

PHIL 7A History of Philosophy: Ancient to Medieval Times**Units:** 3 **Hours:** 3 Lecture**Advisory:** Eligible for English 1A.**Transferable:** CSU; UC; CSU-GE: C2; IGETC: 3B; GAV-GE: C2

Philosophy 7A is a survey of the history of philosophy from the ancient to the medieval periods. It is a great class to take along with World History or a literature course.

PHIL 7B History of Philosophy: Renaissance to Modern Periods**Units:** 3 **Hours:** 3 Lecture**Advisory:** Eligible for English 1A.**Transferable:** CSU; UC; CSU-GE: C2; IGETC: 3B; GAV-GE: C2

Philosophy 7B is a survey of the history of philosophy from the Renaissance to the modern periods. It is a great class to take along with World History or a literature course

PHIL 8 Introduction to the Philosophy of Science**Units:** 3 **Hours:** 3 Lecture**Advisory:** Eligible for English 1A**Transferable:** CSU; UC; CSU-GE: C2; IGETC: 3B; GAV-GE: C2, E2

The introduction to the Philosophy of Science is an investigation into the aims, methods, and world view of science and technology. Students will study selected problems concerning the character and reliability of scientific understanding, such as the nature of scientific theory and explanation, reality of theoretical entities, inductive confirmation of hypotheses, and occurrence of scientific revolutions. Discussion will be at the non-technical level of episodes from the history of science.

PHIL 12 Introduction to Political Thought**Units:** 3 **Hours:** 3 Lecture**Transferable:** CSU; UC; CSU-GE: D8; IGETC: 4H; GAV-GE: D2

This course provides students with an introduction to and grounding in classical and modern political thought. Students will be introduced to theorists such as Plato, Aristotle, Machiavelli, and Marx. Students will also examine such timeless questions as: "What is justice?" "What is the good life?" and "What is power?" among others. This course is also listed as POLS 12.

PHIL 15 Asian Philosophies**Units:** 3 **Hours:** 3 Lecture**Advisory:** Eligible for English 1A.**Transferable:** CSU; UC; CSU-GE: C2; IGETC: 3B; GAV-GE: C2, E2

This course is designed to introduce the student to the minor Asian philosophical traditions. This will consist of reviewing major East, South East, and South Asian philosophical traditions (e.g. Hinduism, Buddhism, Taoism, Confucianism) and the non-Western approach to epistemology, ethics, metaphysics, and logic. We shall attempt to evaluate, examine, and compare many important theoretical principles and the ways they have influenced each other as well as Asian and Asian-American cultures and societies.

Photography: see Art, CSIS or Digital Media

All courses listed here are part of Gavilan College's approved curriculum. All courses are not offered every semester. Check the Class Schedule for current offerings.

PHYSICAL EDUCATION: ACADEMIC**PE 1 Orientation for Student Athlete Success****Units:** 2 **Hours:** 2 Lecture**Transferable:** CSU; CSU-GE: E

This course identifies and clarifies issues relevant to student athletes. Students will learn practical skills which will assist them in obtaining their educational objectives, such as proper use of library services, time management and test and note taking information.

PE 2 Introduction to Physical Education**Units:** 3 **Hours:** 3 Lecture**Advisory:** Eligible for English 250 and English 260.**Transferable:** CSU; UC

This course is designed to examine the field of physical education from a historical and contemporary viewpoint. The broad spectrum of physical education as a discipline will be discussed. Goals and objectives of physical education as well as other career options will be introduced. This course has the option of a letter grade or pass/no pass.

PE 3 Introduction to Athletic Training**Units:** 4 **Hours:** 3 Lecture, 3 Laboratory**Advisory:** Allied Health 30 (may be concurrent) and eligible for English 260**Transferable:** CSU; UC

An introductory course in athletic training/sports medicine. This course will familiarize the student with basic knowledge and basic skill level needed to become an athletic trainer. The course will cover anatomy/physiology, first aid, rehabilitation, injury recognition/evaluation/management, report writing/record keeping, facilities maintenance/supply ordering. Also included is hands-on participation at sporting events.

PE 3A Athletic Training Field Experience**Units:** 2 **Hours:** 6 Laboratory**Advisory:** PE 3 Introduction to Athletic Training.**Transferable:** CSU

A coeducational course designed to offer the prospective athletic trainer, physical therapist, or physical educator a continuing practical experience reinforcing and applying the concepts and terminology learned in PE 3, Introduction to Athletic Training, and the field of athletic training. The purpose of PE 3A is to provide a comprehensive, progressive educational and practical foundation in preparation for transition into allied health studies. Knowledge in the recognition, assessment, and care of athletic injuries or practical experience in care and prevention of athletic injuries is recommended. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PE 5 Individual and Dual Sports**Units:** 3 **Hours:** 2 Lecture, 3 Laboratory**Advisory:** Eligible for English 250 and English 260.**Transferable:** CSU; UC; GAV-GE: E1

Designed for those planning to work with children in the field of physical education or recreation. Activities such as badminton, bowling, golf, tennis, and archery may be covered. This course has the option of a letter grade or pass/no pass.

PE 6 Games and Rhythms for Children**Units:** 3 **Hours:** 3 Lecture**Advisory:** Eligible for English 250 and English 260.**Transferable:** CSU; GAV-GE: E1

Nature, function and organization of physical activities for the pre-school and elementary school age child. Emphasis is given to the understanding of psychomotor development and spatial awareness. Designed for those planning to work with children. Also listed as Child Development 6. This course has the option of a letter grade or pass/no pass.

PE 7 Theory of Sports Management**Units:** 3 **Hours:** 3 Lecture**Transferable:** CSU

This course introduces the theory of organizing, planning, directing and controlling a sports program. Areas such as budgeting, fundraising, advertising, marketing, and studying contract law will also be included.

PE 9A Fundamentals of Soccer**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC; GAV-GE: E1

This course offers basic instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in the fundamental aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 9B Fundamentals of Soccer**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC; GAV-GE: E1

This course offers review and advanced instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 10A Fundamentals of Softball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC

Basic Theory, strategy, technique, practice and conditioning of softball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 10B Fundamentals of Softball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Advisory:** PE 10A**Transferable:** CSU; UC

This course offers review and advanced instruction in the theory, strategies, and techniques of softball for the purposes of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 11A Fundamentals of Baseball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC

Theory, strategy, technique, practice and conditioning of baseball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 11B Fundamentals of Baseball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Advisory:** Physical Education 11A.**Transferable:** CSU; UC

This course offers review and advanced instruction in the theory, strategies, and techniques of baseball for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 12A Fundamentals of Football**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC

Basic organization and administration of a football program involving equipment, practice schedules, personnel, conditioning, scouting, weight training, and football specific drills. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 12B Fundamentals of Football**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Advisory:** Physical Education 12A.**Transferable:** CSU; UC

The administration and organization of a football program involving practice schedules, personnel, equipment, scouting, conditioning, weight training and football drills. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 13A Fundamentals of Volleyball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC

This course offers basic instruction in the theory, strategies, and techniques of volleyball for the purpose of preparing the student in the fundamental aspects of playing and coaching the game. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 13B Fundamentals of Volleyball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Advisory:** Physical Education 13A.**Transferable:** CSU

This course offers review and advanced instruction in the theory, strategies, and techniques of volleyball for the purpose of preparing the student in all aspects of playing and coaching the game. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 14A Fundamentals of Basketball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Transferable:** CSU; UC; GAV-GE: E1

Basic theory, strategy, technique, practice, and conditioning involved in basketball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 14B Fundamentals of Basketball**Units:** 2 **Hours:** 1 Lecture, 3 Laboratory**Advisory:** PE 14A**Transferable:** CSU; UC; GAV-GE: E1

More in-depth and advanced instruction in the theory, strategy, practice, and conditioning in basketball to better prepare the individual student in all aspects of playing and coaching the sport. Designed for the student who has already completed PE 14A. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PHYSICAL EDUCATION: ACTIVITIES

General Education Requirements, pages 48-49