The first half of the course is devoted to various issues related to use of natural resources by growing human populations. These issues include energy, transportation, land use, and waste. This course is intended to provide students with an introduction to environmental science and critical thinking. Students are introduced to the cultures and customs of various French-speaking countries.

Continuation of French 1A with further development of the four skills of understanding, speaking, reading, and writing. Continued emphasis on culture. PREREQUISITE: French 1A, or equivalent.

An introductory study of the basic physical elements of geography including climate, land forms, soils, water, and natural vegetation. The laboratory will include the tools and methods of geographers. (C-ID: GEOG 115) ADVISORY: Eligible for English 250 and English 260.

This is a study of diverse human populations, their cultural origins, diffusion and contemporary spatial expressions. Topics include: historical geography; geographical techniques & methodology; demography; languages & religions; urbanization and landscape modification; political units and nationalism; and economic systems and development. Emphasis is given to interrelationships between human activities and the biophysical environment. This course has the option of a letter grade or pass/no pass. ADVISORY: Skills commensurate with successful completion of English 250 and English 260 or equivalent.

This is a study of the earth and the physical properties which modify the earth; minerals, rocks, geologic forms, soils, water, and natural vegetation. The laboratory will include the tools and methods of geographers. (C-ID: GEOG 115) ADVISORY: Eligible for English 250 and English 260.

A study of the earth and the physical properties which modify the earth; minerals, rocks, geologic structures and processes. ADVISORY: Eligible for English 250 and English 260.

This course is designed to provide a “bridge” for students from the ESL Program to mainstream college classes. It prepares ESL students to enter regular English classes by teaching them skills needed to succeed in a variety of college classes. It focuses on an introduction to the research paper, the MLA format, the use of quotations, paraphrasing, summarizing, and the rhetorical pattern of argumentation. PREREQUISITE: ESL 554 with a grade of ‘C’ or better or ESL Assessment Recommendation.

This writing course is designed to provide a “bridge” for students from the ESL Program to mainstream college classes. It prepares ESL students to enter regular English classes by teaching them skills needed to succeed in a variety of college classes. It focuses on an introduction to the research paper, the MLA format, the use of quotations, paraphrasing, summarizing, and the rhetorical pattern of argumentation. PREREQUISITE: ESL 554 with a grade of ‘C’ or better or ESL Assessment Recommendation.

This course is designed to provide students with an introduction to environmental science and critical thinking in areas of informed decision making on issues related to use of natural resources including those related to energy, transportation, land use and waste. The first half of the course is devoted to developing and understanding of how ecosystems operate. During the second half of the course various issues related to use of natural resources by growing human populations are examined.
GUID 6  Life Skills for Higher Education  
Units: 2.0  Hours: 2.0 Lecture  
Transferable: CSU, UC; CSU-GE:E2; GAV-GE:E2  
Evaluation and application of academic study methods to achieve subject mastery. Development of critical thinking skills, and application of reading, writing, note taking and test taking methods to improve personal strategies. Exploration of personal lifestyle and health factors, including the causes and management of stress, as it relates to academic success. Assessment of academic and career goals, selection of majors, and development of education plans. Topics covered include creative and realistic goal setting, academic and life management, college and community resources, library and Internet use, time management, and techniques to reduce math and science anxiety. This class will address a multitude of cultural learning styles, with emphasis on attaining professional, personal and academic goals in a diverse society. Topics from developmental psychology, learning theory and personality theory. ADVISORY: Eligible for English 250 and English 260.

GUID 200  Planning College Success  
Units: .5 TO 2.0  Hours: .5 TO 2.0 Lecture  
Transferable: No; GAV-GE:E2  
Course is designed to enable students to plan a successful college experience. Content includes degree, major, graduation and transfer requirements. Skills necessary for academic success are presented and practiced. Students will learn general principles about libraries and the search for information. College support services will be identified and utilized during the course. This is a variable unit course; students will earn .5 unit of credit for every 9 hours of participation.

GUID 210  First Year College Student Seminar  
Units: .5  Hours: .5 Lecture  
Transferable: No  
Students will acquaint themselves with college and university requirements, educational alternatives, and strategies for academic success. This will include an orientation to college programs, services, policies and facilities. Students will apply assessment test results, develop an individualized education plan and class schedule and/or enroll in first semester classes. This is a pass/no pass course.

GUID 27  Contemporary Leadership  
Units: 3.0  Hours: 2.0 Lecture and 3.0 Laboratory  
Transferable: CSU; GAV-GE:E2  
A cross-disciplinary approach to the theory and practice of leadership. Includes effective communication styles including issues related to gender and culture. Class includes topics on ethics, power, and how to run effective meetings including the use of parliamentary procedure. Skills directly applicable to work, personal and college environments. Also listed as POLS 27 and PSYC 27. ADVISORY: Eligible for English 250 and English 260.

GUID 50  Tutoring Techniques  
Units: 1.0  Hours: 1.0 Lecture  
Transferable: CSU  
This course is designed to train students in effective tutoring skills, introduction to how people learn, teaching to modalities, and techniques of working with student anxiety. This course has the option of a letter grade or pass/no pass. ADVISORY: English 250.

GUID 530  Job Readiness  
Units: 3.0  Hours: 3.0 Lecture  
Transferable: No  
This course is designed to provide a comprehensive, well-organized approach to assist individuals with the identification of occupational choices and the development of job readiness skills necessary to obtain and maintain employment in a competitive or supported work setting. May be repeated twice for credit. This course has the option of a letter grade or pass/no pass.

GUID 531  Career Exploration and Job Readiness Training for WorkAbility 3  
Units: .5 TO 2.0  Hours: 1.7 TO 6.8 Laboratory  
Transferable: No  
Guidance 531 is a course designed to provide individualized job preparation skills and vocational guidance to students with disabilities who are in the process of developing their career plans. Students will receive support as they actively pursue employment through regular meetings with WorkAbility 3 staff members, maintenance of job search log, participation in basic education classes and registration with internet based employment websites. To meet course requirements, students must complete a progress report each semester and arrange to perform community service with a non-profit organization. This course is repeatable. ADVISORY: Student must be an active participant in the WorkAbility 3 program.

GUID 532  Career Development and Work Experience for WorkAbility 3  
Units: 1.0 TO 4.0  Hours: 4.7 TO 18.8 Laboratory  
Transferable: No  
Guidance 532 offers students with disabilities the opportunity to receive course credit for participating in paid employment situations including on-the-job training, internships and entry-level positions. Students will utilize a variety of work alternatives and settings according to individual needs and vocational objectives. To meet course requirements, students must arrange monthly meetings with a WorkAbility 3 staff member, complete and submit time sheets on a regular basis, review their progress report and submit an employer evaluation form once a semester. This course may be repeated. ADVISORY: Student must be an active participant in the WorkAbility 3 program.

GUID 550  Supervised Tutoring  
Units: .0  Hours: 1.0 TO 5.0 Laboratory  
Transferable: No  
Laboratory class emphasizing college learning skills, appropriate study techniques, and learning assistance utilizing one-to-one or small group tutorial.
GUID 557  Learning Skills Evaluation
Units: .5  Hours: 1.0 Laboratory
Transferable: No
This course provides an evaluation of the student’s cognitive/perceptual abilities and basic skills academic achievement. The evaluation results are used to determine the student’s eligibility for Learning Disabilities Services, to develop individual educational plans, and to improve the student’s understanding of their own learning strengths and weaknesses. The evaluation is conducted on a one-to-one basis by appointment. Students receive skills training to assist them with their learning difficulties. Units earned in this course do not count toward the associate degree and/or certificate requirements. This is a pass/no pass course.

GUID 558A  Introduction to Learning Skills Laboratory
Units: .5 TO 2.0  Hours: 1.7 TO 6.8 Laboratory
Transferable: No
The Learning Skills Laboratory (Intro) is designed to assist students who are eligible to receive Learning Disabilities Services and/or have demonstrated academic deficits. The course content is individualized and based on Student Educational Contracts which are developed for each student. Students receive supplemental instruction, academic support, and learning strategy suggestions appropriate for their individual cognitive, perceptual, and academic strengths and weaknesses. This course is designed for students who need one to one assistance. Units earned do not count toward the associate degree and/or certificate requirements. This is a pass/no pass course. May be repeated as necessary based on measurable progress as documented in the Student Educational Contract. This is an open entry/open exit course. ADVISORY: Completion of Guidance 557 or demonstrated academic deficit.

GUID 558B  Intermediate Learning Skills Laboratory
Units: .5 TO 2.0  Hours: 1.7 TO 6.8 Laboratory
Transferable: No
The Learning Skills Laboratory (Intermediate) is designed to assist students who are eligible to receive Learning Disabilities Services and/or have demonstrated academic deficits. The course content is individualized and based on Student Educational Contracts which are developed for each student. Students receive supplemental instruction, academic support, and learning strategy suggestions appropriate for their individual cognitive, perceptual, and academic strengths and weaknesses. This course is designed for students who need minimal assistance. Units earned do not count toward the associate degree and/or certificate requirements. This is a pass/no pass course. May be repeated as necessary based on measurable progress as documented in the Student Educational Contract. This is an open entry/open exit course. ADVISORY: Completion of Guidance 557 or demonstrated academic deficit.

GUID 558C  Advanced Learning Skills Laboratory
Units: .5 TO 2.0  Hours: 1.7 TO 6.8 Laboratory
Transferable: No
The Learning Skills Laboratory (Advanced) is designed to assist students who are eligible to receive Learning Disabilities Services and/or have demonstrated academic deficits. The course content is individualized and based on Student Educational Contracts which are developed for each student. Students receive supplemental instruction, academic support, and learning strategy suggestions appropriate for their individual cognitive, perceptual, and academic strengths and weaknesses. This course is designed for more independent students. Units earned do not count toward the associate degree and/or certificate requirements. This is a pass/no pass course. May be repeated as necessary based on measurable progress as documented in the Student Educational Contract. This is an open entry/open exit course. ADVISORY: Completion of Guidance 557 or demonstrated academic deficit.

GUID 560  Individualized Learning Skills Development
Units: 1.0  Hours: .5 Lecture and 1.5 Laboratory
Transferable: No
This class is designed to teach individual learning skills development to students who are eligible to receive learning disability services. The course content includes organizational skills, fundamental critical thinking and basic college survival skills. ADVISORY: Completion of GUID 557 or demonstrated academic deficit.

GUID 561  Writing Skills
Units: 1.0  Hours: .5 Lecture and 1.5 Laboratory
Transferable: No
This course is designed to teach basic writing skills to students who have demonstrated difficulty mastering written language and who are eligible to receive Learning Disability Services. Material is presented in a concrete, multi-sensory manner, and the class includes opportunity for immediate practice, repetition, and review. The course content includes grammar, sentence structure, and punctuation. Units earned do not count toward the associate degree and/or certificate requirements. This course has the option of a letter grade or pass/no pass. ADVISORY: Completion of Guidance 557 or demonstrated deficit in written language achievement. Recommended for students with verified learning disability.

GUID 562  Directed Study Lab in Pre-Algebra
Units: 1.0  Hours: 3.0 Laboratory
Transferable: No
This course is designed for students who have demonstrated difficulty in mastering basic mathematics or pre-algebra and who are eligible to receive Learning Disability Services. Course content parallels Mathematics 400, 402 AND 411. Material is presented in a concrete, multi-sensory manner, and the lab allows opportunity for immediate practice, questions, repetition, and review. This is a pass/no pass course. COREQUISITE: Concurrent enrollment in MATH 400 or MATH 402 or MATH 411 is required. ADVISORY: Completion of GUID 557 and/or a demonstrated deficit in arithmetic. Recommended for students with verified learning disability.

GUID 563  Directed Study Laboratory in Algebra I
Units: 1.0  Hours: 3.0 Laboratory
Transferable: No
This course is designed for students who have demonstrated difficulty mastering Algebra I and who are eligible to receive Learning Disability Services. Course content parallels Mathematics 430. Material is presented in a concrete, multi-sensory manner, and the lab allows opportunity for immediate practice, questions, repetition, and review. This a pass/no pass course. Concurrent enrollment in Math 430 or equivalent course is required.

GUID 565  Directed Study Laboratory in Algebra II
Units: 1.0  Hours: 3.0 Laboratory
Transferable: No
This course is designed for students who have demonstrated difficulty mastering Algebra II and who are eligible to receive Learning Disability Services. Course content parallels Mathematics 235, 240 and 242. Material is presented in a concrete, multi-sensory manner, and the lab allows opportunity for immediate practice, questions, repetition and review. This is a pass/no pass course. Concurrent enrollment in Math 235, Math 240 or equivalent course is required.

HEALTH EDUCATION

Also see: Allied Health

HE 1  Health Education
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE:E2; GAV-GE:E2
This course focuses on attaining individual awareness, critical-thinking skills and self-responsibility relating to personal health. The interaction of individual physical, psychological, social, emotional, spiritual and environmental factors in determining health status is developed through integration of major concepts. This course has the option of a letter grade or pass/no pass. ADVISORY: Eligible for English 250 and English 260.

HE 2  Human Sexuality
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE:E2; GAV-GE:E2, F
Assists students in gaining increased knowledge, appreciation, and respect for their own sexuality, as well as others. Approved by the Board of Registered Nursing for 54 hours of continuing education credit (Provider #00892). ADVISORY: Eligible for English 250 and English 260