KIN 74  Hiking
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
Introduces the Santa Clara county parks, trails, and surrounding areas. Includes fun, challenging
hikes which average 5-8 miles on moderate to steep terrain. May be repeated three times for
credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 74.

KIN 75  Sports Conditioning
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This activity class is designed to improve the physical condition of our male and female student
athletes. It includes strength training, cardiovascular endurance, plyometric training, and sport
specific techniques through an open lab format. May be repeated three times for credit. This
course has the option of a letter grade or pass/no pass. Previously listed as PE 75.

KIN 77  Flag Football
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
Instruction in the fundamentals of flag football. Includes skills, rules, and strategy with emphasis
on the application of skills and strategies in game play. May be repeated three times for credit.
This course has the option of a letter grade or pass/no pass. Previously known as PE 77.

KIN 79  Indoor Racket Sports
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This coeducational class will include lessons in the net games of badminton, pickleball and table
tennis. Instruction in the basic skills, rules, strategies, and application to game situations will be
provided. May be repeated three times for credit. This course has the option of a letter grade
or pass/no pass. Previously listed as PE 79.

KIN 80  Ultimate Frisbee
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
A coeducational activity designed for all skill levels. Includes instruction in throwing, catching,
and the passing skills in ultimate frisbee. Team strategy, team play and the rules will be presented.
Other disc activities, such as frisbee golf, may be included. May be repeated three times for
credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 80.

KIN 81  Kickboxing
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course utilizes basic kickboxing techniques and physical conditioning in a cardio exercise
program. May be repeated three times for credit. This course has the option of a letter grade
or pass/no pass. Previously listed as PE 81.

KIN 82  Circuit Training
Units:  .5 OR  1.0  Hours:  1.5 OR  3.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This class is a combination of aerobic exercise and resistance training designed to simultaneously
improve mobility, strength, and stamina. Students will rotate from station to station, alternating
between cardio and muscle toning exercises. May be repeated three times for credit. This course
has the option of a letter grade or pass/no pass. Previously listed as PE 82.

INTERCOLLEGIATE ATHLETICS

ATH 35  Intercollegiate Basketball
Units:  1.0 TO  3.0  Hours:  3.3 TO 10.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course provides practice and competition in intercollegiate basketball. Before participating,
students must have completed a physical exam and their athletic eligibility paperwork. May be
repeated three times for credit. This course has the option of a letter grade or pass/no pass.

ATH 38  Intercollegiate Baseball
Units:  2.0  Hours:  10.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course provides practice and competition in intercollegiate baseball for men. Before
participating, students must have completed a physical exam and their athletic eligibility paperwork.
May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

ATH 42  Intercollegiate Football
Units:  2.0  Hours:  10.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course provides practice and competition in intercollegiate football. Before participating,
students must have completed a physical exam and their athletic eligibility paperwork. May be
repeated three times for credit. This course has the option of a letter grade or pass/no pass.

ATH 45  Intercollegiate Softball
Units:  2.0  Hours:  10.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course provides practice and competition in intercollegiate softball for women. Before
participating, students must have completed a physical exam and their athletic eligibility paperwork.
May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

ATH 46  Intercollegiate Volleyball
Units:  2.0  Hours:  10.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course provides practice and competition in intercollegiate volleyball for women. Before
participating, students must have completed a physical exam and their athletic eligibility paperwork.
May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

ATH 47  Intercollegiate Soccer
Units:  2.0  Hours:  10.0 Laboratory
Transferable:  CSU, UC; CSU-GE:E1; GAV-GE:E1
This course provides practice and competition in intercollegiate soccer. Before participating,
students must have completed a physical exam and their athletic eligibility paperwork. May be
repeated three times for credit. This course has the option of a letter grade or pass/no pass.

LIBRARY

LIB 3  Research Skills
Units:  2.0  Hours:  2.0 Lecture
Transferable:  CSU
Research and evaluation skills using the Internet and other electronic resources, as well as
traditional printed materials. Also listed as CSIS 3. This course has the option of a letter grade
or pass/no pass. May be repeated once for credit. ADVISORY: Eligible for English 250 and 260.
MARKETING

MKTG 100 Principles of Marketing
Units: 3.0 Hours: 3.0 Lecture
Transferable: CSU
An introduction to the economic and social problems involved with moving goods and services from the producer to the consumer. This course covers topics such as marketing institutions, channels of distribution, pricing, and government relationships. This course has the option of a letter grade or pass/no pass. ADVISORY: Eligible for English 250 and English 260.

MKTG 190 Occupational Work Experience/Marketing
Units: 1.0 TO 4.0 Hours:
Transferable: CSU
Occupational work experience for students who have a job related to their major. A training plan is developed cooperatively between the employer, college and student. (P/NP grading) 75 hours per semester paid work = 1 unit. 60 hours non-paid (volunteer) work per semester = 1 unit. May be taken for a maximum total of 16 units. Minimum 2.00 GPA. REQUIRED: Declared vocational major.

MASS COMMUNICATIONS and TELEVISION

Mass Media: see also JOUR 10, Theatre Arts/Television

MCTV 6 Introduction to Audio Production
Units: 3.0 Hours: 2.0 Lecture and 3.0 Laboratory
Transferable: CSU
The theory and practice of audio techniques in radio, television, film and multimedia; including acoustics, audio language and terms, signal flow, use of microphones, use of mixers and related production equipment and the aesthetic aspects of sound mixing. Student will apply the learned materials to actual audio production. This course has the option of a letter grade or pass/no pass. May be repeated three times for credit. This course is also listed as THEA 6.

MCTV 16 Television History and Practice
Units: 3.0 Hours: 3.0 Lecture
Transferable: CSU
This course examines theories, history and development of television technology and current distribution practices. Programming genres and production techniques are analyzed, evaluated and compared with other societies as tools of mass communication. This course is also listed as THEA 16. ADVISORY: Eligible for English 250 and 260.

MCTV 17A Television and Video Workshop
Units: 3.0 Hours: 2.0 Lecture and 3.0 Laboratory
Transferable: CSU
An introduction to television and video technology, including pre-production, production and post-production techniques such as: camera work, studio equipment, lighting, audio plus off-line and on-line editing. This course is also listed as THEA 17A. ADVISORY: Theatre Arts 16 Intro to TV or consent of instructor.

MCTV 17B Television and Video Workshop
Units: 3.0 Hours: 2.0 Lecture and 3.0 Laboratory
Transferable: CSU
Emphasis placed on production and post-production techniques in video production. Student knowledge and skills are increased by participating in live to tape projects. May be repeated twice for credit. This course is also listed as THEA 17B. ADVISORY: Completion of Theatre Arts 17A.