physical Education Course: Y

Taxonomy of Program: 083550