

Course: AH 120

Also Listed As:

Term Effective: 200970, INACTIVE COURSE

Short Title: PROF SURV SKILL/NSG

Full Title: Special Topics in Nursing

<u>Contact Hours/Week</u>	<u>Units</u>	<u>Number of Weeks</u>	<u>Total Contact Hours</u>
Lecture: 2	2	17.34	Lecture: 34.68
Lab: 0			Lab: 0
Other: 0			Other: 0
Total: 2			Total: 34.68

Credit Status: D - Credit - Degree Applicable

Grading Modes: P - Pass/No Pass

Repeatability: R 99 times, 100 credit hours

Schedule Types: 02 Lecture and/or discussion

Course Description:

This course is designed for the nurse who wants to thrive professionally. Topics include assertiveness skills, goal-setting, decision-making, goal attainment. Focus is on planning individual career strategies that lead to success. Approved for 36 hours of continuing education credit (BRN Provider #00892). May be repeated for credit. (This is a pass/no pass course.) PREREQUISITE: Eligible for licensure.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 199730

UC TRANSFER:

Not Transferable

PREREQUISITES:

COREQUISITES:

STUDENT LEARNING OUTCOMES:

Career training in vocational and technical education function.

Continuing Education for relicensure.

COURSE OBJECTIVES:

1. Identify behaviors that interfere with professional growth.
2. Describe historical events that govern nursing practice.
3. Compare strategies that have been unsuccessful.
4. Identify career goals/priorities.
5. Describe effective time management techniques.
6. Identify professional rights/responsibilities.
7. State problem-solving strategies.
8. Evaluate potential outcomes of actions.
9. Define assertive behaviors/actions/words.
10. Identify factors that necessitate assertive behavior.
11. Assess individual assertiveness skills.
12. Practice assertive behavior.
13. Evaluate performance.
14. Identify behaviors to control anxiety, fear, and anger.

TOPICS AND SCOPE:

Inactive Date: 05/11/2009

Inactive Term: Fall 2009

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|----|---|---|
| 1 | 2 | Pros and Cons |
| 2 | 2 | Promises, Promises ... and other Propaganda |
| 3 | 2 | Procreation |
| 4 | 2 | Procuring and Keeping Nurses |
| 5 | 2 | Prolonging Professional Life |
| 6 | 2 | Profit and Loss |
| 7 | 2 | Prophet Sharing |
| 8 | 2 | Procrastination |
| 9 | 2 | Productivity |
| 10 | 2 | Professional Rights & Responsibilities |
| 11 | 2 | Problem Solving |
| 12 | 2 | Assertive/Avoiding/Aggressive Behaviors |
| 13 | 2 | Assertiveness in Nursing |
| 14 | 2 | Assertive Assessment |
| 15 | 2 | Assertive Procedures and Strategies |
| 16 | 2 | Work Orientation and Habits |
| 17 | 2 | Giving/Taking Criticism |
| 18 | 2 | Control of Anxiety, Fear and Anger |

ASSIGNMENTS:

Each week student will read assigned chapter and complete exercises and workbook.

METHODS OF INSTRUCTION:

Lecture/Discussion
Demonstration/Return Demonstration
Prelearning/Post learning Evaluation

REPRESENTATIVE TEXTBOOKS:

Chenevert, *Pro-Nurse Handbook*, Mosby, Current edition.
Clark, *Assertive Skills for Nurses*, Aspen.

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: I
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: AH
CSU Crosswalk Course Number: 120
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: B
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000456047
Sports/Physical Education Course: N
Taxonomy of Program: 123020