Course Outline

COURSE: ATH 37
DIVISION: 40
ALSO LISTED AS: KIN 37, PE 37

TERM EFFECTIVE: Spring 2018
CURRICULUM APPROVAL DATE: 03/13/2017

SHORT TITLE: SOFTBALL
LONG TITLE: Softball

<table>
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<th>Units</th>
<th>Number of Weeks</th>
<th>Type</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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<td>Lecture:</td>
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<td></td>
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<td>Lab:</td>
<td>1.5 OR 3</td>
<td>27 OR 54</td>
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<td>Other:</td>
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<tr>
<td></td>
<td></td>
<td>Total:</td>
<td>1.5 OR 3</td>
<td>27 OR 54</td>
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COURSE DESCRIPTION:

This is a sport specific course designed for our student-athletes. Instruction is in the fundamentals of softball. Fundamentals, rules, strategy and game play are included. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES
L - Standard Letter Grade
P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
Maximum of 3 times

SCHEDULE TYPES:
04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:
1. Demonstrate the following skills: throwing, catching, pitching, hitting, bunting, fielding, base running, and sliding and execute them during specific situations, such as: slap, 1st & 3rd offensive and defensive situations and pick-offs.
Measure of assessment: demonstration

3/24/2017
Year assessed, or planned year of assessment: 2017
Semester: Fall
2. Apply the rules of softball during game like situations.
Measure of assessment: written exam, role playing
Year assessed, or planned year of assessment: 2017

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS
Curriculum Approval Date: 03/13/2017

3 - 6 Hours: Discuss class procedures, course syllabus and grading. Introduce stretching and conditioning. Demonstrate throwing and catching fundamentals. Practice the mechanics of these skills in group and individual settings.
SPO: The students will demonstrate the correct mechanics for throwing and catching a softball. They will participate in warm up stretching and conditioning drills.

3 - 6 Hours: Demonstrate and practice the fundamentals of fielding for both infield and outfield play. Incorporate throwing and catching skills with infield and outfield play in game-like practice situations.
SPO: The students will demonstrate the correct footwork required for infielders and outfielders. They will demonstrate the proper throwing and catching fundamentals while playing the infield and the outfield.

3 - 6 Hours: Introduction to the fundamentals of hitting. Specific drills that will lead to the correct mechanics of hitting will be practiced. The techniques of bunting will be included.
SPO: The students will discuss the importance of weight shift and generating bat speed. They will demonstrate the proper technique for hitting.

4.5 - 9 Hours: The skills learned to date will be incorporated into modified game situations. Introduce pitching. The proper techniques of base running and sliding will be described and demonstrated.
SPO: The students will discuss the mechanics of pitching. They will explain and demonstrate the proper techniques of base running and sliding. The students will perform the skills learned to date in game-like situations.

6 - 12 Hours: Discuss the strategies involved in softball. Introduction to defensive strategies for fielding slaps, 1st and 3rd situations, and pick-offs. Explain how the various skills learned are applied to these strategies. The rules of softball will be explained. Practice will continue on the skills learned through modified games.
SPO: The students will incorporate various softball strategies into game play. They will demonstrate the proper offensive and defensive strategies in 1st and 3rd situations. The skills learned will be applied during game play.

6 - 12 Hours: Game play, including a variety of modified games. May include a class tournament. Review for final.
SPO: The students will demonstrate their skills during game play. They will execute the appropriate offensive and defensive strategies based on the situation.

METHODS OF INSTRUCTION:
demonstration, lecture, guided practice

METHODS OF EVALUATION:
Skill demonstrations
Percent of total grade: 50.00 %
Demonstration
Objective examinations
Percent of total grade: 10.00 %
Multiple choice True/false Matching items Completion
Other methods of evaluation

3/24/2017 2
Percent of total grade: 30.00%
Requires student participation
Writing assignments
Percent of total grade: 10.00%
Notebook

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:
- GAV E1, effective 201570

CSU GE:
- CSU E, effective 201570
- CSU E1, effective 201370

IGETC:

CSU TRANSFER:
- Transferable CSU, effective 201570

UC TRANSFER:
- Transferable UC, effective 201570

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: ATH
CSU Crosswalk Course Number: 37
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 1
Minimum Hours: .5
Course Control Number: CCC000533732
Sports/Physical Education Course: Y
Taxonomy of Program: 083550

3/24/2017