Course Outline

COURSE:    ATH 25
DIVISION:   40
ALSO LISTED AS:  KIN 25   PE 25

TERM EFFECTIVE:  Spring 2018
CURRICULUM APPROVAL DATE: 03/13/2017

SHORT TITLE:  SOCCER
LONG TITLE:  Soccer

Units  Number of Weeks  Type  Contact Hours/Week  Total Contact Hours
.5 OR 1  18  Lecture:  0  0
      Lab:  1.5 OR 3  27 OR 54
      Other:  0  0
      Total:  1.5 OR 3  27 OR 54

COURSE DESCRIPTION:
This is a sport specific sport designed for our student-athletes. Fundamentals, strategy and rules of the
game of soccer are included. May be repeated three times for credit. This course has the option of a letter
grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES
L - Standard Letter Grade
P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
Maximum of 3 times

SCHEDULE TYPES:
04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:
1. Demonstrate dribbling, shooting, passing and trapping the soccer ball with the inside and outside of their
feet; trapping the ball with their body and legs; and heading the ball in a desired direction in drills and
games.
Measure of assessment: demonstration
Year assessed, or planned year of assessment: 2017
Semester: Summer

2. Describe the general strategies and rules of the game.
Measure of assessment: written exam, oral exam
Year assessed, or planned year of assessment: 2017

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS
Curriculum Approval Date: 03/13/2017

3 - 6 Hours
Content: Course description and methods of evaluation. An overview, including field markings and equipment required, will be provided. Introduce stretching and warm-up exercises appropriate for soccer. The fundamental skills involved in soccer will be described and demonstrated.
Student Performance Objectives: Demonstrate stretching and warm-up exercises utilized for soccer. Identify the field markings used in class.

6 - 12 Hours
Content: Warm-up running, stretching and ball handling drills. Introduction and/or review of trapping, passing and dribbling skills. This may include passing with the inside and outside of the foot; trapping using the sole, chest and leg; and various dribbling methods. Guided practice opportunities will be provided. Introduce heading the ball. Discussion of the positions on the field, each positions' responsibilities, and methods for advancing the ball up the field. Scrimmage opportunities involving 3 on 2 and 2 on 1 offense vs. defense will be organized. Strategies for offensive and defensive play will be included. The rules of the game of soccer will be provided.
Student Performance Objectives: Demonstrate at least two methods each for trapping, passing and dribbling the soccer ball. Explain how to head the ball. Discuss the rules of the game and offensive and defensive strategies.

4.5 - 9 Hours
Content: Warm-up running, stretching and ball handling drills. Review and practice skills previously introduced and teach juggling the ball, starting with juggling on one knee then letting the ball drop to a foot. Then teach juggling with the head, knee and foot. Review trapping with the chest, then allowing the ball to drop to the knees and eventually the feet. Introduce the free kick, throw-in and penalty kicks. Scrimmage opportunities can be provided to allow students to utilize their skills.
Student Performance Objectives: Participate in skill tests. Demonstrate trapping, passing, dribbling, juggling and heading the soccer ball. Explain when free kicks, throw-ins and penalty kicks are used.

METHODS OF INSTRUCTION:
Lecture, demonstration, and guided practice.

METHODS OF EVALUATION:
Skill demonstrations
Percent of total grade: 60.00 %
Demonstration
Objective examinations
Percent of total grade: 10.00 %
Multiple Choice, True/False, Matching Items, Completion
Other methods of evaluation
Percent of total grade: 30.00 %
Other: Requires student participation

OUT OF CLASS ASSIGNMENTS:
Assignment Description: As this is a lab course it requires no out of class assignments.

REPRESENTATIVE TEXTBOOKS:
No textbook required.

ARTICULATION and CERTIFICATE INFORMATION
Associate Degree:
  GAV E1, effective 201570
CSU GE:
  CSU E, effective 201570
  CSU E1, effective 201370
IGETC:
CSU TRANSFER:
  Transferable CSU, effective 201570
UC TRANSFER:
  Transferable UC, effective 201570

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: ATH
CSU Crosswalk Course Number: 25
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 1
Minimum Hours: .5
Course Control Number: CCC000533730
Sports/Physical Education Course: Y
Taxonomy of Program: 083550