PHIL 3A  Ethics
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE C2, IGETC 3B; GAV-GE C2, CAN: PHIL 4
Philosophy 3 is intended as a survey of the major areas and traditions of ethical and moral theories.
The course examines central and significant questions about who determines what is morally right or wrong,
the ideal society, the various notions of justice, moral agency and action in our lives and community,
as well as many other topics. In pursuing these questions, students will be asked to read texts from writers
around the world, both contemporary and ancient, discuss current events, and apply 'theory' to movies,
newspapers, and any other relevant application of the student's own choice. ADVISORY: Eligible for
English 1A.

PHIL 3B  Contemporary Moral Issues
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE C2, IGETC 3B; GAV-GE C2, E2
Contemporary Moral Issues is an applied ethics class that covers major ethical theories and
contemporary moral issues in a pluralistic manner. This course will cover such issues as abortion
and euthanasia, cloning, experimentation on human subjects, capital punishment, racism/ethnicity,
sexual orientation and sexual morality, world hunger and poverty, colonialism and post-colonialism,
and so forth. ADVISORY: Eligible for English 1A.

PHIL 4  Critical Thinking and Writing
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE A3, IGETC 1B; GAV-GE C2
This course is designed to introduce the relationship between critical thinking and critical writing
in a way that will be both enjoyable to the student and helpful in other aspects of life. The student
will learn techniques of critical thinking, playing close attention to the current events, movies and
popular media, music lyrics, as well as the textbook. Students will learn to identify deductive and
inductive arguments and be able to evaluate their strength, create a strong argument of their own on
a given topic, as well become experts in the area of critical analysis. The goal is to enable students
to become strong, well informed, articulate members of the community as well as individuals with
an empowered sense of self as an agent of change. PREREQUISITE: English 1A.

PHIL 6  Comparative Religions
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE C2, IGETC 3B; GAV-GE C2, F
Religion is a topic that ignites controversy -- most societies engage in religious practices, believe
strongly in that tradition, and find a sense of identity within it. The controversy arises when
differences are misunderstood, misrepresented, or placed in a hierarchy of assumed supremacy
of one religion as superior to others. In this class, students explore the underlying commonality of
various religious traditions, explore the uniqueness of the religions with which they are unfamiliar,
and learn to see that diversity among beliefs doesn't have to create hostility. Students will explore
religions from Indigenous Peoples throughout the world, East Asia (e.g. India), China, the Middle
East, as well as some more recent trends in religion. ADVISORY: Eligible for English 1A.

PHIL 7A  History of Philosophy: Ancient to Medieval Times
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE C2, IGETC 3B; GAV-GE C2
Philosophy 7A is a survey of the history of philosophy from the ancient to the medieval periods.
It is a great class to take along with World History or a literature course. ADVISORY: Eligible for
English 1A.

PHIL 9  Philosophy of Religions
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU
A reflective examination and analysis of the meanings and beliefs involved in religion and
the religious experience. Introductory study of such topics as the nature and grounds of religious belief,
relation between religion and ethics, nature and existence of god, problem with evil, and what
can be learned from the religious experience. Additionally, the student will discuss the impact of
religion on society, social norms, and the political impact of religion. Previously known as PHIL
6B. ADVISORY: Eligible for English 1A.

PHIL 12  Introduction to Political Thought
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC; CSU-GE B8, IGETC 4H; GAV-GE E2
This course provides students with an introduction to and grounding in classical and modern political
thought. Students will be introduced to theorists such as Plato, Aristotle, Machiavelli, and Marx.
Students will also examine such timeless questions as: “What is justice?” “What is the good life?”
and “What is power?” among others. This course is also listed as POLS 12.

PHYSICAL EDUCATION: ACADEMIC

PE 1  Orientation for Student-Athlete Success
Units: 1.0  Hours: 1.0 Lecture
Transferable: CSU, UC-GE E, GAV-GE E1
This course identifies and clarifies issues relevant to student-athletes. Students will learn practical
skills which will assist them in obtaining their educational objectives, such as proper use of library
services, time management and test and note taking information.

PE 2  Introduction to Physical Education
Units: 3.0  Hours: 3.0 Lecture
Transferable: CSU, UC
This course is designed to examine the field of physical education from a historical and
contemporary viewpoint. The broad spectrum of physical education as a discipline will be
discussed. Goals and objectives of physical education as well as other career options will be
introduced. This course has the option of a letter grade or pass/no pass. ADVISORY: Eligible for
English 250 and 260.

PE 3  Introduction to Athletic Training
Units: 4.0  Hours: 3.0 Lecture 3.0 Laboratory
Transferable: CSU, UC
An introductory course in athletic training/sports medicine. This course will familiarize the student
with basic knowledge and basic skill level needed to become an athletic trainer. The course will
cover anatomy/physiology, first aid, rehabilitation, injury recognition/evaluation/management,
report writing/record keeping, facilities maintenance/supply ordering. Also included is hands-on
participation at sporting events. ADVISORY: Allied Health 30 (may be concurrent) and eligible
for English 260.

PE 3A  Athletic Training Field Experience
Units: 2.0  Hours: 6.0 Laboratory
Transferable: CSU
A coeducational course designed to offer the prospective athletic trainer, physical therapist, or
physical educator a continuing practical experience reinforcing and applying the concepts and
terminology learned in PE 3, Introduction to Athletic Training, and the field of athletic training.
The purpose of PE 3A is to provide a comprehensive, progressive educational and practical foundation
in preparation for transition into allied health studies. Knowledge in the recognition, assessment,
and care of athletic injuries or practical experience in care and prevention of athletic injuries is
recommended. May be repeated three times for credit. This course has the option of a letter grade
or pass/no pass. ADVISORY: PE 3 Introduction to Athletic Training.

PE 5  Individual and Dual Sports
Units: 3.0  Hours: 2.0 Lecture 3.0 Laboratory
Transferable: CSU, UC; GAV-GE E1
Designed for those planning to work with children in the field of physical education or recreation.
Activities such as badminton, bowling, golf, tennis, and archery may be covered. This course has
the option of a letter grade or pass/no pass. ADVISORY: Eligible for English 250 and 260.
**PE 6**  
**Games and Rhythms for Children**  
Units: 3.0  
Hours: 3.0 Lecture  
Transferable: CSU, GAV-GE-E1  
Nature, function and organization of physical activities for the pre-school and elementary school age child. Emphasis is given to the understanding of psychomotor development and spatial awareness. Designed for those planning to work with children. Also listed as Child Development 6. This course has the option of a letter grade or pass/no pass. ADVISORY: Eligible for English 250 and English 260.

**PE 7**  
**Theory of Sports Management**  
Units: 3.0  
Hours: 3.0 Lecture  
Transferable: CSU  
This course introduces the theory of organizing, planning, directing and controlling a sports program. Areas such as budgeting, fundraising, advertising, marketing, and studying contract law will also be included.

**PE 8**  
**Psychology of Coaching**  
Units: 3.0  
Hours: 3.0 Lecture  
Transferable: CSU  
A course designed to provide the student with some of the theoretical and practical knowledge necessary for applying psychological techniques within sport situations and to better understand the relevance of mental factors necessary to maximize athletic performance. Special emphasis will be given to coaching and managing youth sports teams. This class has the option of a letter grade or pass/no pass.

**PE 9A**  
**Fundamentals of Soccer**  
Units: 2.0  
Hours: 1.0 Lecture 3.0 Laboratory  
Transferable: CSU, UC, CSU-GE-E1; GAV-GE-E1  
This course offers basic instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in the fundamental aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

**PE 9B**  
**Fundamentals of Soccer**  
Units: 2.0  
Hours: 1.0 Lecture 3.0 Laboratory  
Transferable: CSU, UC, CSU-GE-E1; GAV-GE-E1  
This course offers review and advanced instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

**PE 10A**  
**Fundamentals of Softball**  
Units: 2.0  
Hours: 1.0 Lecture 3.0 Laboratory  
Transferable: CSU, UC  
Basic theory, strategy, technique, practice and conditioning of softball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

**PE 10B**  
**Fundamentals of Softball**  
Units: 2.0  
Hours: 1.0 Lecture 3.0 Laboratory  
Transferable: CSU, UC  
This course offers review and advanced instruction in the theory, strategies, and techniques of softball for the purposes of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. ADVISORY: PE 10A

**PE 11A**  
**Fundamentals of Baseball**  
Units: 2.0  
Hours: 1.0 Lecture 3.0 Laboratory  
Transferable: CSU, UC  
Theory, strategy, technique, practice and conditioning of baseball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

All courses listed here are part of Gavilan College’s approved curriculum. All courses are not offered every semester. Check the Class Schedule for current offerings.

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