

PSYC 5 Self-Assessment and Career Development

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU; CSU-GE:E, GAV-GE:E2

A course designed to assist the student in learning more about personal values, personality, interests, exploration of career choice, and occupational opportunities through the use of various personal assessment instruments. The delivery options for this course include online and self-paced formats. This course is also listed as GUID 1. **ADVISORY:** Eligible for English 250 and English 260. \$12 fee will be charged for career assessment materials.

PSYC 6 Introduction to Conflict Resolution

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU; CSU-GE:D, GAV-GE:D2

Introduction to Conflict Resolution introduces students to conflict resolution and mediation. Integrating theory and practice, students will assess core concepts about the causes and resolution of conflict, and will practice communication skills for conflict resolution. Students will examine how ethnicity, gender, and class affect power in conflict situations. They will be able to formulate appropriate conflict resolution strategies, and will develop and practice various basic co-mediation skills. This course has the option of a letter grade or pass/no pass. This course is also listed as POLS 6 and CMUN 6. **ADVISORY:** English 250 and English 260.

PSYC 7 Cultural Context of Child and Family in a Diverse Society

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU; CSU-GE:D, GAV-GE:D2, F

Examines cultural influences on child-rearing practices, family values, and human development. Perspectives from social sciences are used to critique and review theoretical and practical implications of oppression and privilege as they apply to families, schools, and communities, including historical and socio-cultural factors. The processes of socialization and identity development, and the importance of respectful, reciprocal relationships that support and empower families. Self-examination and reflection on issues related to social identity, stereotypes and bias, social and educational access, media and schooling. Also listed as CD 7. **ADVISORY:** Eligible for English 250 and English 260.

PSYC 10 Introduction to Psychology

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU, UC; CSU-GE:D, IGETC:4I, GAV-GE:D2, F

The nature, scope, methods, presuppositions, history, and fields of psychology together with the scientific study of factors influencing human behavior, human development, perception, learning, memory, emotion, personality, frustration, and psychotherapy. This course was previously listed as PSYC 1A. (C-ID: PSY 110) **ADVISORY:** Eligible for English 250 and English 260.

PSYC 11 Biological Psychology

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU, UC; CSU-GE:D, IGETC:4I, GAV-GE:D2

This course stresses the biological basis of behavior including: neuroanatomy, the senses, perception, learning, thinking, and psychological disorders. This course was previously listed as PSYC 1B. (C-ID: PSYC 150) **PREREQUISITE:** Completion of PSYC 1A or PSYC 10 with a grade of 'C' or better.

PSYC 27 Contemporary Leadership

Units: 3.0 **Hours:** 2.0 Lecture and 3.0 Laboratory
Transferable: CSU; CSU-GE:E, GAV-GE:E

A cross-disciplinary approach to the theory and practice of leadership. Includes effective communication styles including issues related to gender and culture. Class includes topics on ethics, power, and how to run effective meetings including the use of parliamentary procedure. Skills directly applicable to work, personal and college environments. Also listed as POLS 27 and GUID 27. **ADVISORY:** Eligible for English 250 and English 260.

All courses listed here are part of Gavilan College's approved curriculum.
 All courses are not offered every semester. Check the Class Schedule for current offerings.

PSYC 32 Introduction to Research Methods

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU

An overview of the methodologies used in experimental, quasi-experimental and non-experimental research in psychology. Students will learn how to design and conduct research, including formulating hypotheses, reviewing the literature, evaluating ethical issues, selecting methodologies, organizing data, applying statistics, and writing reports. This course is also listed as ANTH 32, POLS 32 and SOC 32. **PREREQUISITE:** PSYC 10 or ANTH 3 or POLS 1 or SOC 1A with a grade of "C" or better, and MATH 5 with a grade of "C" or better.

PSYC 40 Child and Adolescent Development

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU, UC; CSU-GE:D, IGETC:4G, GAV-GE:D2

This course examines typical and atypical development within the psychosocial, cognitive/language development, and physical domains from conception through adolescence. There will be an emphasis on interactions between maturational processes and environmental factors. Upon completion of this course, students will be able to evaluate theories and research of child development through observation and evaluation. This course is also listed as CD 40. (C-ID: CDEV 100) **ADVISORY:** Eligible for English 1A; transfer students consult with advisor.

PSYC 52 Peer Mentoring, Education, and Leadership

Units: 1.0 **Hours:** 1.0 Lecture
Transferable: CSU

An overview of the principles, skills, and methods used in peer mentoring and education. Course emphasizes communication skills, goal setting, intervention techniques, and referral skills for peer leaders. Students will complete national Certified Peer Educator certification upon successful course completion. This course is also listed as GUID 52. **ADVISORY:** Eligible for English 250 and English 260.

PSYC 98 Special Topics

Units: .5 TO 3.0 **Hours:** .5 TO 3.0 Lecture
Transferable: CSU

Special topics courses examine current problems or issues of interest to students within a specific discipline area. For topic content information, consult with the appropriate department chairperson. For transfer status, check with a counselor. This course may have the option of a letter grade or pass/no pass.

Public Speaking: see Communication Studies

Skin Care: see COS 220, 221

SOCIOLOGY**SOC 1A Introduction to Sociology**

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU, UC; CSU-GE:D, IGETC:4J, GAV-GE:D2

Analysis of the structure and dynamics of human society focusing on basic concepts, theories and methods; the development of culture; the socialization process; group behavior; social inequality, deviance, sexism, racism, and ageism; major social structures and social institutions; human ecology, and global dynamics. Emphasizes contemporary American society. (C-ID: SOCI 110) **ADVISORY:** Eligible for English 250 and English 260.

SOC 1B Introduction to Sociology: Social Problems

Units: 3.0 **Hours:** 3.0 Lecture
Transferable: CSU, UC; CSU-GE:D, IGETC:4J, GAV-GE:D2

This course provides an overview of how sociologists understand, identify, and address social problems. Students will be introduced to and critically evaluate various theories to explain and analyze social problems, their presence in our lives, and the extent to which they can be defined as social problems. In addition to identifying contemporary social problems, students will explore the root causes of these social problems and search for potential solutions. Some issues that may be examined are: economic globalization, immigration, poverty, inequalities in educational and employment opportunities, race and gender inequality, and the decline in social connections. (C-ID: SOCI 115) **ADVISORY:** Sociology 1A.

SOC 3 Sociology of Race, Ethnicity and Cultural Identity**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:D, IGETC:4J, GAV-GE:D2, F

This course is designed to introduce students to the basic sociological concepts and theories of race, ethnicity and cultural identity in U.S. society. Students will examine race, ethnicity and cultural identity as social constructs that permeate social structures and institutions, and how they change over time and space. Over the semester students will critically analyze the ways which race, ethnicity, class, and gender/sexuality continually shape people's lives and experiences. While the class focuses on U.S. societies, students will also critically compare and contrast race and ethnicity in other societies. (C-ID: SOCI 150) ADVISORY: Eligible for English 250 and English 260.

SOC 4 Sociology of Women and Men**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:D, IGETC:4J, GAV-GE:D2

This course is designed to introduce students to gender as a basic organizing principle of social life. Students will examine how gender is socially constructed and how these constructions affect self identity, interpersonal interactions, and inequality in society. Students will critically analyze the interactions of gender with race, class, and sexuality. (C-ID: SOCI 140) ADVISORY: Eligible for English 250 and English 260.

SOC 9 Global Social Change**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:D, IGETC:4J, GAV-GE:D2, F

This course examines the social, economic and political forces that have led to a process known as "globalization." It explores how the global integration of societies, economics, and cultures fundamentally transforms human life with specific emphasis on: the global economy and economic development; transnational political organizations; culture and identity; the effect of globalization on social stratification, including gender/race/ethnic inequalities; transnational migration; environmental change; and transnational social movements. Also listed as POLS 9. PREREQUISITE: English 250 ADVISORY: English 1A

SOC 10 Mass Media and Society**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, D, IGETC:4J, GAV-GE:C2, D2

This course helps us understand the 20th century revolution in mass media by focusing on the history, economics and social impact of the newspaper, book publishing, magazine, film, television, public relations, advertising and music industries. We will study audience, propaganda and mass communication theory; we will discuss new technology, ethnic media in the U.S., ethical issues and attempts to regulate or control the media. Honors students will complete more in-depth analysis of media issues, and will finish a media-related research project. This course is also listed as JOUR 10. This course has the option of a letter grade or pass/no pass. ADVISORY: English 250, English 260

SOC 21 Marriage and the Family**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU; CSU-GE:E, GAV-GE:E2

Survey of information for preparation for marriage, including dating, courtship, engagement, mate selection, gender roles and rules, adjustment and parenthood. The course will also cover the study of families and how they function. Special attention will be given to how our changing culture and work demands bring about added stress and change to the family, causing increased dysfunction and crisis. (C-ID: SOCI 130) ADVISORY: Eligible for English 250 and English 260.

SOC 32 Introduction to Research Methods**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU

An overview of the methodologies used in experimental, quasi-experimental and non-experimental research in psychology. Students will learn how to design and conduct research, including formulating hypotheses, reviewing the literature, evaluating ethical issues, selecting methodologies, organizing data, applying statistics, and writing reports. This course is also listed as PSYC 32, ANTH 32 and POLS 32. PREREQUISITE: PSYC 10 or ANTH 3 or POLS 1 or SOC 1A with a grade of "C" or better, and MATH 5 with a grade of "C" or better.

SPANISH**SPAN 1A Elementary Spanish****Units:** 5.0 **Hours:** 5.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, GAV-GE:C2, F

Beginning course with emphasis on understanding and speaking Spanish; introduction to reading and writing Spanish. This course will also introduce students to Hispanic culture and institutions. This course has the option of a letter grade or pass/no pass. (C-ID: SPAN 100)

SPAN 1B Elementary Spanish**Units:** 5.0 **Hours:** 5.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:6A, GAV-GE:C2, F

Continuation of Spanish 1A. Further development of the four skills of understanding, speaking, reading and writing Spanish. This course will continue to emphasize the study of Hispanic culture and institutions. This course has the option of a letter grade or pass/no pass. ADVISORY: Spanish 1A or equivalent.

SPAN 2A Intermediate Spanish**Units:** 5.0 **Hours:** 5.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:3B, 6A, GAV-GE:C2, F

This course teaches culture and facilitates language acquisition through listening, speaking, reading and writing. Students will continue to interact with authentic language in context. Content is expanded beyond "survival" needs of the immediate environment in order to express personal meaning and to apply different strategies and techniques to go beyond casual conversation and express opinions, make suggestions on familiar topics, as well as some abstract issues and plans. Students demonstrate an increased awareness of cultural norms, values, and culturally relevant appropriate customs and events. Accuracy becomes quite high for high frequency structures and vocabulary but more complex discourse is still developing and requires a somewhat sympathetic listener or reader. Students will demonstrate the ability to think critically by analyzing linguistic structures and reflecting on and making cross-cultural comparisons. This course is taught primarily in Spanish. This course has the option of a letter grade or pass/no pass. PREREQUISITE: Spanish 1B or equivalent.

SPAN 2B Intermediate Spanish**Units:** 5.0 **Hours:** 5.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:3B, 6A, GAV-GE:C2, F

This course continues to expand upon culture and facilitate language acquisition through listening, speaking, reading and writing. Students will interact with more sophisticated authentic language in context. Content continues to expand in order to express more complex ideas, in order to express personal meaning and to apply different strategies and techniques to go beyond casual conversation and express opinions, make suggestions on familiar topics, as well as some abstract issues and plans. Students demonstrate an increased awareness of cultural norms, values, and culturally relevant appropriate customs and events. Accuracy becomes quite high and for high frequency structures and vocabulary but more complex discourse is still developing and requires a somewhat sympathetic listener or reader. Students will continue to demonstrate the ability to think critically by analyzing linguistic structures and reflecting on making cross-cultural comparisons. This course is taught primarily in Spanish. This course has the option of a letter grade or pass/no pass. PREREQUISITE: Spanish 2A or equivalent.

SPAN 8A Conversational Spanish**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU; GAV-GE:C2

This course is a beginning Spanish course, focusing on the Spanish sound system, basic grammar and vocabulary, and cultural elements. Although emphasis is on listening and speaking, basic reading and writing skills will be developed. This course has the option of a letter grade or pass/no pass.

SPAN 8B Conversational Spanish**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU; GAV-GE:C2

This course requires knowledge of Spanish pronunciation, basic vocabulary, and present tense grammar. More advanced grammar and vocabulary, and cultural elements will be taught in the development of listening, speaking, basic reading and writing skills. This course has the option of a letter grade or pass/no pass. ADVISORY: Spanish 8A or equivalent.