

Course Outline

COURSE: ATH 35 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2015 **CURRICULUM APPROVAL DATE:** 03/23/2015

SHORT TITLE: INTERCOLLEGIATE BASKETBALL

LONG TITLE: Intercollegiate Basketball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2.5 TO 3	18	Lecture:	0	0
		Lab:	7.5 TO 10	135 TO 180
		Other:	0	0
		Total:	7.5 TO 10	135 TO 180

COURSE DESCRIPTION:

This course provides practice and competition in intercollegiate basketball. Before participating, students must have completed a physical exam and their athletic eligibility paperwork. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
 Maximum of 3 times

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will access the defensive system employed and produce offensive skills to attack this system.

Measure: performance, video analysis, discussion

PLO: 4

ILO: 7, 2, 1, 4

GE-LO:

Year assessed or anticipated year of assessment: S2015

2. The student will execute the appropriate defense by utilizing fundamentally sound defensive principles.

Measure: performance, role playing, video analysis

PLO: 4

ILO: 7, 2, 1, 4

GE-LO:

Year assessed or anticipated year of assessment: S2015

3. The student will execute the game plan for each contest, which will then support the game and season goals.

Measure: demonstration

PLO: 4

ILO: 7, 1, 2

GE-LO:

Year assessed or anticipated year of assessment: S2015

PROGRAM LEARNING OUTCOMES:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 03/23/2015

10 Hours

Discussion of course requirements and expectations of the class.

Stretching and conditioning drills will be introduced. Students who repeat the class will be provided with a leadership opportunity by the instructor.

SPO: Students will demonstrate proper stretching and warm-up techniques.

30 Hours

Presentation of conditioning activities specific to the sport of

basketball and designed for improving skills. This may include such drills as: weave, 2 on 1, 3 on 2 and the individual skills of ball-handling, passing, shooting and rebounding. Students who repeat this course will become more proficient in these skills through repetition of the drills.

SPO: Based on its name, students will identify the type of drill to be performed, get themselves organized and execute the skills required of the drill.

30 Hours

Class will continue to work on conditioning and skills required to compete. Development of individual and team skills required of basketball. This may include working on the offensive skills of screens, pick and roll and give and go and the defensive skills of blocking out, rebounding and sound guarding fundamentals. Work on post moves, guard play and wing play will also be included. Discussion and practice of man to man principles and zone responsibilities. Students who repeat this class will have their skills or proficiencies enhanced by supervised repetition and practice.

SPO: The students will demonstrate one and two player offensive moves and execute fundamentally sound defensive skills. They will explain and demonstrate man and zone defenses.

20 Hours

Implement offenses and defenses, such as: man, flex, scramble, motion, triange, passing game, half court and full court offenses and man to man, 2-3, match-up zone, half court press and full court press defenses. Students who repeat this class will gain an increasing knowledge of the strategies involved in the offenses and defenses.

SPO: Students will execute the offenses and defenses in a scrimmage situation.

80 Hours

Formulate and execute a game plan specific to that week's opponent(s). Students who repeat the course will improve on consistency and increase their success rate.

SPO: The students will execute each game plan.

NOTE: The daily class schedule will generally be:

- warm-up (stretching and conditioning)
- skill work (examples being ball handling, shooting, and rebounding)
- 'Chalk Talk' (viewing film and scouting reports)
- breakdown drills - 2 on 2 and 3 on 3
- work on team situations (such as attacking the zone press, half court man to man, and half court zone)
- scrimmage
- game-like situations (such as free throw offense and last second shots)
- conditioning

NOTE: A typical week's schedule is:

- Monday - conditioning, skill work, introduce game plan
- Tuesday - review scouting report and game plan in preparation for

upcoming opponent

---Wednesday - intercollegiate contest

---Thursday - work on techniques and situations specific to the last game and the next game, introduce scouting report for upcoming opponent, discuss game plan

---Friday - intercollegiate contest

Final.

NOTE: Intercollegiate basketball at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

METHODS OF INSTRUCTION:

Demonstration, Video, Discussion, Small group Activities, 'Chalk Talks'.

METHODS OF EVALUATION:

This is a degree-applicable course, but substantial writing assignments are NOT appropriate, because the course primarily:

Involves skill demonstrations or problem solving

The problem-solving assignments required:

None

The types of skill demonstrations required:

Class performance

The types of objective examinations used in the course:

None

Other category:

Participation required.

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%

Problem-solving demonstrations: 0% - 0%

Skill demonstrations: 40% - 60%

Objective examinations: 0% - 0%

Other methods of evaluation: 40% - 60%

REPRESENTATIVE TEXTBOOKS:

N/A

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 200830

CSU GE:

CSU E1, effective 200830

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200830

UC TRANSFER:

Transferable UC, effective 200830

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: ATH

CSU Crosswalk Course Number: 35

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000550254

Sports/Physical Education Course: Y

Taxonomy of Program: 083550