

Course Outline

COURSE: ATH 38 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2015 **CURRICULUM APPROVAL DATE:** 03/23/2015

SHORT TITLE: INTERCOLLEGIATE BASEBALL

LONG TITLE: Intercollegiate Baseball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2.5 TO 3	18	Lecture:	0	0
		Lab:	7.5 TO 10	135 TO 180
		Other:	0	0
		Total:	7.5 TO 10	135 TO 180

COURSE DESCRIPTION:

This course provides practice and competition in intercollegiate baseball for men. Before participating, students must have completed a physical exam and their athletic eligibility paperwork. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
Maximum of 3 times

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will demonstrate the skills required of their position.
Measure: performance
PLO: 4

ILO: 7, 2

GE-LO:

Year assessed or anticipated year of assessment: S2011

2. The student will execute game strategies specific to an opponent.

Measure:

PLO: 4

ILO: 7, 2, 1, 4

GE-LO:

Year assessed or anticipated year of assessment: S2011

3. The student will implement game and season goals.

Measure: performance, discussion

PLO: 4

ILO: 7,6,4, 2, 1

GE-LO:

Year assessed or anticipated year of assessment: S2011

PROGRAM LEARNING OUTCOMES:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 03/23/2015

20 Hours

Discussion of course requirements and objectives of the class. Stretching and conditioning activities specific to baseball. Conditioning drills designed for improving baseball skills. This may include such drills as: form running, 'pickle', sliding, and base-running. Students who repeat the class will be provided with a leadership opportunity by the instructor. They will have their skills or proficiencies enhanced by supervised repetition and practice.

SPO: Students will demonstrate proper stretching techniques. They will participate in the various drills and execute the skills required.

30 Hours

Development of individual and team skills required for baseball. This may include working on bunting, pick-off plays, blocking balls, fielding grounders, catching fly balls, batting practice, infield and outfield situations, and hitting the cut-off. Discussion and demonstration of the signs to be used during a game. Introduce or review the offensive (bunt, hit and run, steal) and defensive (rundowns, pick-off plays, bunt coverage, first and third defense) strategies that will be used throughout the season. Students who repeat this course will become more proficient in these skills through repetition of the drills. They will gain an increased knowledge of the strategies involved in the sport as well as the opportunity to improve on their consistency.

SPO: Skill techniques specific to the individual's position will be demonstrated by the player. They will be able to demonstrate the hand signals and explain what they mean. Utilizing the information provided and the skills developed, the students will be able to execute these strategies in scrimmage and game situations.

110 Hours

Implementation of game plan specific to that weeks opponent(s). Students who repeat the class will improve on consistency and increase their success rate.

SPO: The student will be able to discuss and execute the game plan specific to that weeks opponent(s).

NOTE: The daily class schedule will generally utilize the following format:

---warm up (conditioning and stretching)

---form running

---catching and throwing

---individual work on skills and techniques broken down into small groups by position

---team work - reviewing and implementing offensive and defensive situations, which may include scrimmage

---conditioning

NOTE: A week is typically broken into:

---Monday - warm up, emphasis on fundamentals, review game situations

---Tuesday - intercollegiate competition

---Wednesday - warm up, fundamentals work, review situations

---Thursday - intercollegiate competition

---Friday - warm up, work on fundamentals, situational review

10 Hours

Individual meetings/evaluations of each player with the coach/instructor.

2 Hours

Final.

NOTE: Intercollegiate athletics at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

METHODS OF INSTRUCTION:

Demonstration, Discussion, Small Group Activities.

METHODS OF EVALUATION:

CATEGORY 1 - The types of writing assignments required:

Percent range of total grade: 0%

If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason:

Course primarily involves skill demonstration or problem solving

CATEGORY 2 -The problem-solving assignments required:

Percent range of total grade: 0 %

CATEGORY 3 -The types of skill demonstrations required:

Percent range of total grade: 40 % to 60 %

Performance Exams

CATEGORY 4 - The types of objective examinations used in the course:

Percent range of total grade: 0 %

CATEGORY 5 - Any other methods of evaluation:

Percent range of total grade: 40 % to 60 %

Class participation required.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 200470

CSU GE:

CSU E1, effective 200470

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200470

UC TRANSFER:

Transferable UC, effective 200470

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: ATH

CSU Crosswalk Course Number: 38

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000550255

Sports/Physical Education Course: Y

Taxonomy of Program: 083550