

Course Outline

COURSE: AH 280 **DIVISION:** 50 **ALSO LISTED AS:** AH 180
TERM EFFECTIVE: Spring 2018 **CURRICULUM APPROVAL DATE:** 10/23/2017

SHORT TITLE: FUND NRSNG/CONVALES

LONG TITLE: Fundamentals of Nursing--Convalescent

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
8.5	18	Lecture:	6	Lecture:	108
		Lab:	8	Lab:	144
		Other:	0	Other:	0
		Total:	14	Total:	252

COURSE DESCRIPTION:

A course to provide a basic introduction to patient care in the convalescent setting. Emphasizes principles, understanding and skills necessary to perform basic nursing procedures safely and effectively. Includes introduction to health care, planning, safety, infection control, personal care, basic procedures, rehabilitation, nutrition and clients' rights and needs. At the completion of this course students will qualify for state certification as a nursing assistant. **PREREQUISITE:** Eligible for English 250 and English 260 and eligible for MATH 205 or MATH 430. Clearance from the Department of Health Services (Form HS283), fingerprint card, and health clearance required prior to clinical placement. Health and fingerprint clearance required prior to clinical placement. Uniform, shoes, watch, and stethoscope required. Clinical in Morgan Hill or Hollister, as assigned. This course was previously listed as AH 180.

PREREQUISITES:

- (Completion of , as , with a grade of or better.
- (Completion of ENGL 440, as UG, with a grade of C or better.
- AND Completion of ENGL 420, as UG, with a grade of C or better.)
- OR
- (Completion of ENGL 440, as UG, with a grade of C or better.
- AND Completion of ESL 562, as UG, with a grade of C or better.)
- OR
- (Completion of ESL 563, as UG, with a grade of C or better.
- AND Completion of ENGL 420, as UG, with a grade of C or better.)
- OR
- (Completion of ESL 563, as UG, with a grade of C or better.
- AND Completion of ESL 562, as UG, with a grade of C or better.)
- OR
- (Score of 15 on CTEP Writing
- AND Completion of ENGL 420, as UG, with a grade of C or better.)
- OR

(Score of 15 on CTEP Writing
AND Completion of ESL 562, as UG, with a grade of C or better.)
OR
(Completion of ENGL 440, as UG, with a grade of C or better.
AND Score of 18 on CTEP Reading)
OR
(Completion of ESL 563, as UG, with a grade of C or better.
AND Score of 18 on CTEP Reading)
OR
(Score of 15 on CTEP Writing
AND Score of 18 on CTEP Reading)
OR
(Completion of ENGL 250, as UG, with a grade of C or better.
AND Completion of ENGL 260, as UG, with a grade of C or better.)
OR
(Completion of ENGL 250P, as UG, with a grade of C or better.
AND Completion of ENGL 260P, as UG, with a grade of C or better.)
OR
(Completion of SSCI 270A, as UG, with a grade of C or better.
AND Completion of ENGL 250, as UG, with a grade of C or better.)
OR
(Completion of SSCI 270B, as UG, with a grade of C or better.
AND Completion of ENGL 250, as UG, with a grade of C or better.)
OR
Completion of ENGL 1A, as UG, with a grade of C or better.
OR
Completion of ENGL 1B, as UG, with a grade of C or better.
OR
Completion of ENGL 1C, as UG, with a grade of C or better.
OR
(Score of 1300 on Accuplacer English Writing
AND Completion of ENGL 420, as UG, with a grade of C or better.)
OR
(Score of 3300 on Accuplacer English Reading
AND Completion of ENGL 440, as UG, with a grade of C or better.)
OR
(Score of 1300 on Accuplacer English Writing
AND Completion of ESL 562, as UG, with a grade of C or better.)
OR
(Score of 3300 on Accuplacer English Reading
AND Completion of ESL 563, as UG, with a grade of C or better.)
OR
(Score of 1300 on Accuplacer English Writing
AND Score of 3300 on Accuplacer English Reading)
Completion of , as , with a grade of or better.)
AND (Completion of MATH 402, as UG, with a grade of C or better.
OR
(Completion of MATH 404D, as UG, with a grade of C or better.

AND Completion of MATH 404E, as UG, with a grade of C or better.
AND Completion of MATH 404F, as UG, with a grade of C or better.)
OR
Completion of MATH 411, as UG, with a grade of C or better.
OR
Completion of MATH 430, as UG, with a grade of C or better.
OR
Completion of MATH 205, as UG, with a grade of C or better.
OR
Completion of MATH 205A, as UG, with a grade of C or better.
OR
Completion of MATH 205B, as UG, with a grade of C or better.
OR
Completion of MATH 233, as UG, with a grade of C or better.
OR
Completion of MATH 233A, as UG, with a grade of C or better.
OR
Completion of MATH 233B, as UG, with a grade of C or better.
OR
Completion of MATH 235, as UG, with a grade of C or better.
OR
Completion of MATH 240, as UG, with a grade of C or better.
OR
Completion of MATH 242, as UG, with a grade of C or better.
OR
Completion of MATH 5, as UG, with a grade of C or better.
OR
Completion of MATH 6, as UG, with a grade of C or better.
OR
Completion of MATH 7, as UG, with a grade of C or better.
OR
Completion of MATH 8A, as UG, with a grade of C or better.
OR
Completion of MATH 12, as UG, with a grade of C or better.
OR
Completion of MATH 14, as UG, with a grade of C or better.
OR
Completion of MATH 1A, as UG, with a grade of C or better.
OR
Completion of MATH 1B, as UG, with a grade of C or better.
OR
Completion of MATH 1C, as UG, with a grade of C or better.
OR
Score of 18 on Algebra Readiness
OR
Score of 12 on Elementary Algebra
OR
Score of 15 on Intermediate Algebra

OR
Score of 30 on Algebra Readiness - Revised
OR
Score of 2400 on Accuplacer Math)
OR
(Score of 1500 on MM CCCApply English
AND Score of 2600 on MM CCCApply Math)
OR
(Score of 1500 on MM Placement Tool English
AND Score of 2600 on MM Placement Tool Math)

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion

03 - Lecture/Laboratory

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Students will analyze pre-written patient care plans and will implement the plan of care safely.

Measure of assessment: Written care plans, Clinical evaluations

Year assessed, or planned year of assessment: 2015

2. Student will use principles of college level mathematical concepts to correctly calculate a resident fluid intake and output, and using metric and apothecary systems to calculate height and weight.

Measure of assessment: Clinical evaluations, Clinical calculation exams (required to pass the course)

Year assessed, or planned year of assessment: 2015

3. Students will interact effectively with people of all ages, many cultures and ethnicities demonstrating awareness of the students' own values and opinions, as well as awareness and respect of the opinions and values of others.

Measure of assessment: Clinical evaluations, Classroom participation in discussions regarding ethical dilemmas of patient care

Year assessed, or planned year of assessment: 2015

4. Student will begin using nursing process to prioritize and organize nursing care and to problem solve. Nursing process includes: a. Assessment of objective and subjective patient data b. Analyzing the data and using the information to develop patient outcomes in planning patient care c. Listening and implementing nursing interventions which will accomplish the defined outcomes for a given patient d. Evaluating the interventions' effectiveness in meeting the outcomes e. Revising the plan of care as needed based on the information from the evaluation.

Measure of assessment: Written care plans, Active care plans in clinical setting Case studies using actual patients

Year assessed, or planned year of assessment: 2015

5. Student will use therapeutic nursing interventions which reflect the standard of nursing practice. This will be exhibited by the student's ability to use psychomotor and psychosocial interventions which promote

health; and prevent, minimize, or resolve problems as identified by the nurse and patient. Therapeutic interventions are independent actions grouped in theory-based research and experiences.

Measure of assessment: Clinical evaluations mid and end of semester. Interpretation of Patient Care plans and documentation of care provided to assigned patients each week. California state exam for certification

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/23/2017

The Fundamentals of Nursing Course will prepare students to perform basic nursing skills and duties in the convalescent care setting. The course

includes lecture and clinical practice in the nursing lab and at local convalescent hospitals. At the completion of this course, students who have maintained a grade of "C" and have complied with the attendance policies will be eligible to apply for certification from the State of California which will complete job entry requirements. Gavilan College students earn 8 college units for successful completion of this course.

Skills learned will include: promoting resident rights and independence, medical and surgical asepsis, body mechanics, rehabilitative/restorative care, emergency

procedures and prevention of catastrophe, resident care skills, vital signs, weights and measures, resident care procedures, nutrition, observation and charting.

Course Objectives:

At the

completion of this course, the student will be able to:

1. Demonstrate skill in performing selected nursing procedures required to meet a resident's basic needs.
2. Demonstrate skill in completing assigned resident care.
3. Work effectively with other nursing team members in order to provide optimum resident care.
4. Report observations and the effects of his/her care given to the assigned resident.
5. Demonstrate basic communication skill in establishing a rapport with resident and obtaining information from resident.
6. Recognize that each resident is a unique individual with varying needs.
7. Recognize ethical and legal implications of administering nursing care.
8. Assume responsibility for his/her own professional image.

Grading & Clinical Evaluation:

The grading system used

in the nursing program is in accordance with that used by the campus as a whole which is as follows:

A	=	indicative of excellent performance.
B	=	indicative of good performance.
C	=	indicative of a satisfactory performance
D	=	less than satisfactory, not eligible for certification or licensure
F	=	failing
NC	=	no credit
I	=	incomplete

In the nursing programs, the

following percentage values have been assigned to the letter grades as listed below: .

A	=	93-100%	C+	=	77-79%
A-	=	90-92%	C	=	70-76%
B+	=	87-89%	D	=	60-69%

The first three weeks of class will be held at Gavilan in the classroom/nursing lab. Beginning week 4, lecture will be held on Mondays and Tuesdays at Gavilan.

Clinical will be at the designated convalescent hospitals on Wednesday, Thursday or Friday.

Attendance requirements and grading procedures are described in the Gavilan College/Regional Occupational

Program Nursing Assistant Handbook. Please read the entire contents of this book carefully and clarify any questions you may have. You will be asked to sign a contract which states you understand and are willing to comply with the policies and procedures of this program.

Students requiring special services or arrangements because of hearing, visual, or other disability should contact their

instructor, counselor, advisor, or the Disabled Students Services Office.

You are required to provide proof of a negative TB skin test or chest x-ray and a satisfactory Health Statement.

Student

Honesty Policy Reference Statement:

?Students are expected to exercise academic honesty and integrity. Violations such as cheating and plagiarism will result in disciplinary action which may include recommendation for dismissal.?

ADA Accommodation Statement:

?Students requiring special services or arrangements because of hearing, visual, or other disability should contact their instructor,

counselor, or the Disabled Student Services Office.?

Occupational/Vocational Statement:

?Occupational/Vocational Students -- Limited English language skills will not be a barrier to admittance to and participation in Vocational Education Programs.?

GAVILAN COLLEGE

AH 180 - Fundamentals of Nursing/Convalescent

COURSE OUTLINE

Students are expected to complete the workbook chapters that correspond with the text content every week. Bring the workbooks to class on ?Quiz Days.? I will not grade the entire workbook--only selected units or pages. So be sure to complete all of the units since you don't know which pages will be selected to be graded for credit.

THEORY

DAY	HOURS	CONTENT	READING/ASSIGNMENT
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Mon	2 Hr.	Theory	Introduction to Course (DHS M 1)
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01/26		Role &	
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Responsibilities of CNA

Title 22 Overview	Unit 1-4	WB Unit 1-4
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Professionalism

Confidentiality

Tues	2 Hr.	Theory	Patient/Resident Rights (DHS M 2)
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01/27		Title 22	(continued)
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Health

and Safety

Communication & Interpersonal

Skills (DHS M 3)

Communications	Unit 7	WB Unit 7
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Defense Mechanisms	Unit 9	WB Unit 9
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Socio-cultural Factors

Attitudes-Illness

Family

Interactions

Wed, Thurs, Fri Clinical
 01/28, 01/29, 01/30 Demonstration of clinical procedures/
 return demonstration Internet Assignment 1

Texts: Hegner/Caldwell,
 Nursing Assistant: A Nursing Process Approach, Current Edition, Delmar
 Publishing
 Nursing Assistant: A Nursing Process Approach Workbook, Current Edition, Delmar Publishing
 THEORY

DAY	HOURS	CONTENT	READING/ASSIGNMENT
Mon 02/02	2 Hr.	Theory Medical & Surgical Asepsis (DHS M 6) Micro-organisms Principles of Asepsis Standard Precautions	Unit 12 & 13 WB Unit 12 & 13 Handouts

Tues 02/03	2 Hr.	Theory Body Mechanics (DHS M 5) Basic Body Mechanics Transfer Techniques Ambulation Positioning Bedmaking	Unit 14-17 & 23 WB Unit 14-17 & 23
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Wed, Thurs, Fri Clinical
 02/04, 02/05, 02/06 Demonstration of Clinical Procedures/Return Demonstration

Mon 02/09	2 Hr.	Theory Rehabilitative/Restorative Care (DHS M 14) Promoting Patient Potential Devices and Equipment ADL?s Family Interactions Complications of Inactivity ROM	Unit 47 WB Unit 47
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Tues 02/10	2 Hr.	Theory Emergency Procedures & Preventions of Catastrophe (DHS M 4, 12)	Unit 51 WB Unit 51 Internet Assignment 2
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Wed, Thurs Clinical
 02/11, 02/12 Demonstration/Return
 Demonstration
 Fri, Mon Presidents? Day Holiday ? No School
 02/13, 02/16

DAY	HOURS	CONTENT	READING/ASSIGNMENT
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Tues 2 Hr. Theory Quiz #1 Workbook Due
 02/17 Fire and Disaster Plans
 (DHS M 4, 12)

(continued)
 S/S Distress
 Immediate and Temporary Interventions
 Emergency Codes

Unit 51 WB 51

Handout
 Internet Assignment 3

Health Statements including TB
 skin tests or chest x-ray reports
 due to instructor. You will not be permitted to participate in
 clinical without these written results.

Wed, Thurs, Fri Clinical/Orientation @ 8 AM
 02/18, 02/19
 & 02/20

Mon 2 Hr. Theory Resident Care Skills (DHS M 8)
 02/23 Bathing/Medical Baths
 Demonstration/Return Demonstration

Unit 24 WB Unit 24

Tues 2 Hr. Theory Resident Care Skills (DHS M 8)
 (continued)
 02/24 Bathing/Medical Baths
 Demonstration/Return Demonstration

Unit 24 WB Unit 24
 Internet Assignment 4

Wed, Thurs, Fri Clinical
 02/25, 02/26, 02/27

Mon 2 Hr.
 Theory Oral Hygiene
 03/01 Shaving

Unit 24 WB Unit 24

Unit 25 WB Unit 25

Tues 3 Hr. Theory Dressing
 03/02 Demonstration/Return Demonstration
 25

Unit 24 WB Unit 24
 Unit 25 WB Unit 25

Wed, Thurs, Fri Clinical
 03/03, 03/04, 03/05

THEORY			READING/ASSIGNMENT
DAY	HOURS	CONTENT	
Mon	3 Hr. Theory	Resident Care Skills (DHS M 8) (continued)	Unit 24 WB Unit 24
03/08	Hair		
Care		Unit 25 WB Unit 25	
		Shampoo/Medicinal Shampoo	
		Demonstration/Return Demonstration	
Tues		Quiz #2 ? Workbook due	
03/09			Internet Assignment 5

Wed, Thurs, Fri Clinical
 03/10,
 03/11, 03/12

Mon	2 Hr. Theory	Skin Care	Unit 24 WB Unit 24
03/15		Elimination Needs	Unit 25 WB Unit 25
Tues	2 Hr. Theory	Pericare	Unit 24 WB Unit 24
03/16		Demonstration/Return	
Demonstration		Unit 25 WB Unit 25	

Wed, Thurs, Fri Clinical
03/17, 03/18, 03/19

Mon	2 Hr. Theory	Resident Care Skills (DHS M 8) (continued)	
03/22		Bowel and Bladder Retraining	Unit
17-20	WB Unit 17-20		

		Weigh and Measure Resident	
Tues	3 Hr. Theory	Vital Signs (DHS M 10)	Unit 18-21 WB Unit 18-21
03/23		Purpose/Factors Affecting V.S.	Videos: Temp/Pulse
		Normal	

Ranges		Respiration	
		Methods of Measurement	Blood Pressure
		Blood Pressure	
		Abnormalities	
		Recording	
		Demonstration/Return Demonstration	Internet Assignment 6

Wed, Thurs,
Fri Clinical ? Vital Signs
03/24, 03/25, 03/26 Demonstration/Return Demonstration

		THEORY	
DAY	HOURS	CONTENT	READING/ASSIGNMENT
Mon	2 Hr. Theory	Weights and Measures (DHS M 10)	Unit 18-21 WB
Unit 18-21			

03/29		Metric System	
		Weight, Length, Volume	
		Military Time	

Tues	2 Hr. Theory	MIDTERM ? WORKBOOK DUE	
03/30		Demonstration/Return Demonstration	

Wed, Thurs, Fri Clinical
03/31,
04/01, 04/02

Mon	2 Hr Theory	Resident Care Procedures (DHS M 9)	Unit 50 WB Unit 50
04/05		Collection of Specimens	
		Care of Patient with Tubing ? Gastric	Unit 38 WB Unit 38
		Care of Patient	

		with Tubing ? Oxygen	Unit 14 WB Unit 14
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Tues	1 Hr. Theory	Care of Patient with Tubing ? Urinary	Unit 44 WB Unit 44
04/06		Care of Patient with Tubing ? I.V.	Unit 35 WB Unit

35

	Demonstration/Return Demonstration	Internet Assignment 7
Wed, Thurs 04/07, 04/08	Clinical	
Fri 04/09	District Holiday	
Mon ? Fri 04/12 ? 04/16	Spring Break ? No School	
	THEORY	
DAY	HOURS	CONTENT
Mon	3 Hr. Theory	Resident Care Procedures (DHS M 9) (continued)
		READING/ASSIGNMENT
		Unit 22-25 WB Unit 22
04/19 25	I & O	Unit 25 WB Unit
	Cleansing Enemas Laxative Suppositories Admission, Transfer, Discharge Dressings/Bandages Application of Topical Ointment	Unit 28 WN Unit 28
		Video
	Demonstration/Return Demonstration	
Tues 04/20	1 Hr. Theory 2 Hr. Theory	Resident Care Procedures Cont. (DHS M9) Nutrition (DHS M 11) Proper Nutrition Feeding
	Technique	Unit 26 WB Unit 26
	Diet Therapy	Internet Assignment 8
Wed, Thurs, Fri 04/21, 04/22, 04/23	Clinical	
Mon 04/26	2 Hr. Theory	Observation and Charting (DHS M 15) Observation and Reporting Responsibility
		Unit 8 WB Unit 8
	Patient Care Plan	
Tues 04/27	2 Hr. Theory	Quiz #3 ? Workbook due Patient Care Documentation Legal Issues of Charting Medical Terminology and Abbreviations
		Unit 8 WB Unit 8
Wed, Thurs, Fri 04/28, 04/29, 04/30	Clinical	
Mon 05/03 37-45	1 Hr. Theory	Long Term Care Resident (DHS M 13) Anatomy and Physiology Common Diseases/Disorders Physical & Behavior Needs/Changes
		Unit 37-45 WB Unit

Needs of Persons ? Alzheimer's, Dementia,
Mentally Impaired

THEORY

DAY	HOURS	CONTENT	READING/ASSIGNMENT
Tues	1 Hr. Theory	Long Term Care Resident	
	(DHS M 13)		
05/04		(continued)	Unit 37-45 WB Unit 37-45
		Psycho-Social, Recreation Needs	
		Community Resources	Handouts
		Internet Assignment 9	
		Wed, Thurs, Fri Clinical	
		05/05, 05/06, 05/07	
Mon	2 Hr. Theory	Death & Dying (DHS M16)	Unit 31 WB Unit 31
		Stages of Grief	
05/10		Emotional and Spiritual Needs of	
		Patient and Family	
		Rights of Dying Patient	
		Signs of	
		Approaching Death	
		Monitoring the Patient	
		Post Mortem Care	
Tues	2 Hr. Theory	Employment Opportunity	Unit 52 WB Unit 52
		Demonstration/Return Demonstration	Internet Assignment
05/11			
		10	
		Wed, Thurs, Fri Clinical	
		05/12, 05/13, 05/14	
Mon		Lab Review	
		05/17	
Tues		Review Theory for Final	
		05/18	
		Wed, Thurs, Fri Clinical	
		05/19, 05/20, 05/21	
Mon		THEORY FINAL EXAM ? WORKBOOK DUE	

METHODS OF INSTRUCTION:

Lecture, discussion, demonstration/return demonstration, supervised clinical practice, quizzes, exams, clinical performance exam.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours: 48

Assignment Description: Students complete homework assignment as directed by the instructor.

METHODS OF EVALUATION:

Writing assignments

Percent of total grade: 35.00 %

Writing assignments: 35% - 45% Written Homework Other: quizzes, midterm & final exam If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason: Course primarily involves skill demonstration or problem solving

Problem-solving assignments

Percent of total grade: 35.00 %

Problem-solving demonstrations: 35% - 45% Homework problems Quizzes Exams

Skill demonstrations

Percent of total grade: 0.00 %

Skill demonstrations: 0% Class performance exams

Objective examinations

Percent of total grade: 35.00 %

Objective examinations: 35% - 40% Multiple choice True/false Matching items Completion

REPRESENTATIVE TEXTBOOKS:

Required Representative Textbooks

Elsevier/Mosby. Mosby's Textbook for Nursing Assistants 8 edition. Library of Congress USA:: 2012.

ISBN: ISBN: 9780323080675

Reading Level of Text, Grade: Reading level of text, Grade: 13+ Verified by: Verified by: Maria Machado

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: B

Maximum Hours:

Minimum Hours:

Course Control Number:

Sports/Physical Education Course: N

Taxonomy of Program: 123030

